NECHA 2018 Annual Meeting
Guiding Our Students, Lighting The Way

November 7-9, 2018
Holiday Inn By The Bay
Portland, Maine

College Health Professionals Must-Attend Meeting of the Year

Physicians, Advanced Practice Clinicians, Nurses, Psychologists, Mental Health Counselors, Health Educators, Social Workers, Administrators

Register online at www.NECHAOonline.org
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**Wednesday, November 7**

8:00 AM Breakfast (Registration & Exhibits begin)

8:30 - 11:30 AM Pre-Meeting Workshops

11:45 - 12:30 PM Lunch & Exhibits

12:30 - 1:00 PM Welcome, Opening Remarks & 2018 NECHA Award Announcements

1:00 - 2:00 PM General Session

2:15 - 3:45 PM Concurrent – A – Sessions

3:45 - 4:15 PM Afternoon Break with Exhibitors

4:15 - 5:45 PM Concurrent – B – Sessions

6:00 - 6:45 PM Screening of documentary film “If They Had Known”

8:30 - 9:30 PM Dessert & Wine Reception Honoring the 2018 NECHA Award Recipients

**Thursday, November 8**

7:00 AM 30-Minute Yoga

7:30 AM Continental Breakfast (Registration & Exhibits continues)

8:30 - 10:00 AM Concurrent – C – Sessions

10:00 - 10:30 AM Morning Break with Exhibitors

10:30 AM - Noon Concurrent – D – Sessions

Noon - 1:00 PM Lunch & Exhibits

1:00 - 2:00 PM General Session

2:15 - 3:45 PM Concurrent – E – Sessions

3:45 - 4:15 PM Afternoon Break with Exhibitors

4:15 - 5:45 PM Concurrent – F – Sessions

6:00 - 7:00 PM 60-Minute Yoga

**Friday, November 9**

7:00- 8:00 AM Continental Breakfast with Board of Directors (Registration continued)

8:00-9:00 AM General Session

9:15 - 10:45 AM Concurrent – G – Sessions

10:45 - 11:00 AM Morning Break

11:00 - 12:30 PM Concurrent – H – Sessions
Dr. Kimberly DALY, DNP, APRN, FNP-C, Associate Director, Salem State University
2018 Annual Meeting Program Chair, President-elect

Guiding our Students: Lighting the Way, Portland, ME

Now, perhaps more than ever, institutions of higher education are facing significant challenges. These come from a variety of factors which are not limited to political, financial, social, racial and cultural influences. Even since our last meeting in Burlington, VT last year, so much has changed in the political- social landscape. We struggle to keep up, much less stay ahead.

The struggles may be great, but our collective commitment to support the health and wellbeing of our college students is palpable. The theme of this year’s meeting: Guiding our Students: Lighting the Way celebrates our strength and commitment to helping support our students despite adversity and hardship. Together, we can channel our wisdom and share innovative ways to engage and foster success in our students. Our three featured speakers represent diverse areas that will address some of our greatest challenges we face and provide support for achieving ongoing wellness. Opening the conference, Dr. Christopher Willard, will provide an in-depth look at Mindfulness and how to use this technique to address rising rates of anxiety and mental health demands on our campuses. On Thursday, we are pleased to welcome Dr Alfiee Breland-Noble to continue the discussion on mental health and specifically address mental health disparity in students of color. She will provide expert guidance on best practices as highlighted in a recent publication on this topic from the Steve Fund. The highlights of this publication will also be presented November 14th in Austin, TX at the Young, Gifted and @Risk Conference. The conference will close out with an informative discussion from Julia Brown, Esq. from the Immigrant Legal Advocacy Project (ILAP), Portland, Maine. ILAP is leading the way, alongside partners like the ACLU, to provide legal aid to undocumented and immigrants in Maine. The session will address the issues we all face around how to support undocumented and immigrant students seeking to pursue their dream of a college education!

I would like to my deepest appreciation to the program planning team for all their efforts in creating this amazing conference. This includes: Lauri Gallimore, Sarah Cavicchi, Dr. Julie Ross (mental health), Judy Whyte (nursing), Sharon Capuano (clinical medicine), and Emily Rosenthal (health promotion). I’d also like to acknowledge Becky Minus, Ellen Reynolds, Gerri Taylor, and Joleen Nevers for their ongoing support and guidance.

My hope is that attendees will leave the conference feeling better prepared to face these challenges head on and come out stronger, better prepared to guide our students and lead the way!

Have a wonderful Conference,

Dr. Kimberly Daly
SPECIAL THANKS TO THE PLANNING COMMITTEE

PROGRAM CHAIR:
Kim Daly  DNP, APRN, FNP-C, Salem State

2018 COMMITTEE MEMBERS:
Barbara A. McCall, MPH, CHES, Middlebury College
Becky Minus, Brown University
Charlie Morse, MA, LMHC, Worcester Polytechnic Institute
Cheryl Flynn MD,MS,MA, University of Vermont
Deborah Perkins, RN, MPH, Southern NH University
Elizabeth Drexler-Hines, MPH, MCHES, College of the Holy Cross
Ellen Reynolds, MS, FACHA, University of Rhode Island
Emily Pagano, MS, University of Connecticut
Emily Rosenthal, MPH, LMSW, Southern Connecticut State University
Felix F. Pizzi, M.S.Ed., LMHC, CCMHC, Southern New Hampshire University
Gerri Taylor, MS, ANP-BC, Bentley University
Jeff Maher, MD, Bowdoin College
Jessica Greher-Traue EdM, Bentley University
Joleen M. Nevers, MAEd, CHES, CSE, CSES, University of Connecticut
Judy Whyte, RN, BSN, Colby College
Julie Ross, PhD, Tufts University
Kalei Ensminger, MSN, NP, Salem State University
Lauri Gallimore BS, RN, Dartmouth College
Leah Berkenwald, MA, Babson College
Lisa Keefe RN, BSN, Wellesley College
Lisa Lisius, RN, Univ. Of Maine- Farmington
Lisa Pearlman MSN, FNP-BC, Wentworth Institute of Technology
Marianne Coscia RN, BSN, Tufts University
Marta L. Carlson, Ph.D., Assumption College
Sarah Dionne, LICSW, U Mass Lowell
Sharon Capuano MSN, FNP-BC, Salve Regina

Program Planning Committee members have been asked to complete conflict of interest statements regarding relationships with commercial entities. All members of the Program Planning Committee have reported no relevant financial conflicts of interest.

