

NECHA | NYSCHA 2017 Combined Annual Meeting

Bridging the Gap: Collaborating to Succeed



November 1-3, 2017
HILTON HOTEL
Burlington, Vermont

College Health Professionals Must-Attend Meeting of the Year

Physicians, Advanced Practice Clinicians, Nurses, Psychologists, Mental Health Counselors, Health Educators, Social Workers, Administrators

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FROM THE PROGRAM CHAIR

Lauri Gallimore, BS, RN, *Director of Nursing, Dartmouth College*
2017 Annual Meeting Program Chair

Bridging the Gap: Collaborating to Succeed. This year's theme represents several different things to me.

It clearly demonstrates the collaboration that we are fortunate to experience every two years with our combined NECHA/NYSCHA meeting. It also represents how important it is that different departments within a health service and on campus can make positive differences by working together towards the goal of providing comprehensive health care to our students. Lastly, we must work together to care for ourselves, and each other, so that we can best take care of our students.

Our three featured speakers touch on our theme in different ways, but clearly show the importance of working together and how it can affect outcomes. Our conference will open with Greg Eels, PhD., Director of CAPS at Cornell University. Dr. Eels will discuss resiliency and how that allows us to better care for ourselves and students. Our featured speakers on Thursday will be Win Turner, PhD, LADC, VTSBIRT Director and Arthur Seelig, MS, MSW, VTSBIRT Trainer and QA Coordinator. They will be discussing the changes and challenges we are all facing on campus in regards to increased cannabis use. Lastly, Erin Halligan-Avery, PhD the Administrative Director of Student Health and Counseling at SUNY Geneseo will review what we can learn from recent campus tragedies.

We had a tremendous response to our call for proposals and have a full schedule offering six sessions for almost every block. After reviewing the feedback from the Newport conference, we have included interactive programs and a session related to transgender care. I would like to send a huge shout out to our programming committee who did a wonderful job in putting together a great line up of sessions! There will be opportunities for us to relax and rejuvenate, as we care for ourselves through yoga and mindfulness. Please look for our "positivity board" which will be set up in the registration area, where you can share or read messages of encouragement and optimism.

Thank you,

Lauri Gallimore, BS, RN



NECHA | NYSCHA 2017 AGENDA

Wednesday, November 1

- 8:00 AM Registration & Exhibits begin
- 8:30 - 11:30 AM Pre-Meeting Workshops
- 11:45 - 12:45 PM Lunch & Exhibits
- 12:45 - 1:45 PM Welcome, Opening Remarks & General Session
- 1:45 PM 5-Minute Guided Meditation with Kerry Fantelli
- 2:00 - 3:30 PM Concurrent – A – Sessions
- 3:30 - 4:00 PM Afternoon Break with Exhibitors
- 4:00 - 5:30 PM Concurrent – B – Sessions
- 6:00 - 8:30 PM NECHA | NYSCHA Reception & Soiree; Awards

Thursday, November 2

- 7:00 AM 30-Minute Yoga with Kerry Fantelli
- 7:30 AM Continental Breakfast (Registration & Exhibits continues)
- 8:30 - 10:00 AM Concurrent – C – Sessions
- 10:00 - 10:30 AM Morning Break with Exhibitors
- 10:30 AM - Noon Concurrent – D – Sessions
- Noon - 1:00 PM Lunch & Exhibits
- 1:00 - 2:00 PM General Session
- 2:15 - 3:45 PM Concurrent – E – Sessions
- 3:45 - 4:00 PM Afternoon Break with Exhibitors
- 4:00 - 5:30 PM Concurrent – F – Sessions
- 6:00 - 7:00 P 60-Minute Yoga with with Kerry Fantelli

Friday, November 3

- 7:30 AM Continental Breakfast (Registration continued)
- 8:00-9:30 AM Concurrent – G – Sessions
- 9:45 - 10:45 AM General Session
- 10:45 - 11:00 AM Morning Break
- 11:00 AM - 12:30 PM Concurrent – H – Sessions

CONTINUING EDUCATION

CME Credits: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College Health Association and New England College Health Association. The American College Health Association is accredited by the ACCME to provide continuing medical education for physicians.

The American College Health Association designates this live activity for a maximum of 17.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CE Credits for Psychologists (PsyCE): This educational activity is co-sponsored by the American College Health Association and the New England College Health Association. The American College Health Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American College Health Association maintains responsibility for this program and its content. ACHA has awarded this program 18.0 hours of continuing education for psychologists. Psychologists must attend each session in its entirety in order to qualify for CE credit for that session.

CECH Contact Hours (CHES/MCHES): This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 17.0 total Category I continuing education contact hours. Maximum advanced-level contact hours available are 13.0 contact hours.

NBCC Credits: NECHAINYSCHA 2017 has been approved by NBCC for NBCC credit. Sessions approved for NBCC credit are clearly identified. NECHAINYSCHA 2017 is solely responsible for all aspects of the program. NBCC Approval No. SP-2925.

Nursing Contact Hours (CNE): This continuing nursing education activity was approved by the Pennsylvania State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

NASW Contact Hours: This program is Approved by the National Association of Social Workers (#886449811-5550) for 18.0 Social Work continuing education contact hours.



PLANNING COMMITTEE

SPECIAL THANKS TO THE PLANNING COMMITTEE

PROGRAM CHAIR:

Lauri Gallimore, BS, RN, Dartmouth College

2017 COMMITTEE MEMBERS:

Bob Murray EdD, US Coast Guard Academy
Deborah Penoyer, MS, RN, SUNY Geneseo
Anne Kearney, MSW, LeMoyne College
Barbara McCall MPH, CHES, Middlebury College
Becky Minus MSN, RN, CNL, Brown University
Beth Grampetro MPH, CHES, Mount Ida College
Charlie Morse LMHC, Worcester Polytechnic Institute
Cheryl Flynn MD, MS, MA, University of Vermont
Deb Perkins MPH, RN, Southern New Hampshire University
Ellen Reynolds MS, University of Rhode Island
Emily Pagano MS, University of Connecticut
Emily Rosenthal MPH, LMSW, Southern CT University
Erin Halligan-Avery, PhD, SUNY Geneseo
Jessica Greher-Traue EdM, Bentley University
Joleen Nevers MA, Ed, CHES, CS, University of Connecticut
Julie Ross PhD, Tufts University
Kalei Ensminger MS, FNP-BC, Salem State
Kathleen Camelo, MD, SUNY Plattsburgh
Kim Daly DNP, APRN, FNP-C, Salem State
Lisa Keefe BS, RN, Wellesley College
Liz Drexler-Hines MPH, Assumption College
Marianne Coscia RN, Tufts University
Marta Carlson PhD, Assumption College
Nancy Haensch APRN, Western Connecticut University
Ryan Travia MEd, Babson College
Sarah Dionne LICSW, UMASS Lowell
Sharon Capuano MSN, FNP-BC, Salve Regina University

Program Planning Committee members have been asked to complete conflict of interest statements regarding relationships with commercial entities. All members of the Program Planning Committee have reported no relevant financial conflicts of interest.

NON-DISCRIMINATION STATEMENT

NECHA is an organization of individuals dedicated to promoting the health, safety, and well-being of college students through primary care, mental health services, health counseling, health education, and health promotion activities. NECHA also recognizes its role as an advocate for health services and their representatives in areas relating to college health.