NON-DISCRIMINATION STATEMENT

NECHA is an organization of individuals dedicated to promoting the health, safety, and well-being of college students through primary care, mental health services, health counseling, health education, and health promotion activities. NECHA also recognizes its role as an advocate for health services and their representatives in areas relating to college health.
CONTINUING EDUCATION

CME Credits: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College Health Association and New England College Health Association. The American College Health Association is accredited by the ACCME to provide continuing medical education for physicians. This live activity has been approved for AMA PRA Category I Credit™.

The American College Health Association designates this live activity for a maximum of 17.0 AMA PRA Category I Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CE Credits for Psychologists (PsyCE): This educational activity is co-sponsored by the American College Health Association and the New England College Health Association. The American College Health Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American College Health Association maintains responsibility for this program and its content. ACHA has awarded this program 14.0 hours of continuing education for psychologists. Psychologists must attend each session in its entirety in order to qualify for CE credit for that session.

CECH Contact Hours (CHES/MCHES): This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 17.0 total Category I continuing education contact hours. Maximum advanced-level contact hours available are 13.0 contact hours.

NBCC Credits: NECHA 2018 has been approved by NBCC for NBCC credit. Sessions approved for NBCC credit are clearly identified. NECHAI 2018 is solely responsible for all aspects of the program. NBCC Approval No. SP-2925.

Nursing Contact Hours (CNE): This continuing nursing education activity was approved by the Pennsylvania State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

NASW Contact Hours: This program is Approved by the National Association of Social Workers (Approval # 886449811-7160) for 18 continuing education contact hours.

EVALUATIONS

Successful Completion of the Educational Activity

To receive continuing education credit/contact hours, participants are required to:

a) sign in at the Registration Booth upon arrival at the meeting
b) attend each session for which credit is requested in its entirety
c) complete the online session evaluation (or paper evaluation form for each session)

Evaluations for continuing education credit and future planning will be conducted online.

The link will be active at www.NECHAonline.org and on the onsite Yapp app during and immediately following the conference.

Evaluations must be submitted in one sitting and completed by Friday, November 16, 2018.

Certificates of attendance will be distributed online as evaluations are completed.
DISTINGUISHED SPONSORS

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Emily Nagoski: Sex educator, author, research and activist Emily Nagoski is the author of the New York Times bestseller, COME AS YOU ARE: the surprising new science that will transform your sex life.

INFUSED WATER BOTTLE SPONSOR:
Cross Student Health has been working with colleges and universities in New England to provide cost effective solutions with comprehensive coverage. Our goal is to create a custom plan that is tailored to meet the needs of each institution and student.

EXHIBITORS

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NON-ENDORSEMENT OF PRODUCTS

Accredited status does not imply endorsements of any commercial products displayed in conjunction with this activity by NECHA, NYSCHA, ACHA, or by any accrediting body listed above.
Current guidelines require that participants in continuing education activities be made aware of 1) any relationships between speakers and commercial entities, and 2) any limitations in data cited. Through the Call for Programs process, speakers were asked to complete Faculty Disclosure Forms regarding relationships with commercial entities. Speakers will be asked to verbally address any limitations in data cited.

The following presenters have indicated that they have relationships with commercial entities to disclose:

*Christopher Willard has disclosed that he has been a paid speaker on the topic of Mindfulness.*

All other speakers listed in this program have indicated that they have no relationship with commercial entities to disclose.

More information about "If They Had Known" can be found at "If They Had Known" info table near registration table and screening will take place in the Vermont Room at 6:00 pm on Wednesday November 7th.
FEATURED SPEAKERS

WEDNESDAY GENERAL SESSION  
1:00 - 2:00 p.m.

GS1: Making Mindfulness Stick on Campus

Learning Objective #1: Clearly define mindfulness
Learning Objective #2: Learn the basic physiology and neuroscience of mindfulness
Learning Objective #3: Learn and practice basic mindfulness techniques to build resilience and reduce stress in ourselves and our students

Presenters: Christopher Willard PsyD
Faculty, Part Time Harvard Medical School

CME: 1; CNE (Nursing): 1; PHARM 0; PsyCE: 1; CHES: 1; MCHES: 0; NBCC: 1; NASW: 1

THURSDAY GENERAL SESSION  
1:00 - 2:00 p.m.

GS2: Mental Health and Students of Color: Helping Campuses Identify, Address and Find Solutions for Disparities

Learning Objective #1: Discuss health disparities in identifying and treating mental health issues in racially diverse student populations
Learning Objective #2: Identify best practices for identifying and treating mental health concerns in students of color.
Learning Objective #3: Identify campus climate strategies to support the emotional well-being and mental health of students of color.

Presenters: Alfiee Breland-Noble PHD MHSc
Senior Scientific Advisor, The Steve Fund & Principal Director, The AAKOMA Center (dba MDIL Consulting) The Steve Fund & The AAKOMA Center (dba MDIL Consulting)

CME: 1; CNE (Nursing): 1; PHARM 0; PsyCE: 1; CHES: 1; MCHES: 1.5; NBCC: 1; NASW: 1

FRIDAY GENERAL SESSION  
8:00 - 9:00 a.m.

GS3: Undocumented students and Higher Education: Updates and Recommendations

Learning Objective #1: Describe the current state of the challenges faced by undocumented students in American schools of higher education.
Learning Objective #2: Review examples of systems, policies which campuses can enact to support undocumented students.
Learning Objective #3: Discuss concerns for undocumented students and provide feedback.

Presenters: Julia Brown Esq.
Advocacy and Outreach Attorney Immigrant Legal Advocacy Project
PC1: Guiding Our Colleges and Lighting the Way Toward Transformative Health and Wellness Models in Student Affairs

Learning Objective #1: Discuss the evolution of “Wellness” in College Health.
Learning Objective #2: Describe strategies for transforming collaborative health models in student affairs.
Learning Objective #3: Identify opportunities to develop collaborative health models in student affairs.