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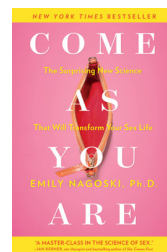
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A ROUND OF APPLAUSE

Bentley University for creating the **YAPP application** for NECHA | NYSCHA 2017!

EXHIBITORS

Academic Health Plans	Pharmedix
BeWell.md Campus Telehealth	Planned Parenthood League of Massachusetts
Caduceus International Publishing	Planned Parenthood of Northern New England
Caution Wear Corp.	Point and Click Solutions, Inc
Consolidated Health Plan	PyraMED Health Systems
Ellenhorn	Ratelle Prevention Training Center
Future Health	Sleep 101
Gallagher Student Health & Special Risk	Student Healthcare Solutions
Gilead Sciences, Inc	The Allen J. Flood Companies Inc
Granite Recovery Centers	Timberline Knolls
Medicat	University Health Plans
Merck Vaccines	USI Student Insurance Division
NueMD	Veru Healthcare
Pfizer	Walden Behavioral Care

NON-ENDORSEMENT OF PRODUCTS

Accredited status does not imply endorsements of any commercial products displayed in conjunction with this activity by NECHA, NYSCHA, ACHA, or by any accrediting body listed above.



FEATURED SPEAKERS

WEDNESDAY GENERAL SESSION

12:45 - 1:45 p.m.

GS-1: **Becoming Resilient Health Professionals**

Learning Objective #1: Review broader philosophical and institutional issues that contribute to staff stress.

Learning Objective #2: Explain how staff meet their own personal needs in relation to the needs of their students.

Learning Objective #3: Explore the concept of resilience within a health service context.

Presenters:

Gregory Eells PhD, *Director CAPS, Cornell Health Cornell University*

CME: 1; CNE (Nursing): 1; PsyCE: 1; CHES: 1; NASW: 1

THURSDAY GENERAL SESSION

1:00 - 2:00 p.m.

GS-2: **Seeing Through the Smoke: A New Lens on Addressing Marijuana use in College Students**

Learning Objective #1: Describe the status of cannabis in today's landscape.

Learning Objective #2: Explain the impact of cannabis use on today's college students.

Learning Objective #3: Identify strategies that exist and are evolving that to address Cannabis in our college students' lives.

Learning Objective #4: List strategies current New England colleges and Universities employ to help deal with cannabis use on their campuses.

Presenters:

Win Turner PhD, LADC, *VTSBIRT Project Director Center for Behavioral Health Integration*

Jon Porter MD, *Director, Center for Health & Wellbeing University of Vermont*

Arthur Sellig MS, MSW, *Vermont SBIRT trainer and quality assurance coordinator Adcare Educational Institute*

CME: 1; CNE (Nursing): 1; PsyCE: 1; CHES: 1; NBCC: 1; NASW: 1

FRIDAY GENERAL SESSION

9:45 - 10:45 a.m.

GS-3: **Called to Task – Crucial Takeaways from Recent Campus Tragedies**

Learning Objective #1: Discuss how to sensitize participants to unplanned challenges experienced at peer institutions.

Learning Objective #2: Identify how to prepare and be leaders within sphere of influence when, not if, crisis strikes.

Learning Objective #3: Explain pragmatic guidance and provide suggested tools that can be integrated into campus systems to improve outcomes in the face of tragedy.

Presenters:

Erin Halligan-Avery PhD, *Administrative Director of Student Health and Counseling SUNY Geneseo*

Greg Sammons MA, *VP for Student Affairs Alfred State*

CNE (Nursing): 1; PsyCE: 1; NBCC: 1; NASW: 1



PRE-MEETING WORKSHOPS: Wednesday, November 1, 8:30 – 11:30 a.m.

PM-1: Reflections, Trends and Visions for the Future of College Wellness: A Working Workshop

Learning Objective #1: Review the evolution and emergence of the concept of wellness in College Health.

Learning Objective #2: Identify the limitations and resistances to campus wide wellness programs.

Learning Objective #3: Describe strategies for advancing integrated wellness programs and initiatives on campuses.

Presenters: John Miner MD

Psychiatrist & Consultant Williams College (retired) / College Health & Counseling Services Consulting

Ryan Travia M Ed

Associate Dean of Students for Wellness Babson College

Gerri Taylor MS

Associate Dean for Health, Counseling and Wellness Bentley University

Gerard Fromm PhD

Psychologist & Consultant Austen Riggs Center / College Health & Counseling Services Consulting

Joleen M. Nevers MAEd, CHES, CSE, CSES

Associate Director University of Connecticut

CME: 3; CNE (Nursing): 3; PsyCE: 3; CHES: 3; MCHES: 3; NBCC: 3; NASW: 3

PM-2: SBIRT works! Implementing a successful behavioral screening program at your health services.

Learning Objective #1: Define SBIRT and explain the rationale for implementing universal screening of substance use in a college setting.

Learning Objective #2: Describe the SBIRT model.

Learning Objective #3: Understand UVM's implementation of SBIRT in the student health primary care clinic.

Learning Objective #4: List steps that attendees can do to further screening for high risk behaviors at their own institutions.

Presenters: Cheryl Flynn MD, MS, MA

Medical Director, Center for Health & Wellbeing Univ of Vermont

Win Turner PhD

Director Center for Behavioral Health Integration

Kari Hancock MS

SBIRT clinician UVM Student Health

Arthur Seelig MS, MSW

Vermont SBIRT trainer and quality assurance coordinator Adcare Educational Institute

CME: 3; CNE (Nursing): 3; PsyCE: 3; CHES: 3; MCHES: 3; NBCC: 3; NASW: 3



PRE-MEETING WORKSHOPS: Wednesday, November 1, 8:30 – 11:30 a.m.

PM-3: Nurse manager Roundtable

Learning Objective #1: Identify common challenges in health service.

Learning Objective #2: Discuss strategies to address the challenges identified.

Learning Objective #3: Discuss an individual action plan to bring back to health centers.

Presenters: Lauri Gallimore BS, RN

Director of Nursing Dartmouth College

Deborah Penoyer MS, RN

Nurse Manager State University of New York- Geneseo

CNE (Nursing): 3

PM-4: Let's Get Creative: Infographics, Impact Statements and Illustrating the Value of Our Work (Pre-Con)

Learning Objective #1: Define the basic elements for graphic design, infographics and impact statements.

Learning Objective #2: Identify and build comfort using free web-based and other widely available tools to create compelling graphics

Learning Objective #3: Describe how to translate your own data into sample graphic elements you can use.

Presenters: Jessica Greher Traue EdM

Director, Wellness and Prevention Bentley University

Claudia Trevor- Wright MA, JD, MCHES

Assistant Director of Health Education Wellesley College

Leah Berkenwald MA

Assistant Director of Wellness and Coordinator of Alcohol & Other Drug Services Babson College

CNE (Nursing): 3; CHES: 3; MCHES: 3; NBCC: 3; NASW: 3

PM-5: Should I Stay or Should I Go? Leaves of Absence: Policy, Process, and Legal Issues

Learning Objective #1: Describe the 2011 changes to the ADA and relevant case law and best practices.

Learning Objective #2: Compare existing policies with best practices based on legal and pedagogical goals.

Learning Objective #3: Outline changes in policy, procedure, and/or support and resources for students that can be made at participants' institution to ensure compliance with the law and contribute to student success.