Presenters: Gerri Taylor MS
Associate Dean of Health, Counseling and Wellness Bentley University
John Miner MD
College Health Consultant Williams College (Retired)
Gerard Fromm PhD
Distinguished Faculty Erikson Institute, Austen Riggs Center (semi-retired)
Joleen Nevers MAEd, CHES, CSE, CSES
Associate Director, Wellness and Prevention University of Connecticut

CME: 0; CNE (Nursing): 3; PHARM 0; PsyCE: 0; CHES: 3; MCHES: 3; NBCC: 3; NASW: 3

PC2: Concussion Care in College Health

Learning Objective #1: Describe the major symptom groups in concussion
Learning Objective #2: Describe a simple Vestibular/Ocular Motor Screening
Learning Objective #3: Discuss and review recent literature re: concussion management

Presenters: Peter Doyle MD
Associate Medical Director Tufts University Health Service Tufts University

CME: 3; CNE (Nursing): 3; PHARM 0.3; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 0; NASW: 0

PC3: Once Upon a Time; Crafting and Communicating Our Stories in College Health

Learning Objective #1: Explain reasons for communication gaps
Learning Objective #2: List strengths of departmental program, vision and future opportunities for storytelling
Learning Objective #3: Describe one method or framework for storytelling
Learning Objective #4: Identify benefits of using appropriate charts and visuals to use to enhance story

Presenters: Jessica Greher Traue EdM
Director, Wellness & Health Promotion Bentley University

CME: 0; CNE (Nursing): 3; PHARM 0; PsyCE: 0; CHES: 3; MCHES: 3; NBCC: 0; NASW: 0
PC4: Labs, Pilots, and Dreams: Innovations in University Mental Health Care Access

Learning Objective #1: Identify access challenges on their campus
Learning Objective #2: Describe innovation examples on campuses
Learning Objective #3: Discuss ideas to try on your own campus

Presenters: Will Meek PhD
Director of Counseling & Psychological Services Brown University
Chetan Joshi PhD
Associate Director & Director of Clinical Services University of Connecticut

CME: 3; CNE (Nursing): 3; PHARM 0; PsyCE: 3; CHES: 0; MCHES: 0; NBCC: 3; NASW: 3

PC5: Nurse Manager Roundtable

Learning Objective #1: List challenges common to nursing management in College Health
Learning Objective #2: Identify nursing management strategies to address these challenges
Learning Objective #3: Review human resource responsibilities and requirements that are common to nurses in College Health management roles

Presenters: Lauri Gallimore BS, RN
Director of Nursing Dartmouth College
Judy Whyte RN
Head Nurse—Garrison Foster Health Center Colby College

CME: 0; CNE (Nursing): 3; PHARM 0; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 0; NASW: 0
CONCURRENT SESSIONS A

Wednesday, Nov. 7  2:15-3:45 pm

A1: Accreditation: lessons and experiences from the field
Learning Objective #1: Identify rationale to justify the process of accreditation
Learning Objective #2: Describe the process and standards required to achieve accreditation
Learning Objective #3: Discuss challenges and barriers to achieving accreditation

Presenters: Ellen Reynolds MS  
Director  University of Rhode Island Health Services

Judy Whyte RN  
Head Nurse--Garrison Foster Health Center Colby College

Valerie Keifer DNP, APRN, ANP-BC  
Nurse Practitioner/APRN University of Connecticut Student Health Services

Margaret Fitzgerald FNP-BC, MSN  
Associate Director Bentley University

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 0; NASW: 0

A3: Mindset Interventions: Low-cost, large-scale strategies to improve mental health, retention, and academic performance
Learning Objective #1: Define mindset interventions and how they work
Learning Objective #2: Explain the core components of a mindset intervention.
Learning Objective #3: Discuss how to create and implement an intervention

Presenters: Jessica Gifford LICSW  
Associate Director of Health Education, Mental Health Promotion Amherst College

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 0; NBCC: 1.5; NASW: 0

A4: Weed Better Be Ready: A Massachusetts College Prepares for Marijuana Legalization
Learning Objective #1: List the pros and cons of marijuana legalization
Learning Objective #2: Describe negative health effects for adolescents and young adults with increase marijuana usage.
Learning Objective #3: List 3 types of marijuana products and paraphernalia that are new to the participant
Learning Objective #4: Describe strategies and ideas for implementing marijuana education on your campus

Presenters: Ilene Hofrenning MSN, FNP-BC  
Director, Health Center Framingham State University

Joy LaGrutta Med  
Alcohol & Drug Education & Prevention Specialist Framingham State University

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 0; NASW: 1.5
A5: Development of a Nurse Delivered Wellness Visit: First Steps

Learning Objective #1: Identify why the wellness visit should be nurse directed.
Learning Objective #2: List the core components and tools for success in the nurse delivered wellness visit.
Learning Objective #3: Describe the student experience during the nurse delivered wellness visit.

Presenters: Kelley LaFleur MPH, MSN  
Outreach Director, Family Nurse Practitioner UConn Student Health Services
Tina McCarthy BSN  
Director of Nursing UConn Student Health Services
Laurie Savino RN  
Registered Nurse UConn Student Health Services

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 0; NASW: 0

A6: Meningitis B Response at UMass Amherst: Lessons Learned and Practice Pearls

Learning Objective #1: Discuss the stages of emergency preparedness in the event of a meningococcal outbreak on campus.
Learning Objective #2: Describe internal and external communication strategies used in a campus wide public health emergency.

Presenters: Ann Becker RN, DNP  
Public Health Nurse University of Massachusetts Amherst

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 0; NASW: 0
CONCURRENT SESSIONS B

B1: Dig Deeper: Why we should be going further with student health data to identify and address health disparities on campus, and how to do it with what you have

Learning Objective #1: Identify 3 compelling reasons to routinely dis-aggregate and analyze student health data in order to identify health disparities among underrepresented minorities on campus

Learning Objective #2: List how to can accomplish dis-aggregation and analysis with or without significant support from institutional research or additional personnel.

Learning Objective #3: Describe how to partner with key stakeholders on campus to address health disparities.

Presenters: Claudia Trevor-Wright MA, JD, MCHES
Assistant Director of Health Education Wellesley College
Jess Abramson BA expected, 2019
Health Data Analysis & Communications Student Aide Wellesley College Health Service
Tracey Cameron PhD
Assistant Dean of Intercultural Education/Director of Harambee House/Advisor to Students of African Descent Wellesley College

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

B2: Psychopharmacologic Management of the depressed or anxious college student

Learning Objective #1: Define Depression (MDD and others) and Anxiety (GAD and others) based on DSM V criteria

Learning Objective #2: Review assessment and differential diagnosis of depression and anxiety

Learning Objective #3: Outline Pharmacologic Treatments of anxiety and depression (and related disorders)

Presenters: Athena Davos BSN, MSN
Psychiatric Mental Health Nurse Practitioner Optum Student Health
Marguerite Cyycz BSN, MSN
Psychiatric Nurse Practitioner

CME: 1.5; CNE (Nursing): 1.5; PHARM 1.125; PsyCE: 1.5; CHES: 0; MCHES: 0; NBCC: 1.5; NASW: 0

B3: Health Promotion: Peer Review

Learning Objective #1: Identify three peer review strategies used by health promotion professionals to provide expert assistance/guidance.