Presenters: Julie Ross PhD

Director, Counseling and Mental Health Service Tufts University

Charles Morse MA, LMHC

Associate Dean for Student Development/Director of Counseling Worcester Polytechnic Institute

Jeanne Kincaid JD

Attorney DrummondWoodsum School Law

Marilyn Downs PhD, LICSW

Staff Social Worker and Director of Outreach Tufts University

CME: 3; CNE (Nursing): 3; PsyCE: 3; NBCC: 3; NASW: 3



CONCURRENT SESSIONS

CONCURRENT SESSIONS A

Wednesday, Nov. 1 2:00-3:30 pm

A-1: Choosing My Race? Multiracial Identity Development & Racial Fluidity

Learning Objective #1: Describe aspects of multiracial identity development.

Learning Objective #2: Describe institutions' practices in the use of demographic information collected from their students.

Learning Objective #3: List 1 or more ways to be more inclusive of students who identify as multiracial and/or racially fluid in their daily practices.

Presenters: Felina Kelly MA

Residence Director Bentley University

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

A-2: Medical Grand Rounds

Learning Objective #1: Identify key history components in working through a complex case as well as strategies for eliciting said history.

Learning Objective #2: Identify key physical exam and other objective data collection (lab work, imaging, etc.) components in working through a complex case.

Learning Objective #3: Contrast among competing differential diagnoses.

Presenters: Peter (Davis) Smith MD

Staff Physician University of Connecticut Student Health Services

CME: 1.5; CNE (Nursing): 1.5

A-3: Assessment Refresher for Common Health Issues Encountered in a College Health Setting

Learning Objective #1: Review key aspects that a targeted nursing assessment must include and indications for emerging disease processes that require an advanced assessment and treatment by MD/NP/PA.

Learning Objective #2: Discuss assessment findings and techniques to obtain these that may trigger collaboration with MD/NP/PA for further evaluation.

Learning Objective #3: Discuss learning techniques that take into account students' prior experience and preferences.

Presenters: Deborah Penoyer MS, RN

Nurse Manager SUNY Geneseo

CNE (Nursing): 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS A (*continued*)

Wednesday, Nov. 1 2:00-3:30 pm

A-4: It Takes a Village: A model for cross-college and cross-community collaboration to address and prevent gender based violence

Learning Objective #1: Outline the learners local service landscape to articulate potential cross-college and/or cross-community relationships.

Learning Objective #2: Identify service gaps where collaboration would benefit the learners prevention strategies and/or direct service.

Learning Objective #3: Define the nature of a mutually beneficial relationship between colleges/universities and community organizations.

Presenters: Ashleigh Hala MSW

Director of Sexual Assault Prevention & Response Services Babson College

Karin Raye JD

Professor of Justice Studies Lasell College

Jacqueline Anchondo JD

Title IX Coordinator & Director of Title IX/Nondiscrimination Initiatives Wellesley College

Jessica Teperow BA

Director of Prevention Programs REACH Beyond Domestic Violence, Inc.

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

A-5: ACT Based Workshops for Psychological Skills Development

Learning Objective #1: Discuss the practicalities of setting up short term, skill based workshops appropriate for most students seeking therapy.

Learning Objective #2: Describe content of the three session workshops.

Learning Objective #3: Discuss the impact of implementing skills workshops as an integral part of an efficient and effective clinical delivery model.

Learning Objective #4:

Presenters: Charles Morse MA, LMHC

Associate Dean for Student Development/Director of Counseling Worcester Polytechnic Institute

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS B

Wednesday, Nov. 1 4:00-5:30 pm

B-1: Leadership Round Table

Learning Objective #1: Discuss important information that is current and relevant to college health leaders to ensure they can be highly effective in their role.

Learning Objective #2: Describe strategic planning for college health and model best practice.

Learning Objective #3: Identify steps to accreditation process for college health.

Presenters: Ellen Reynolds MS, *Director* URI Health Services

Jennifer Hodshon MPH, *Associate Director, University of Rhode Island Health Services* University of Rhode Island

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5

B-2: Considering the Clinical Care of Women: Beyond Paps, Periods, and Pills

Learning Objective #1: Biological sex differences in the expression of disease prevalence, presentation, and management.

Learning Objective #2: Identify several common diagnoses that present differently in women compared to men.

Learning Objective #3: List ways in which clinical management of common diagnoses should be re-considered or approached differently for women.

Presenters: Vanessa Britto MD, MSc, *Director, Health Services* Wellesley College

CME: 1.5; CNE (Nursing): 1.5; NBCC: 1.5

B-3: Nursing Hot Topics

Learning Objective #1: Describe how to identify and manage Norovirus on campus.

Learning Objective #2: Explain the Opioid Epidemic and Narcan use and administration.

Learning Objective #3: Review protocol in place for norovirus.

Presenters: Marianne Coscia BS, RN, *Nurse Manager* Tufts University

Lisa Keefe BS, RN, *Clinical Coordinator* Wellesley College

CNE (Nursing): 1.5

B-4: Opioid Overdose Prevention: Developing Harm Reduction in a University Setting

Learning Objective #1: Describe The New School's opioid overdose prevention program, including capacity building strategies.

Learning Objective #2: Identify the various harm reduction services that are possibilities within a university setting.

Presenters: Tamara Oyola-Santiago MA, MPH, MCHES, *Assistant Director, Wellness & Health Promotion* The New School

Rachel Knopf Shey MPH, RD, *Assistant Director, Wellness & Health Promotion* The New School

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS B (cont.)

Wednesday, Nov. 1 4:00-5:30 pm

B-5: Mindful Self Compassion & Compassion Focused Therapy for College Based Mental Health Professionals

Learning Objective #1: Define mindful self-compassion.

Learning Objective #2: Discuss the importance of therapist's personal practice of mindful self-compassion in effectively working with students.

Learning Objective #3: Discuss how to incorporate self-compassion and compassion focused techniques into the therapeutic setting.

Presenters: Phyllis Fitzsimmons MS, LMHC, Assistant Director for Counseling Services Worcester Polytechnic Institute/Student Development & Counseling Center

Sabrina Rebecchi BA, MA, Assistant Director for Student Development Worcester Polytechnic Institute/Student Development and Counseling Center

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

B-6: Introduction to Management of Anxiety for Medical Providers

Learning Objective #1: Describe how anxiety presents in the primary care setting.

Learning Objective #2: Describe standard management of anxiety in Counseling Centers.

Learning Objective #3: Describe pharmacologic management of anxiety during acute presentation in the medical setting and for initial ongoing management.

Presenters: Susan Mahone APRN, BC, Psychiatric/Mental Health Clinical Nurse Specialistmenz Tufts University

Stephen Buck Psy D, Staff Psychologist Tufts University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

CONCURRENT SESSIONS C

Thursday Nov. 2 8:30-10:00 am

C-1: Promoting Resiliency-Focused, Trauma-Informed Practices on a Campus Student-of-Concern/Behavioral Intervention Team

Learning Objective #1: Describe the features of resiliency-focused, trauma-informed approaches in assessing and responding to at-risk students.

Learning Objective #2: Describe the purpose and benefits of a multi-departmental campus student of concern team in supporting and protecting at-risk students and the campus community.

Learning Objective #3: Explain practices that can be implemented to promote a resiliency-focused, trauma-informed approach on the student of concern team.

Presenters: SuEllen Hamkins MD

Assistant Director, Psychiatric Services UMass-Amherst

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS C (continued)

Thursday Nov. 2 8:30-10:00 am

C-2: You, too, can do this! Medical Care for Transgender and Gender Nonconforming Patients

Learning Objective #1: Define diagnosis of gender identity disorder and review criteria for gender-affirming hormone treatment.

Learning Objective #2: Review published protocols in the provision of medical care to transgender and gender nonconforming patients.

Learning Objective #3: List appropriate resources currently available to providers of care for transgender and gender non-conforming patients.

Presenters: Sharon Glezen MD

Staff Physician UVM Center for Health and Wellbeing

Rachel Inker MD

Family Physician Community Health Centers Burlington

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5

C-3: An Update on Allergen Immunotherapy: Various Types, Indications, Effectiveness and Safety

Learning Objective #1: Describe mechanism and different types of AIT.

Learning Objective #2: Describe the indications for AIT and effects of AIT.

Learning Objective #3: Describe safety considerations and management of adverse reactions.

Presenters: S Shahzad Mustafa MD

Clinical Assistant Professor of Medicine Rochester Regional Health

CME: 1.5; CNE (Nursing): 1.5; PsyCE

C-4: Online education's role in the health promotion office

Learning Objective #1: Compare strengths and weaknesses of online education.

Learning Objective #2: Describe the steps to create and launch a custom online training module.

Learning Objective #3: Identify missed opportunities to further strengthen comprehensive sexual violence prevention (and other health promotion initiatives) on college campuses.

Presenters: Rebecca Harrington MA

Health Educator SUNY Oneonta

CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS C *(cont.)*

Thursday Nov. 2 8:30-10:00 am

C-5: Sexual Assault Survivors Support Groups: Why and how to offer this important resource on your campus

Learning Objective #1: Explain the benefits of a time-limited support group for sexual assault survivors.

Learning Objective #2: Identify specific steps involved in running a survivors support group, including recruitment and member selection, group structure and process, leadership roles and issues, and common group issues and themes.

Presenters: Marilyn Downs PhD, LICSW

Director of Outreach, Counseling and Mental Health Service Tufts University Counseling and Mental Health Service

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

C-6: Engaging Identity- Holistic and Empathy Based Health Promotion: Reframing Campus Mental Health Programming

Learning Objective #1: Define "brand" marketing and how it can be used to effectively promote health programming.

Learning Objective #2: Review empathy based programming model for reducing Stress, Isolation and Suicidal Ideation at Smith College (Spring 2017).

Learning Objective #3: Define modes of advocacy for influencing school policy in regards to integrating wellness and mental health programming further into campus life.

Presenters: Kristina Mereigh MPH

Director of Wellness Services Smith College

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5

CONCURRENT SESSIONS D

Thursday Nov. 2 10:30-Noon

D-1: Faculty and Student Wellness Collaboration for Sexual Violence Prevention and Affirmative Consent Education.

Learning Objective #1: List benefits of collaboration with faculty in prevention and securing senior administrative support.

Learning Objective #2: Compare faculty collaboration opportunities with specific academic disciplines.

Learning Objective #3: Discuss faculty's needs for collaboration.

Presenters: Hannah Artilles-Stravers MS, Director, Sexual Violence Outreach Awareness and Response Office St. John's University

Elizabeth DeLuna MFA, Associate Professor, Graphic Design St. John's University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS D (continued)

Thursday Nov. 2 10:30-Noon

D-2: Clinical Allergy Pearls

Learning Objective #1: Describe the approach to penicillin allergy and the cross reactivity between penicillins and cephalosporins.

Learning Objective #2: List the common food allergens and which common food allergens can cause airborne reactions.

Learning Objective #3: Describe commonly missed diagnoses presenting in the allergy/immunology clinic, including chronic urticaria, contact dermatitis, atopic dermatitis, and vocal cord dysfunction.

Learning Objective #4: Describe recognition and management of subcutaneous immunotherapy.

Presenters: Allison Ramsey MD

Allergy/Immunology Physician at Rochester Regional Health, Clinical Assistant Professor of Medicine at the University of Rochester Rochester Regional Health

CME: 1.5; CNE (Nursing): 1.5

D-3: Surviving and Thriving in College: Ways to Cultivate the Resilience of Our Students

Learning Objective #1: Discuss recent research findings about student resilience, retention, and wellbeing.

Learning Objective #2: Describe interventions that can improve retention and success of vulnerable students from diverse backgrounds.

Learning Objective #3: Describe new initiatives to foster wellbeing and resilience begun at UMass-Amherst.

Presenters: SuEllen Hamkins MD

Assistant Director, Psychiatric Services University of Massachusetts-Amherst

Derek Doughty MA

Case Manager University of Massachusetts Amherst

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

SPECIAL SESSION FROM ACHA

D-4: The Direction of the SHIP: The Importance and Future of Student Health Insurance Plans

A presentation regarding the role and variety of student health insurance plans in student coverage, the interaction of these plans with Medicaid, and the future potential of these plans in ensuring student coverage while reducing resource strain.

Presenters: Brett Sebastian, Director of Advocacy, ACHA



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS D *(cont.)*

Thursday Nov. 2 10:30-Noon

D-5: College Student Psychiatric Crisis and Inpatient Hospitalization: Special Considerations

Learning Objective #1: Identify diverse challenges and unique clinical needs in treatment of college students facing psychiatric crisis.

Learning Objective #2: Describe specialized clinical programs and protocols designed to address the clinical needs of college students in psychiatric crisis and in need of acute care treatment.

Learning Objective #3: Discuss unique clinical data characterizing 902 students psychiatrically hospitalized.

Presenters: Laura Braider PhD

Director , Behavioral Health College Partnership Northwell Health

Candice La Lima PhD

Administrative Psychologist Northwell Health

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

D-6: Healthism and its Impact on College Health #Fitspo #NoExcuses #CleanEating #NoPainNoGain

Learning Objective #1: Define healthism.

Learning Objective #2: Identify examples of healthism in their campus communities and challenges around healthism in their work.

Learning Objective #3: Discuss best practices for avoiding and combating healthism in college health.

Presenters: Leah Berkenwald MA

Assistant Director of Wellness and Coordinator of Alcohol & Other Drug Services Babson College

Christine Johnston MPH

Assistant Director, Alcohol & Other Drug Education and Health Promotion Springfield College

Beth Grampetro MPH, CHES

Director of Wellness Services Mount Ida College

CNE (Nursing): 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5

CONCURRENT SESSIONS E

Thursday Nov. 2 2:15-3:45pm

E-1: “The Medical Model” : An Alternative in Sports Medicine Administration.

Learning Objective #1: Differentiate Medical Model from other organization models of Athletic Training.

Learning Objective #2: Identify 3 ways to start a Medical Model within different settings of athletic training services.

Learning Objective #3: Describe 3 different ways that the Medical Model will improve patient care.

Learning Objective #4: Discuss benefits the Medical Model has on an athletic trainers’ health and well-being.

Presenters: Timothy Weston MEd, ATC

Head Athletic Trainer Colby College

CME: 1.5; CNE (Nursing): 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS E (cont.)

Thursday Nov. 2 2:15-3:45pm

E-2: Top 5 STD Updates for College Health: An Interactive Case-Based Workshop on STD Management in Young Adults

Learning Objective #1: Distinguish relevant updates to epidemiology, diagnosis, and treatment for bacterial, viral and other STDs.

Learning Objective #2: Provide new clinical resources (smartphone applications, STD Clinical Consultation Network) to access expert guidance on STD management at the point of care.