Learning Objective #2: Identify three factors that could positively or negatively impact the peer review process.

Learning Objective #3: Identify the knowledge of peer review by conducting a review of work submitted by health promotion peers.

Presenters: Erin Kaminski MEd
Wellness Educator Merrimack College
Christine Johnston MPH
Assistant Director, Alcohol & Other Drug Education and Health Promotion Springfield College
Tara R. Schuster MS, MCHES
Coordinator of Health Promotion Rensselaer Polytechnic Institute

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 0; NASW: 0
CONCURRENT SESSIONS B (cont.)

Wednesday, Nov. 7  4:15-5:45 pm

B4: Thinking Outside the Office: Bringing Mental Health Treatment Outdoors
Learning Objective #1: Identify the health and mental health benefits of time spent outdoors.
Learning Objective #2: Compare outdoor interventions with other leading mental health interventions.
Learning Objective #3: Identify strategies clinicians can use to help motivate clients to engage in activities outdoors year round, and to address barriers or obstacles that may interfere.

Presenters: Anne Cooper PsyD
Clinical Psychologist Medical Psychology Center

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 0; MCHES: 0; NBCC: 1.5; NASW: 1.5

B5: Creating a Medical Home Away from Home-Implementing a Collaborative Care Model for students with complex medical needs on a college campus.
Learning Objective #1: Explain the challenges students with complex medical needs face when they enter the college campus environment.
Learning Objective #2: Describe a process to proactively identify incoming undergraduate and graduate students with complex medical needs.
Learning Objective #3: Discuss a model of collaborative practice implemented at Brown University Health Services for students with complex medical needs.

Presenters: Kristie Sullivan MHA, RN, CPEHR
Assistant Director, Operations and Administration of Health Services Brown University
Angela Dziok RN, BSN, RRT, BS, CPEN
Staff Nurse Brown University
Rebecca Minus RN, MSN, CNL
Staff Nurse Brown University

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 0; NASW: 0

B6: Opioid Use Disorder & Medication Assisted Recovery: Caring for Our College Communities
Learning Objective #1: Identify opioid use disorder (OUD)
Learning Objective #2: Compare pharmacologic treatments used in Medication Assisted Recovery (MAR)
Learning Objective #3: Outline harm reduction strategies.

Presenters: Elisabeth Fowlie Mock MD, MPH, FAAFP
Academic Detailer Maine Independent Clinical Information Service

CME: 1.5; CNE (Nursing): 1.5; PHARM 1.125; PsyCE: 1.5; CHES: 0; MCHES: 0; NBCC: 1.5; NASW: 1.5
CONCURRENT SESSIONS C

Thursday Nov. 8  8:30-10:00 am

C1: Administration Hot Topics

Learning Objective #1: Discuss four (4) current, relevant, and important topics in college health.
Learning Objective #2: Identify college health colleagues who face similar challenges and issues.
Learning Objective #3: Identify college health tools and resources to use in your practice.

Presenters: Ellen Reynolds MS
Director URI Health Services
Jennifer Hodshon MPH
Associate Director URI
Rebecca Minus RN, MSN, CNL
Staff Nurse Brown University
Kevin Charles DE d
Assistant Vice President, Student Life and Exec. Dir Health & Wellness University of New Hampshire

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 0; NASW: 0

C2: Medical Grand Rounds

Learning Objective #1: Identify key history components and strategies for working through a complex case
Learning Objective #2: Identify key physical exam and other objective data collection (lab work, imaging, etc.) components in working through a complex case.
Learning Objective #3: Contrast among competing differential diagnoses.

Presenters: Peter (Davis) Smith MD
Staff Physician University of Connecticut Student Health Services

CME: 1.5; CNE (Nursing): 1.5; PHARM 0.15; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 0; NASW: 0

C3: Hot Topics: Vaping, e-cigarettes, and Juuling  An understanding of the terms, use, and products

Learning Objective #1: Describe the current trends in vaping use.
Learning Objective #2: Identify the language used related to vaping and identify the products used for vaping.
Learning Objective #3: Identify best practices for prevention of e-cigarette/vape use on their campuses.

Presenters: Christine Johnston MPH
Assistant Director, Alcohol & Other Drug Education and Health Promotion Springfield College
Ian Wong MSPH
Director, Health Promotion and Prevention Tufts University

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5
CONCURRENT SESSIONS C  (cont.)  Thursday Nov. 8  8:30-10:00 am

C4: Developing an Intergroup Dialogue Program: Shedding Light on Identities & Inclusion

Learning Objective #1: Define comprehensive IGD program focused on race & ethnicity, with potential for focus on any other aspect of diverse identity.
Learning Objective #2: Discuss the opportunities & challenges of using an IGD model in your organization.
Learning Objective #3: Identify the buy-in for launching an IGD program at your institution.

Presenters: Cassandra DeQuevedo LMHC  
Mental Health Clinician, Counseling Services University of Massachusetts, Lowell

Marshall Greenleaf Ed.D.  
Associate Director of Residence Life University of Massachusetts, Lowell

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

C5: Nursing Grand Rounds

Learning Objective #1: Identify key history components in working through a complex case
Learning Objective #2: Identify key physical exam and other objective data collection in working through a complex case
Learning Objective #3: Contrast among competing differential diagnoses

Presenters: Lauri Gallimore BS, RN  
Director of Nursing Dartmouth College

Deborah Perkins RN, MPH  
Assistant Director of Health Services Southern New Hampshire University

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 0; NASW: 0

CONCURRENT SESSIONS D  Thursday Nov. 8  10:30-Noon

D1: HIV Pre- Exposure (PrEP) in the campus health center: Recognizing barriers and implementing practice changes

Learning Objective #1: Identify common barriers and stigma associated with PrEP by patients and providers
Learning Objective #2: Review non-biased techniques to take a sexual health history to identify patients at risk for HIV transmission
Learning Objective #3: Illustrate policy and procedures to incorporate PrEP/PEP into college health services

Presenters: Kimberly Daly DNP, APRN, FNP-C  
Associate Director Salem State University

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 0; NBCC: 0; NASW: 0
CONCURRENT SESSIONS D  (continued)  Thursday Nov. 8 10:30-Noon

D2: Managing Sexual Assault – A Step by Step Approach to Providing Trauma Informed Care for Medical Providers in College Health
Learning Objective #1: Define trauma informed
Learning Objective #2: Explain a stepwise approach to caring for a patient who has been sexually assaulted

Presenters: Lisa Pearlman BA, RN, MSN, FNP-BC
Nurse Practitioner Wentworth Institute of Technology/ Optum Student Health

CME: 1.5; CNE (Nursing): 1.5; PHARM 0.45; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 1.5; NASW: 1.5

D3: Sex & Substances: Changing the Narrative Around Consent & Alcohol
Learning Objective #1: Differentiate between drunkenness and incapacity in relation to sexual activity
Learning Objective #2: Discuss how policy influences educational initiatives
Learning Objective #3: Describe the use of student development theory in consent-related educational strategies

Presenters: Ashleigh Hala MSW, BSW
Director of Sexual Assault Prevention & Response Services Babson College
Joleen Nevers MAEd, CHES, CSE, CSES
Associate Director University of Connecticut
Claudia Trevor-Wright MA, JD, MCHES
Assistant Director of Health Education Wellesley College

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

D4: Creating Peer Mentoring Model for Young Adults Living with a Serious Mental Health Condition
Learning Objective #1: Explain the social, emotional, & academic barriers uniquely faced by young adults living with a serious mental health condition, in particular those on medical leave from college.
Learning Objective #2: Describe the crucial elements of peer mentoring programs for students living with significant mental health conditions.
Learning Objective #3: Discuss recovery oriented peer mentoring program on participants campus.

Presenters: Courtney Joly-Lowdermilk BS, MSEd
College Mental Health Programs Manager Boston University

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 0; NBCC: 1.5; NASW: 1.5
CONCURRENT SESSIONS D  (cont.)    Thursday Nov. 8  10:30-Noon

D5: Healing the Wounded College Student
Learning Objective #1: Identify the phases of normal wound healing.
Learning Objective #2: Describe what makes an acute wound a chronic wound.
Learning Objective #3: Outline how wound environments are like ecosystems and that wound healing is all about balance.

Presenters: David Micca DPM, CWSP, FACFAS, FABWM, FCCWS
MEDICAL DIRECTOR, MAINE MEDICAL CENTER WOUND HEALING & HYPERBARICS MAINE MEDICAL CENTER

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 0; NASW: 0

D6: Meet Them Where They’re At: Strategies to Engage and Educate Students Through Interactive Health Messaging
Learning Objective #1: Outline the steps to develop a holistic health awareness campaign
Learning Objective #2: Describe the vehicles for implementing a health awareness campaign
Learning Objective #3: Identify two practical implementation strategies for your campus health program

Presenters: Elise Tofias Phillips MEd
Director Office of Health Promotion Boston College
Makayla Davis MA, Higher Education and Student Affairs
Assistant Director Office of Health Promotion Boston College

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

CONCURRENT SESSIONS E    Thursday Nov. 8  2:15-3:45pm

E1: Cultivating Awareness of Racial Microaggressions
Learning Objective #1: Describe three categories of racial microaggressions
Learning Objective #2: Identify examples of racial microaggressions
Learning Objective #3: Describe the impact of racial microaggressions on people of color

Presenters: Jaymie Campbell PhD
Director, Training and Capacity Building AccessMatters

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 1.5; MCHES: 0; NBCC: 1.5; NASW: 1.5
E2: Inclusive health care 'down there': language for LGBT sexual health

Learning Objective #1: Describe different subgroups of gender and sexual minority communities

Learning Objective #2: Describe how different subgroups of gender and sexual minority communities experience similar and different sexual health needs.

Learning Objective #3: Identify methods for providing sexual health care that is inclusive of gender and sexual minority people

Learning Objective #4: Discuss original LGBTQ data that will help practitioners to be more inclusive in their practice.

Presenters: Corey Flanders PhD
Assistant Professor of Psychology and Education Mount Holyoke College
Ollie Schwartz B.A. Queer Studies, M.Ed. expected 2019
Health Education Assistant Mount Holyoke College

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

E3: College Health Coaching: An Innovative Approach to Positive Behavior Change

Learning Objective #1: Outline the steps involved in developing a Health Coaching program

Learning Objective #2: Describe the Foundation of Health Coaching Skills

Learning Objective #3: Identify two practical implementation strategies for your campus health program

Presenters: Elise Tofias Phillips MEd
Director, Office of Health Promotion and Health Coach Institute Boston College
Makayla Davis MA Higher Education
Manager Health Coach Institute, Assistant Director Office of Health Promotion Boston College

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 0; NBCC: 1.5; NASW: 1.5

E4: Mental Health Impacts for International and Foreign Born Students in Regards to Current Policy Reform.

Learning Objective #1: Identify up to date policy implications and specific stressors for international and foreign born students

Learning Objective #2: Review specific impacts of current administrative policies on student mental health and comorbid academic success.

Learning Objective #3: Discuss specific treatment planning models and strategies to support foreign born students.

Presenters: Sarah Dionne BA, MSW
Mental Health Clinician/ AOD Intervention Coordinator UMass Lowell
Cassandra DeQuevedo LMHC
Mental Health Clinician, Diversity & Inclusion Coordinator University of Massachusetts, Lowell
Allyson Lynch M.Ed
Coordinator of International Programs University of Massachusetts Lowell

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 0; MCHES: 0; NBCC: 1.5; NASW: 1.5
E6: Bringing Resilience Programs to Campus
Learning Objective #1: Identify the seven factors of resilience and their connection to wellbeing.
Learning Objective #2: Identify teaching resources and interventions that foster resilience building.
Learning Objective #3: Discuss building resilience intervention on participants’ campus.
Learning Objective #4: Address questions

Presenters: Lea Christo, LICSW MSW
Coordinator, Resilience in the Helping Professions Certificate of Advanced Graduate Study Assumption College
Mary Ann Mariani PhD in Developmental Psychology from Boston College, 1990
Faculty, Human Services and Rehabilitation Studies Department, Graduate Programs Assumption College
Elizabeth Drexler-Hines MPH, MCHES
Director, Wellness Programming Holy Cross