Learning Objective #3: Describe use of CDC STD treatment guidelines in young adults, inclusive of newer STD/HIV diagnostic tests and test algorithms.

Presenters: Katherine Hsu MD, MPH, *Associate Professor of Pediatrics*, Boston Univ. Med. Ctr.
Natalie Neu MD, MPH, *Associate Professor of Pediatrics*, Columbia University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5

E-3: Nursing Grand Rounds

Learning Objective #1: Identify a key physical exam and other objective data collection (lab work, imaging, etc.) components in working through complex cases.

Learning Objective #2: Identify key history components in working through a complex case as well as strategies for eliciting said history.

Learning Objective #3: Contrast among competing differential diagnoses.

Presenters: Lauri Gallimore BS, RN
Director of Nursing Dartmouth College

CNE (Nursing): 1.5

E-4: Community-based Management of Title IX Technologies: When students direct the creation and content for Title IX resource communication on campus

Learning Objective #1: Describe the concept of community-based management of resources.

Learning Objective #2: Identify community-based management strategies utilized in two example campuses related to Title IX resource content and platforms.

Learning Objective #3: Discuss ways in which community-based management strategies could strengthen student use of resources on participants' campuses.

Presenters: Barbara McCall MPH, CHES
Director of Health and Wellness Education Middlebury College
Elizabeth Drexler-Hines MPH, MCHES
Director, Student Health Services Assumption College

CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS E (cont.)

Thursday Nov. 2 2:15-3:45pm

E-5: Building Capacity for Collegiate Recovery on Campus

Learning Objective #1: Discuss historical experience of collegiate recovery programs, including current initiatives.

Learning Objective #2: Identify our experiences initiating and developing a collegiate recovery program on our campus.

Learning Objective #3: Describe institutes of higher education and collegiate recovery program.

Presenters: Linda Dunphy LCSW, LADC I

Director, UHS Health & Wellness Program University of Massachusetts Boston

Leah Barison LMHC, LADC-I

Mental Health Counselor Boston University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5

E-6: Health Promotion: Peer Review

Learning Objective #1: Identify three peer review strategies used by health promotion professionals.

Learning Objective #2: Explain three factors that foster or hinder the learning process or skill building during the peer review process.

Learning Objective #3: Explain peer review by conducting a review of work submitted by peers which will include assessing objectives to be consistent with strategy.

Presenters: Emily Pagano MS

Alcohol & Other Drug Education Coordinator University of Connecticut

Christine Johnston MPH

Assistant Director, Alcohol & Other Drug Education and Health Promotion Springfield College

Tara R. Schuster MS, MCHES

Coordinator of Health Promotion Rensselaer Polytechnic Institute

CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5

CONCURRENT SESSIONS F

Thursday, Nov 2 4:00-5:30 pm

F-1: "Parenting Journey"; A model program for working with today's college parents

Learning Objective #1: Contrast "rescuer" behaviors versus "helper" behaviors in parents of college students.

Learning Objective #2: Describe the Parenting Journey workshop with examples.

Learning Objective #3: Identify elements of the Parenting Journey workshop that could be used at participants' own college/university.

Presenters: Jacala Mills MA, Director of Health, Counseling, and Wellness Landmark College

Meg Spicer MSW, LICSW, Counselor, Sexual Respect Coordinator Landmark College

Victoria Tilson MA, Counselor, Wellness Specialis Landmark College

Jeanine Bedard MSW, LCSW, Counselor, Addictions Specialist Landmark College

Matthew Cherry MA, Counselor Landmark College

CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS F (cont.)

Thursday, Nov 2 4:00-5:30 pm

F-2: Evaluating Shoulder Problems in the College Population - a refresher for the primary care clinician

Learning Objective #1: Identify etiologies of shoulder problems in college health.

Learning Objective #2: List the elements of and perform a systematic examination of the shoulder.

Learning Objective #3: Explain management plans for common shoulder conditions in college students.

Presenters: Matthew Lunser DO

Team physician, Primary Care physician University of Vermont, Center for Health & Wellbeing

CME: 1.5; CNE (Nursing): 1.5

F-3: Providing Culturally Competent Care to LGBTQ+ Patients

Learning Objective #1: identify health disparities within the LGBTQ+ community.

Learning Objective #2: Describe how to adjust patient visits and health centers in ways that are inclusive for the LGBTQ+ community.

Presenters: Erin Halligan-Avery PhD

Administrative Director of Student Health and Counseling SUNY Geneseo

Aiden Cropsey BA

Assistant Director of the LGBT Resource Center Cornell University

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; NASW: 1.5

F-4: Applying Ethics and Professional Boundaries for Health Promotion Practitioners

Learning Objective #1: Compare professional boundaries with ethics for health promotion professionals.

Learning Objective #2: Discuss how personal values are applied to health education consultations/issues.

Learning Objective #3: Identify ethical principles that can be evaluated in health promotion case studies.

Presenters: Joleen M. Nevers MAEd, CHES, CSE, CSES

Associate Director/Health Education Coordinator University of Connecticut

Claudia Trevor-Wright MA, JD, MCHES

Assistant Director of Health Education Wellesley College

CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS F (cont.)

Thursday, Nov 2 4:00-5:30 pm

F-5: Mental Health Grand Rounds

Learning Objective #1: Discuss systemic/community resources in the management of students with serious mental illness.

Learning Objective #2: Review key psychodynamic aspects of care in the care of students with significant mental illness.

Learning Objective #3: Review key aspects of therapy in the utilization of acceptance and commitment principles in the treatment of students with significant mental illness.

Presenters: Mark Reed MD

Director, Dartmouth College Health Service Dartmouth College

Charles Morse MA, LMHC

Associate Dean for Student Development, Director of Counseling WPI

Felix Pizzi MS Ed, LMHC, CCMHC

Director, Wellness Center Southern New Hampshire University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

F-6: The Student Health Center as the Patient Center Medical Home: Did Anyone Remember to Tell the Student?

Learning Objective #1: Contrast the Patient Center Medical Home for students vs. other patients.

Learning Objective #2: List the student's technical skills supporting Patient Centered Medical Home deployment.

Presenters: Dennis Mihale MD, MBA

Chief Medical Officer Consolidated Health Plans

NBCC: 1.5; NASW: 1.5

CONCURRENT SESSIONS G

Friday, Nov. 3 8:00-9:30 am

G-1: Integrating Behavioral Health Services into the Primary Care Student Health Center: Innovative Staffing Models

Learning Objective #1: Describe evidence-based behavioral health protocols.

Learning Objective #2: List the titles and responsibilities of various primary care behavioral health staff.

Learning Objective #3: Describe the integrated care protocols and staffing that would be appropriate for their centers.

Presenters: Kevin Readdean MEd

Associate Director Rensselaer Polytechnic Institute

Heidi Kinnally PMHNP-BC, MSN, RN

Psychiatric Nurse Practitioner Syracuse University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS G (cont.)

Friday, Nov. 3 8:00-9:30 am

G-2: Asthma: management, treatment and viral exacerbations

Learning Objective #1: Describe asthma overview.

Learning Objective #2: Describe management of asthma.

Learning Objective #3: Describe medications used in treatment of asthma.

Presenters: Stacey sperling MD

Staff Physician Tufts University Student Health

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5

G-3: Cannabis and Other Drug Culture: An Update on Trends

Learning Objective #1: Review cannabis use in college students with respect to routes of ingestion use in students.

Learning Objective #2: Contrast different types of drug trends in students as they relate to or differ from cannabis culture.