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

F1: Making our Voice Count: Legislative Advocacy 101 for College Health Professionals
Learning Objective #1: Identify professional competencies related to advocacy and the barriers to engaging in advocacy as well as opportunities to overcome those barriers.
Learning Objective #2: Describe various methods and media used to engage in legislative advocacy, trends in student advocacy
Learning Objective #3: Identify 1 short term and 1 long term legislative advocacy goal using legislative advocacy skills

Presenters: William Ikard JD
SCOTUS Campaign Manager Planned Parenthood of Northern New England
Claudia Trevor-Wright MA, JD, MCHES
Assistant Director of Health Education Wellesley College

CME: 1.5; CNE (Nursing): 1.5; PHARM 0.45; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

F2: Increasing sexually transmitted infection screening in the college health setting
Learning Objective #1: Identify psychosocial factors that contribute to decision making in the young adult, as they relate to sexual health
Learning Objective #2: Discuss CDC MSM screening recommendations
Learning Objective #3: Describe components of sexual health history form

Presenters: Jeffrey Maher MD
Medical Director Health Services Bowdoin College
Julie Gray PAC
Physician Assistant Bowdoin College
Bronwyn Sewell BSN, RN, MSN, WHNP-BC, ANP-BC
Nurse Practitioner Bowdoin College

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 0; NASW: 1.5
F3: Social Media: The Glitches and the Glories
Learning Objective #1: Discuss barriers to social media implementation
Learning Objective #2: Identify successful strategies
Learning Objective #3: Identify resources that can be utilized to improve social media implementation

Presenters: Joleen M. Nevers MAEd, CHES, CSE, CSES
Associate Director University of Connecticut
Cassy Setzler BA
Program Assistant University of Connecticut
CC Curtiss M.Ed.
Director of Student Wellness and Alcohol/Other Drug Education Connecticut College

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 0; NASW: 0

F4: The impact of identity intersectionality on gender based violence response systems on Campus
Learning Objective #1: Describe ways that identity intersectionality and power impact engagement with students with marginalized identities
Learning Objective #2: Outline ways reporting systems and resources would be different were they to be equally accessible to all students.
Learning Objective #3: Identify areas for short- and long-term change that will improve the accessibility of response systems for students of color and other marginalized identities.

Presenters: Elizabeth Stahler MSW, LICSW
Staff Counselor; Trauma and Gender Based Violence Specialist Dartmouth College

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

F5: Infectious Diseases and Their Impacts on the College Health System
Learning Objective #1: Identify risk factors for four common Infectious Disease
Learning Objective #2: Describe three strategies effective in mitigating vector-born or zoonotic disease transmission
Learning Objective #3: Describe reporting process for Notifiable Conditions

Presenters: Siiri Bennett MD
State Epidemiologist Maine Center for Disease Control and Prevention, and University of Maine
Kate Colby MPH
Field Epidemiologist University of Southern Maine, Maine Center for Disease Control and Prevention

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 0; MCHES: 0; NBCC: 1.5; NASW: 0
F6: A Model for Trauma-Informed Care on College Campuses

Learning Objective #1: Describe “traumatic event” and the impact of trauma on academic performance for college students including strategies students might implement to address symptoms

Learning Objective #2: List strategies for providing trauma-informed care as a university administrator, counselor, faculty member, advisor, and coach

Learning Objective #3: List approaches to building an integrated trauma-informed model of care across campus/in the community

Presenters: Courtney Joly-Lowdermilk MSEd  
College Mental Health Programs Manager Boston University  
Chelsea Cobb MA  
Training Associate Boston University  
Courtney Martin Masters in Higher Education Administration  
Director of Academic Advising Boston University

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 0; MCHES: 0; NBCC: 1.5; NASW: 1.5

G1: Developing and Executing a Program to Support Students With Undocumented Status at a Four Year Private University

Learning Objective #1: Describe the obstacles that students with undocumented status face.

Learning Objective #2: Describe best practices and challenges for establishing a program that addresses the needs of this population.

Learning Objective #3: Identify ways their institution can utilize frameworks already in place to address the needs of this group of students.

Presenters: Robert Mack EdD  
Associate Dean for Student Success and Advising Tufts University  
Margot Cardamone MA  
Associate Director for Student Success and Advising Tufts University  
B. Francis Chen LICSW  
Staff Social Worker Tufts University  
Dana Fleming JD  
Assistant General Counsel Tufts University

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 1.5; MCHES: 0; NBCC: 1.5; NASW: 1.5
CONCURRENT SESSIONS (continued)

Friday, Nov. 9  9:15 - 10:45 am

G2: On the Front Lines: Providing Gender Affirmative Care in College Health

Learning Objective #1: Describe factors that influence gender identity.
Learning Objective #2: Identify concrete steps to create a welcoming healthcare environment for transgender individuals.
Learning Objective #3: Identify resources for current guidelines and clinical standards for transgender healthcare.

Presenters: Mary Colleen McDonald MSN, FNP-BC
Associate Chief of Nursing MIT Medical, Massachusetts Institute of Technology

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 0

G3: The problem with “fat talk”: New research and strategies to combat self-disparaging talk on campus

Learning Objective #1: Describe the nature, function, and impact of fat talk.
Learning Objective #2: Identify strategies to combat fat talk at the individual, group, and population levels.
Learning Objective #3: Discuss applications of research for your campus community.

Presenters: Leah Berkenwald MA
Wellness Promotion Program Manager Brandeis University

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 1.5; MCHES: 0; NBCC: 1.5; NASW: 1.5

G4: Facilitating Smooth and Successful Returns to Campus after Medical Leave for an Eating Disorder

Learning Objective #1: Identify the various types of eating disorders.
Learning Objective #2: Identify challenges in providing support to students with eating disorders on a college campus.
Learning Objective #3: Explain approaches to support an at-risk student.

Presenters: Seda Ebrahimi PhD
Director and Founder CEDC Cambridge Eating Disorder Center

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 0; NBCC: 1.5; NASW: 1.5
CONCURRENT SESSIONS G (cont.)

Friday, Nov. 9  9:15 - 10:45 am

G5: Medical Billing Implementation- Lessons, Experiences and Challenges
Learning Objective #1: identify the various components of a medical billing program
Learning Objective #2: Identify challenges to medical billing implementation
Learning Objective #3: identify tools and resources available to implement and support a medical billing program in a student health services.

Presenters: Kim Daly DNP, APRN, FNP-C
Associate Director Salem State University
Dianna Jones DNP, CNP, FNP-BC
Associate Dean and Medical Director Regis College
Diana Denning MPH, MSN, WHNP-BC, RN
Administrative Director Brandeis University

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 0; NBCC: 1.5; NASW: 1.5

CONCURRENT SESSIONS H

Friday, Nov. 9  11:00 am -12:30 pm

H1: The NCAA CHOICES Grant Two Ways: Changing the culture with student-athletes
Learning Objective #1: Describe strategies for designing customized substance abuse interventions and obtaining dedicated funding.
Learning Objective #2: Outline two funded NCAA CHOICES programs that involve student athletes in substance abuse prevention, Project TEAM at Babson College and the JP Mule Games at Colby College.
Learning Objective #3: Discuss applications for grant-funded programs in different settings, strategies for partnership with Athletics, and maintaining a growth mindset through challenges.

Presenters: Leah Berkenwald MA
Wellness Promotion Program Manager Brandeis University
Ashleigh Hala MSW
Associate Director of Wellness/Director of Sexual Assault Prevention & Response Services Babson College
Katie Sawyer LCPC, LADC, CCS
Coordinator of Alcohol and Drug Programs Colby College

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5
H2: Healing Hungry Hearts: Assessing and Treating Relative Energy Deficiency-Sport (RED-S) & Eating Disorders in Collegiate Athletics
Learning Objective #1: Identify the differences between eating disorders and RED-S
Learning Objective #2: Describe how to assess at-risk students for eating disorders and RED-S
Learning Objective #3: Identify the most appropriate answers to questions in three interactive, real-life case scenarios

Presenters: Meg Schrier MS,RD,CSSD,LDN  
Sports dietitian Harvard University  
Shira Evans MS, RD, CSSD, LD  
Coordinator of Nutrition Programs, DP2 Sport Nutritionist Dartmouth College

CME: 1.5; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 0; MCHES: 0; NBCC: 1.5; NASW: 1.5

H3: Incorporating Principles of Radical Self Care into your Health Promotion Program.
Learning Objective #1: Define radical self care.
Learning Objective #2: Compare radical self care practices with commercial or commodified wellness.
Learning Objective #3: Describe ways that current health promotion practices could shift to become more radical and inclusive.

Presenters: Tanya Purdy MPH  
Director, BWell Health Promotion Brown University  
Barbara McCall MPH, CHES  
Director of Health and Wellness Education Middlebury College

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 0; CHES: 1.5; MCHES: 1.5; NBCC: 0; NASW: 1.5

H4: Implementing Art Therapy in College Counseling Centers
Learning Objective #1: Define art therapy as a specialty within psychology.
Learning Objective #2: Identify benefits of art therapy in the college counseling center setting.
Learning Objective #3: Differentiate between role of art therapists and popular therapeutic art in the counseling setting.

Presenters: Jennifer Walsh MA, LMHC, ATR  
Campus Counselor Bay Path University

CME: 0; CNE (Nursing): 1.5; PHARM 0; PsyCE: 1.5; CHES: 0; MCHES: 0; NBCC: 1.5; NASW: 1.5
H5: Common sleep-related problems in college students.

Learning Objective #1: Define sleep.
Learning Objective #2: Review the biology of sleep as it relates to current diagnosis and management.
Learning Objective #3: Review common substances, including pharmacologic, used in the management of sleep-related disorders.
Learning Objective #4: Discuss behavioral and lifestyle strategies and tactics which may help improve sleep-related conditions in college students.

Presenters: Richard C Galgano D.O.
Senior Staff Physician Boston University, Student Health Services

CME: 1.5; CNE (Nursing): 1.5; PHARM 0.15; PsyCE: 1.5; CHES: 1.5; MCHES: 0; NBCC: 0; NASW: 1.5
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2019
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NYSCHA Annual Meeting
Save the Date: October 23-25, 2019

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<tbody>
<tr>
<td><strong>Jess Abramson BA</strong></td>
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<td>Health Data Analysis &amp; Communications Student Aide Wellesley College Wellesley, MA</td>
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<tr>
<td><strong>Ann Becker RN, DNP</strong></td>
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South Hadley, MA
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Boston, MA

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Hanover, NH

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Amherst, MA

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Erin Kaminski M.Ed.
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<thead>
<tr>
<th>Name</th>
<th>Title / Position</th>
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<tbody>
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<td>David Micca DPM, CWSP, FACFAS, FABWM, FCCWS</td>
<td>Medical Director, Maine Medical Center Wound Healing &amp; Hyperbarics</td>
<td>Maine Medical Center</td>
<td>Portland, ME</td>
<td>D5</td>
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<tr>
<td>John Miner MD</td>
<td>College Health Consultant</td>
<td>Williams College (Retired)</td>
<td>Williamstown, MA</td>
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<tr>
<td>Rebecca Minus RN, MSN, CNL</td>
<td>Staff Nurse</td>
<td>Brown University</td>
<td>Providence, RI</td>
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<td>Elisabeth Fowlie Mock MD, MPH, FAAFP</td>
<td>Academic Detailer</td>
<td>Maine Independent Clinical Information Service</td>
<td>Holden, ME</td>
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Joleen Nevers MAEd, CHES, CSE, CSES
Associate Director, Wellness and Prevention
University of Connecticut
Storrs, CT
PC1, D3, F3

Lisa Pearlman BA, RN, MSN, FNP-BC
Nurse Practitioner
Wentworth Institute of Technology/ Optum Student Health
Boston, MA
D2

Deborah Perkins RN, MPH
Assistant Director of Health Services
Southern New Hampshire University
Manchester, NH
C5

Tanya Purdy MPH
Director, BWell Health Promotion
Brown University
Providence, RI
H3

Ellen Reynolds MS
Director
University of Rhode Island
Kingston, RI
A1, C1

Laurie Savino RN
Registered Nurse
University of Connecticut
Storrs, CT
A5

Katie Sawyer LCPC, LADC, CCS
Coordinator of Alcohol and Drug Programs
Colby College
Waterville, ME
H1

Meg Schrier
MS, RD, CSSD, LDN
Sports dietitian
Harvard University
Boston, MA
H2

Tara Schuster MS, MCHES
Coordinator of Health Promotion
Rensselaer Polytechnic Institute
Troy, NY
B3