Learning Objective #3: Discuss intervention strategies for campuses.

Presenters: Tom Fontana MS

BASICS Program Coordinator Univeristy of Vermont

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5

G-4: Best Practices in Peer Health Education: Unique Approaches to Overcoming Common Obstacles

Learning Objective #1: Describe best practices for the implementation of a peer health education program, depending on institutional capacity and available resources.

Learning Objective #2: Outline critical steps to creating a skill-based training for peer health educators.

Learning Objective #3: Discuss strategies for evaluating peer education programs, including quantitative and qualitative approaches.

Presenters: Amy Nadelan MS

Health Educator University of Rochester

Emily Pagano MS

Trinity College

Tanya Purdy MPH, MCHES

Brown University

CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS G *(cont.)*

Friday, Nov. 3 8:00-9:30 am

G-5: Recovery-Oriented Coaching for College Students Returning from a Serious Mental Health-Related Leave

Learning Objective #1: Define issues students may experience returning to college from a leave of absence related to a severe mental illness.

Learning Objective #2: Identify strategies to coach students towards a successful reintegration.

Learning Objective #3: Explain how to implement recovery-focused coaching principles.

Presenters: Nicole DeTore PhD

Postdoctoral Fellow Boston University Center for Psychiatric Rehabilitation

Sarah Satgunam MSW

Senior Trainer Boston University Center for Psychiatric Rehabilitation

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

CONCURRENT SESSIONS H

Friday, Nov. 3 11:00 am -12:30 pm

H-1: Journey to Wellness Program

Learning Objective #1: Define Complementary and Alternative Medicine.

Learning Objective #2: Describe the Journey to Wellness Program and its impact on student success.

Learning Objective #3: Identify Community Partnerships.

Presenters: Hollie Hall MS Ed, LMHC

Senior Director of Health and Wellness Alfred State

Maria Vanessa Stachowski RN-BC

Nurse 2 Alfred state

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; NBCC: 1.5

H-2: Implementing a College Wide Concussion Program

Learning Objective #1: Describe the process in setting up a comprehensive campus wide concussion care program to support students on a college campus.

Learning Objective #2: List the ways a college can support cognitive and physical rest on campus and aid in relieving symptoms of a concussion.

Learning Objective #3: List the ways a college campus can provide a framework to assist the student to return to academics and physical activity while on a college campus.

Presenters: Darlene Menz MS, CNP, ANP-BC

Adult Nurse Practitioner College of the Holy Cross

CME: 1.5; CNE (Nursing): 1.5; NBCC: 1.5; NASW: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS H (cont.)

Friday, Nov. 3 11:00 am -12:30 pm

H-3: Testing and Treatment Options for TB Infection

Learning Objective #1: Identify who to screen for TB infection based on risk of exposure and progression to disease.

Learning Objective #2: Describe the available screening tests, their indications for use and interpretation as part of the diagnostic evaluation for TB infection.

Learning Objective #3: Outline available regimens for treatment of persons with latent TB infection.

Presenters: W. Kemper Alson MD, MPH

Associate Director of Infectious Diseases Unit University of Vermont Medical Center

CME: 1.5; CNE (Nursing): 1.5

H-4: Engaging “Difficult” Communities in Health Promotion and Education

Learning Objective #1: Identify factors/barriers that may make some communities more challenging to engage with.

Learning Objective #2: Discuss strategies for enhancing community engagement efforts with established partners and creating new relationships with partners whom present challenges.

Learning Objective #3: Review case studies of challenging community engagement relationships and utilize strategies discussed to outline various pathways for improvement.

Presenters: Seirra Fowler MPH, CHES

Director of Health Education Wesleyan University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

H-5: On-campus response to eating disorders in sport: Why, Who, and How?

Learning Objective #1: Define the unique risk factors for eating disorders in collegiate sport.

Learning Objective #2: Describe the consequences to health and performance caused by eating disorders in sport.

Learning Objective #3: Identify the necessary components and resources needed for an on-campus response to eating disorder risk in collegiate athletics.

Presenters: Paula Quatromoni DSc, MS, RD, LDN

Associate Professor and Chair, Department of Health Sciences Boston University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5



FACULTY DISCLOSURES

Current guidelines require that participants in continuing education activities be made aware of 1) any relationships between speakers and commercial entities, and 2) any limitations in data cited. Through the Call for Programs process, speakers were asked to complete Faculty Disclosure Forms regarding relationships with commercial entities. Speakers will be asked to verbally address any limitations in data cited.

The following presenters have indicated that they have relationships with commercial entities to disclose:

John Miner, MD has disclosed that he is employed by a consulting company whose services are directly related to the topic of his presentation.

Gerard Fromm, PhD, has disclosed that he is employed by a consulting company whose services are directly related to the topic of his presentation.

All other speakers listed in this program have indicated that they have no relationship with commercial entities to disclose.



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CE Summary

Pre-Conference Sessions, Wednesday, Nov. 1 8:30-11:30am		CME	CNE	PsycE	CHES	MCHES	NBCC	NASW
PM-1	Reflections, Trends and Visions for the Future of College Wellness: A Working Workshop	3	3	3	3	3	3	3
PM-2	SBIRT works! Implementing a successful behavioral screening program at your health services.	3	3	3	3	3	3	3
PM-3	Nurse manager Roundtable		3					
PM-4	Let's Get Creative: Infographics, Impact Statements and Illustrating the Value of Our Work (Pre-Con)		3		3	3	3	3
PM-5	Should I Stay or Should I Go? Leaves of Absence: Policy, Process, and Legal Issues	3	3	3			3	3
General Session, Wednesday, Nov. 1 12:45-1:45 pm		CME	CNE	PsycE	CHES	MCHES	NBCC	NASW
GS-1	Becoming Resilient Health Professionals	1	1	1	1			1
Concurrent ~A~ Sessions, Wednesday, Nov. 1 2:00-3:30 pm		CME	CNE	PsycE	CHES	MCHES	NBCC	NASW
A-1	Choosing My Race? Multiracial Identity Development & Racial Fluidity	1.5	1.5		1.5	1.5	1.5	1.5
A-2	Medical Grand Rounds	1.5	1.5					
A-3	Assessment Refresher for Common Health Issues Encountered in a College Health Setting		1.5					
A-4	It Takes a Village: A model for cross-college and cross-community collaboration to address and prevent gender based violence	1.5	1.5	1.5	1.5	1.5	1.5	1.5
A-5	ACT Based Workshops for Psychological Skills Development	1.5	1.5	1.5			1.5	1.5
Concurrent ~B~ Sessions, Wednesday, Nov. 1 4:00-5:30pm		CME	CNE	PsycE	CHES	MCHES	NBCC	NASW
B-1	Leadership Round Table	1.5	1.5		1.5	1.5		
B-2	Considering the Clinical Care of Women: Beyond Paps, Periods, and Pills	1.5	1.5				1.5	
B-3	Nursing Hot Topics		1.5					
B-4	Opioid Overdose Prevention: Developing Harm Reduction in a University Setting	1.5	1.5		1.5		1.5	1.5
B-5	Mindful Self Compassion & Compassion Focused Therapy for College Based Mental Health Professionals	1.5	1.5	1.5			1.5	1.5
B-6	Introduction to Management of Anxiety for Medical Providers	1.5	1.5	1.5			1.5	1.5
Concurrent ~C~ Sessions, Thursday Nov. 2 8:30-10:00am		CME	CNE	PsycE	CHES	MCHES	NBCC	NASW
C-1	Promoting Resiliency-Focused, Trauma-Informed Practices on a Campus Student-of-Concern/Behavioral Intervention Team	1.5	1.5	1.5	1.5		1.5	1.5
C-2	You, too, can do this! Medical Care for Transgender and Gender Nonconforming Patients	1.5	1.5	1.5	1.5		1.5	1.5
C-3	An Update on Allergen Immunotherapy: Various Types, Indications, Effectiveness and Safety	1.5	1.5					
C-4	Online education's role in the health promotion office		1.5		1.5	1.5	1.5	1.5
C-5	Sexual Assault Survivors Support Groups: Why and how to offer this important resource on your campus	1.5	1.5	1.5			1.5	1.5
C-6	Engaging Identity- Holistic and Empathy Based Health Promotion: Reframing Campus Mental Health Programming	1.5	1.5		1.5		1.5	1.5
Concurrent ~D~ Sessions, Thursday Nov. 2 10:30-Noon		CME	CNE	PsycE	CHES	MCHES	NBCC	NASW
D-1	Faculty and Student Wellness Collaboration for Sexual Violence Prevention and Affirmative Consent Education.	1.5	1.5	1.5	1.5	1.5	1.5	1.5
D-2	Clinical Allergy Pearls	1.5	1.5					
D-3	Surviving and Thriving in College: Ways to Cultivate the Resilience of Our Students	1.5	1.5	1.5	1.5	1.5	1.5	1.5
D-4	Special Session From ACHA: The Direction of the SHIP: The Importance and Future of Student Health Insurance Plans							



PRESENTERS

W. Kemper Alson, MD, MPH
Associate Director of Infectious Diseases Unit
University of Vermont Medical Center
Burlington, VT
H-3

Jacqueline Anchondo, JD
Title IX Coordinator & Director of Title IX/Nondiscrimination Initiatives
Wellesley College
Wellesley, MA
A-4

Hannah Artiles-Stravers, MS
Director, Sexual Violence Outreach Awareness and Response Office
St. John's University
Queens, NY
D-1

Leah Barison, LMHC, LADC-I
Mental Health Counselor
Boston University
Boston, MA
E-5

Leah Berkenwald, MA
Assistant Director of Wellness and Coordinator of Alcohol & Other Drug Services
Babson College
Wellesley, MA
D-6, PM-4

Laura Braider, PhD
Director, Behavioral Health College Partnership
Northwell Health
Glen Oaks, NY
D-5

Vanessa Britto, MD, MSc
Director, Health Services
Wellesley College
Wellesley, MA
B-2

Stephen Buck, Psy D
Staff Psychologist
Tufts University
Medford, MA
B-6

Matthew Cherry, MA
Counselor
Landmark College
Putney, VT
F-1

Marianne Coscia, Bs, RN
Nurse Manager
Tufts University
Medford, MA
B-3

Aiden Cropsey, BA
Assistant Director of the LGBT Resource Center
Cornell University
Ithaca, NY
F-3

Elizabeth DeLuna, MFA, Graphic Design
Associate Professor, Graphic Design
St. John's University
Jamaica, NY
D-1

Nicole DeTore, PhD
Postdoctoral Fellow
Boston University Center for Psychiatric Rehabilitation
Boston, MA
G-5

Derek Doughty, MA
Case Manager
University of Massachusetts Amherst
Amherst, MA
D-3

Marilyn Downs, PhD, LICSW,
Staff Social Worker and Director of Outreach
Tufts University
Medford, MA
PM-5, C-5



PRESENTERS (continued)

**Elizabeth Drexler-Hines,
MPH, MCHES**

*Director, Student Health
Services*

Assumption College

Worcester, MA

E-4

**Linda Dunphy, LCSW,
LADC I**

*Director, UHS Health &
Wellness Program*

University of Massachusetts

Boston

Boston, MA

E-5

**Phyllis Fitzsimmons, MS,
LMHC**

*Assistant Director for
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B-5

Cheryl Flynn, MD, MS, MA

*Medical Director, Center for
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Univ of Vermont

Burlington, Vermont

PM-2

Tom Fontana, MS

BASICS Program Coordinator

Univeristy of Vermont

Burlington, Vermont

G-3

Seirra Fowler, MPH, CHES

Director of Health Education

Wesleyan University

Middletown, CT

H-4

Gerard Fromm, Ph.D.

Psychologist & Consultant

Austen Riggs Center / College

Health & Counseling Services

Consulting

Stockbridge, MA

PM-1

Lauri Gallimore, BS, RN

Director of Nursing

Dartmouth College

Hanover, NH

PM-3, E-3

Sharon Glezen, MD

Staff Physician

UVM Center for Health and

Wellbeing

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C-2

Beth Grampetro, MPH, CHES

Director of Wellness Services

Mount Ida College

Newton, MA

D-6

**Jessica GREHER TRAUE,
EdM**

*Director, Wellness and
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Bentley Unviersity

Waltham, MA

PM-4

Ashleigh Hala, MSW

Director of Sexual Assault

Prevention & Response

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Wellesley, MA

A-4

Hollie Hall, MS Ed, LMHC

Senior Director of Health and

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Alfred State

Alfred, New York

H-1

Erin Halligan-Avery, PhD

Administrative Director of

Student Health and Counseling

SUNY Geneseo

Geneseo, NY

F-3

SuEllen Hamkins, MD

Assistant Director, Psychiatric

Services

UMass-Amherst

Amherst, MA

C-1

Kari Hancock, MS, Ed

SBIRT clinician

UVM Student Health

Burlington, VT

PM-2

Rebecca Harrington, MA

Health Educator

SUNY Oneonta

Oneonta, New York

C-4



PRESENTERS (continued)

Jennifer Hodshon, MPH

*Associate Director, University
of Rhode Island Health*

Services

University of Rhode Island

Kingston, RI

B-1

Felina Kelly, MA Ed

Residence Director

Bentley University

Waltham, MA

A-1

Barbara McCall, MPH, CHES

Director of Health and

Wellness Education

Middlebury College

Middlebury, VT

E-4

Katherine Hsu, MD, MPH

*Medical Director, Division of
STD Prevention, Mass. Dept.*

of Public Health

Associate Professor of

Pediatric, Boston Univ. Med.

Ctr.

Jamaica Plain, MA

E-2

Jeanne Kincaid, JD

Attorney

Drummond Woodsum School

Law

Portsmouth, NH

PM-5

**Darlene Menz, MS, CNP,
ANP-BC**

Adult Nurse Practitioner

College of the Holy Cross

Worcester, Ma

H-2

Rachel Knopf Shey, MPH, RD

Assistant Director, Wellness &

Health Promotion

The New School

New York, NY

B-4

Kristina Mereigh, MPH

Director of Wellness Services

Smith College

Northampton, MA

C-6

Rachel Inker, MD

Family Physician

Community Health Centers

Burlington

Burlington, VT

C-2

Candice La Lima, PhD

Administrative Psychologist

Northwell Health

Glen Oaks, NY

D-5

Dennis Mihale, MD, MBA

Chief Medical Officer

Consolidated Health Plans

Springfield, MA

F-6

Christine Johnston, MPH

Assistant Director, Alcohol &

Other Drug Education and

Health Promotion

Springfield College

Springfield, MA

D-6, E-6

Matthew Lunser, DO

Team physician, Primary Care

physician

University of Vermont, Center

for Health & Wellbeing

Burlington, VT

F-2

Jacala Mills, MA

Director of Health, Counseling,

and Wellness

Landmark College

Putney, VT

F-1

Lisa Keefe, BS, RN

Clinical Coordinator

Wellesley College

Wellesley, MA

B-3

Susan Mahone, APRN, BC

Psychiatric/Mental Health

Clinical Nurse Specialist

Tufts University

Medford, MA

B-6

John Miner, MD

Psychiatrist & Consultant

Williams College (retired) /

College Health & Counseling

Services Consulting

West Stockbridge, MA

PM-1



PRESENTERS (continued)