Ollie Schwartz BA, MEd-2019
Health Education Assistant
Mount Holyoke College
South Hadley, MA
E2

Cassy Setzler BA
Program Assistant
University of Connecticut
Storrs, CT
F3

Bronwyn Sewell BSN, RN, MSN, WHNP-BC, ANP-BC
Nurse Practitioner
Bowdoin College
Brunswick, ME
F2

Peter (Davis) Smith MD
Staff Physician
University of Connecticut
Storrs, CT
C2

Elizabeth Stahler MSW, LICSW
Staff Counselor; Trauma and Gender Based Violence Specialist
Dartmouth College
Hanover, NH
F4

Kristie Sullivan MHA, RN, CPEHR
Assistant Director, Operations and Administration of Health Services
Brown University
Providence, RI
B5

Gerri Taylor MS
Associate Dean of Health, Counseling and Wellness
Bentley University
Waltham, MA
PC1

Elise Tofias Phillips MEd
Director Office of Health Promotion
Boston College
Chestnut Hill, MA
D6, E3
Claudia Trevor-Wright MA, JD, MCHES
Assistant Director of Health Education
Wellesley College
Wellesley, MA
B1, D3, F1

Jennifer Walsh MA, LMHC, ATR
Campus Counselor
Bay Path University
Longmeadow, MA
H4

Judy Whyte RN
Head Nurse~Garrison Foster Health Center
Colby College
Waterville, ME
PC5, A1

Christopher Willard PsyD
Faculty, Part Time
Harvard Medical School
Cambridge, MA
GS1

Ian Wong MSPH
Director, Health Promotion and Prevention
Tufts University
Medford, MA
C3
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<td>Meet Them Where They’re At: Strategies to Engage and Educate Students Through Interactive Health Messaging</td>
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**Thursday, Nov. 8, 1:00 - 2:00 pm**

| GS2 | Mental Health and Students of Color: Helping Campuses Identify, Address and Find Solutions for Disparities | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 |

**Thursday, Nov. 8, 2:15-3:45 pm**

| E1 | Cultivating Awareness of Racial Microaggressions | 1.5 | 1.5 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 0 |
| E2 | Inclusive health care ‘down there’: language for LGBT sexual health | 1.5 | 1.5 | 0 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
| E3 | College Health Coaching: An Innovative Approach to Positive Behavior Change | 0 | 1.5 | 0 | 0 | 0 | 1.5 | 1.5 | 1.5 | 0 | 0 |
| E4 | Mental Health Impacts for International and Foreign Born Students in Regards to Current Policy Reform. | 1.5 | 1.5 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 0 | 0 |
| E6 | Bringing Resilience Programs to Campus | 1.5 | 1.5 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |

**Thursday, Nov. 8, 4:15-5:45 pm**

| F1 | Making our Voice Count: Legislative Advocacy 101 for College Health Professionals | 1.5 | 1.5 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
| F2 | Increasing sexually transmitted infection screening in the college health setting | 1.5 | 1.5 | 0 | 0 | 0 | 0 | 1.5 | 0 | 0 |
| F3 | Social Media: The Glitches and the Glories | 0 | 1.5 | 0 | 0 | 0 | 0 | 0 | 1.5 | 1.5 |
| F4 | The impact of identity intersectionality on gender based violence response systems on Campus | 1.5 | 1.5 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
| F5 | Infectious Diseases and Their Impacts on the College Health System | 1.5 | 1.5 | 0 | 0 | 1.5 | 0 | 0 | 0 | 0 |
| F6 | A Model for Trauma-Informed Care on College Campuses | 0 | 1.5 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 0 | 0 |

**Friday, Nov. 9, 8:00-9:00 am**

| GS3 | Undocumented students and Higher Education: Updates and Recommendations | 0 | 1 | 0 | 0 | 1 | 1 | 1 | 1 | 0 |

**Friday, Nov. 9, 9:15 - 10:45 am**

| G1 | Developing and Executing a Program to Support Students With Undocumented Status at a Four Year Private University | 0 | 1.5 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 0 |
| G2 | On the Front Lines: Providing Gender Affirmative Care in College Health | 1.5 | 1.5 | 0 | 0 | 0 | 1.5 | 0 | 1.5 | 1.5 |
| G3 | The problem with “fat talk”: New research and strategies to combat self-disparaging talk on campus | 1.5 | 1.5 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 0 | 0 |
| G4 | Facilitating Smooth and Successful Returns to Campus after Medical Leave for an Eating Disorder | 0 | 1.5 | 0 | 0 | 1.5 | 1.5 | 1.5 | 0 | 0 |
| G5 | Medical Billing Implementation- Lessons, Experiences and Challenges | 1.5 | 1.5 | 0 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 0 |

**Friday, Nov. 9, 11:00 - 12:30 pm**

| H1 | The NCAA CHOICES Grant Two Ways: Changing the culture with student-athletes | 0 | 1.5 | 0 | 0 | 0 | 1.5 | 1.5 | 1.5 | 1.5 |
| H2 | Healing Hungry Hearts: Assessing and Treating Relative Energy Deficiency- Sport (RED-S) & Eating Disorders in Collegiate Athletics | 1.5 | 1.5 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 0 | 0 |
| H3 | Incorporating Principles of Radical Self Care into your Health Promotion Program. | 0 | 1.5 | 0 | 0 | 0 | 1.5 | 1.5 | 1.5 | 1.5 |
| H4 | Implementing Art Therapy in College Counseling Centers | 0 | 1.5 | 0 | 1.5 | 1.5 | 1.5 | 1.5 | 0 | 0 |
| H5 | Common sleep-related problems in college students. | 1.5 | 1.5 | 0 | 1.5 | 1.5 | 0 | 1.5 | 1.5 | 0 | 0 |
YOUR STUDENT, YOUR CHOICE.

The advantages of student health insurance plans make them an affordable, quality alternative to more expensive, traditional plans for full-time, part time, international and graduate students.

Visit www.crossagency.com today.
Along with the NECHA membership and invited guests, the purpose and goals of the 2018 Annual Meeting include:

Bringing together the membership and regional college health professionals for 3 days of sharing best practice, procedures, and innovation in college health.

Provide a platform of continued learning and discussion on current and relevant issues that further the college health profession and enhance the lives of students on their campuses.