Charles Morse, MA, LMHC

*Associate Dean for Student
Development/Director of
Counseling*

Worcester Polytechnic Institute
Worcester, MA
PM-5, A-5, F-5

**Tamara Oyola-Santiago, MA,
MPH, MCHES**

*Assistant Director, Wellness &
Health Promotion*

The New School
New York, NY
B-4

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*Clinical Assistant Professor of
Medicine*

University of Rochester
Rochester, NY
D-2

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Medicine*

Rochester Regional Health
Rochester, NY
C-3

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Storrs, CT
E-6, G-4

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A-4

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G-4

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State University of New York-
Geneseo
Geneseo, NY
PM-3, A-3

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Rensselaer Polytechnic
Institute

Troy, NY
G-1

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University of Connecticut
Storrs, CT
PM-1, F-4

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CCMHC**

Director, Wellness Center

Southern New Hampshire
University
Manchester, NH
F-5

**Sabrina Rebecchi, BA, Roger
Williams College 2008; MA,
William James College
(MSPP) 2011**

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Development*

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Worcester, MA
B-5

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E-2

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G-4

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RD, LDN**

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Boston University

Boston, MA
H-5

Mark Reed, MD

*Director, Dartmouth College
Health Service*

Dartmouth College
Hanover, NH
F-5



PRESENTERS (continued)

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Director

URI Health Services

Kingston, RI

B-1

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Staff Physician

Tufts University Student Health

Waban, MA

G-2

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Babson College

Wellesley, MA

PM-1

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Tufts University

Medford, MA

PM-5

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Counselor, Sexual Respect Coordinator

Landmark College

Putney, VT

F-1

Claudia Trevor- Wright, MA, JD, MCHES

Assistant Director of Health Education

Wellesley College

Wellesley, MA

PM-4, F-4

Sarah Satgunam, MSW

Senior Trainer

Boston University Center for Psychiatric Rehabilitation

Boston, MA

G-5

Maria Vanessa Stachowski, RN-BC

Nurse 2

Alfred state

Alfred, New York

H-1

Win Turner, PhD, Psychology

Director

Center for Behavioral Health Integration

Montpelier, VT

PM-2

Tara R. Schuster, MS, MCHES

Coord. of Health Promotion

Rensselaer Polytechnic Institute

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E-6

Gerri Taylor, MS

Associate Dean for Health, Counseling and Wellness

Bentley University

Waltham, MA

PM-1

Timothy Weston, MA Ed, ATC

Head Athletic Trainer

Colby College

Waterville, Maine

E-1

Arthur Seelig, MS, MSW

Vermont SBIRT trainer and quality assurance coordinator

Adcare Educational Institute

Augusta, ME

PM-2, GS-2

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Director of Prevention Programs

REACH Beyond Domestic Violence, Inc.

Waltham, MA

A-4

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Staff Physician

University of Connecticut Student Health Services

Simsbury, CT

A-2

Victoria Tilson, MA

Counselor, Wellness Specialis

Landmark College

Putney, VT

F-1

Sample Evaluation

Program # _____

Day / Time _____

Title: _____

By completing this form, I verify that I attended this session.

Rate effectiveness of the presenters:	Poor	Fair	Good	Very Good	Excellent
Speaker #1:	1	2	3	4	5
Speaker #2:					
Speaker #3:					
Rate presentation in terms of your ability to accomplish each learning objective:	Poor	Fair	Good	Very Good	Excellent
Learning Objective #1:	1	2	3	4	5
Learning Objective #2:	1	2	3	4	5
Learning Objective #3:	1	2	3	4	5
Learning Objective #4:					
Rate the following: D=Disagree, A=Agree	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree
1. Overall, I would rate this activity positively.	1	2	3	4	5
2. The activity effectively targeted my needs.	1	2	3	4	5
3. The activity was appropriate for my knowledge/skill level.	1	2	3	4	5
4. The format of the activity (e.g., lecture, discussion) was effective.	1	2	3	4	5
5. The presenter(s) demonstrated objectivity and balance.	1	2	3	4	5
6. The relationship of the learning objectives to the meeting's goals was appropriate.	1	2	3	4	5
7. The physical facilities were appropriate.	1	2	3	4	5
Did the presenter(s) appropriately address issues of diversity if applicable to the content of the session? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not applicable					
Did the presenter disclose any conflict of interest toward a product/organization? <input type="checkbox"/> Yes. Disclosure occurred. <input type="checkbox"/> No. There was a conflict of interest but no disclosure occurred. <input type="checkbox"/> No disclosure was necessary. <input type="checkbox"/> Don't know					
Please rate the extent to which you will change how you practice as a result of this educational session. 1 2 3 4 5 1 = No significant changes. 3=Minor changes. 5=Significant changes					
How could this activity be improved?					
If you are requesting CNEs, you must complete the following section.					
1. List at least one new skill that they will take back to their practice.					
2. List at least two self-care activities that you will integrate into your practice as a health care provider					
3. List at least one way you can prepare for a crisis as a leader, as part of a <u>sphere</u> of influencers on campus.					
4. Explain at least one intervention that will improve services available or utilized to an underserved population on their campus.					

EVALUATIONS

Successful Completion of the Educational Activity

To receive continuing education credit/contact hours, participants are required to:

- a) sign in at the Registration Booth upon arrival at the meeting
- b) attend each session for which credit is requested in its entirety
- c) complete the online session evaluation (or paper evaluation form for each session)

Evaluations for continuing education credit and future planning will be conducted online.

An example of the evaluation is included on this page.

The link will be active at www.NECHAonline.org and on the onsite Yapp app during and immediately following the conference.

Evaluations must be submitted in one sitting and completed by *Friday, November 17.*

Certificates of attendance will be distributed online as evaluations are completed.



New England | New York College Health Association NECHA | NYSCHA 2017



General Information

NAMEBADGES

Please wear your name badge at all times. It is your entry to sessions, meals, and exhibit hall. For single day registrants, your badge is only valid on the day you are registered.

EXHIBITS HOURS

Wednesday, 8:00am - 5:30pm

Thursday, 7:30am - 4:00pm

We invite you to visit the exhibits and welcome the representatives of organizations whose products and services are of special interest to college health professionals. Visit the exhibits and have your passport validated for a chance to win a gift inspired by Burlington — with a \$100 value!

PRESENTER MATERIALS

Handouts for the majority of the sessions are available at www.NECHAonline.org. Some presenters may bring handouts; others do not lend themselves to handouts.

MEETING GOALS

Along with the NECHA and NYSCHA community and invited guests, the purpose and goals of the 2017 Annual Meeting include:

Bringing together the ACHA membership and regional college health professionals for 3 days of sharing best practice, procedures, and innovation in college health. Provide a platform of continued learning and discussion on current and relevant issues that further the college health profession and enhance the lives of students on their campuses.