NECHA | NYSCHA 2017 Combined Annual Meeting
Bridging the Gap: Collaborating to Succeed

November 1-3, 2017
HILTON HOTEL
Burlington, Vermont

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FROM THE PROGRAM CHAIR
Lauri Gallimore, BS, RN, Director of Nursing, Dartmouth College
2017 Annual Meeting Program Chair

Bridging the Gap: Collaborating to Succeed. This year’s theme represents several different things to me.

It clearly demonstrates the collaboration that we are fortunate to experience every two years with our combined NECHA/NYSCHA meeting. It also represents how important it is that different departments within a health service and on campus can make positive differences by working together towards the goal of providing comprehensive health care to our students. Lastly, we must work together to care for ourselves, and each other, so that we can best take care of our students.

Our three featured speakers touch on our theme in different ways, but clearly show the importance of working together and how it can affect outcomes. Our conference will open with Greg Eels, PhD., Director of CAPS at Cornell University. Dr. Eels will discuss resiliency and how that allows us to better care for ourselves and students. Our featured speakers on Thursday will be Win Turner, PhD, LADC, VTSBIRT Director and Arthur Seelig, MS, MSW, VTSBIRT Trainer and QA Coordinator. They will be discussing the changes and challenges we are all facing on campus in regards to increased cannabis use. Lastly, Erin Halligan-Avery, PhD the Administrative Director of Student Health and Counseling at SUNY Geneseo will review what we can learn from recent campus tragedies.

We had a tremendous response to our call for proposals and have a full schedule offering six sessions for almost every block. After reviewing the feedback from the Newport conference, we have included interactive programs and a session related to transgender care. I would like to send a huge shout out to our programming committee who did a wonderful job in putting together a great line up of sessions! There will be opportunities for us to relax and rejuvenate, as we care for ourselves through yoga and mindfulness. Please look for our “positivity board” which will be set up in the registration area, where you can share or read messages of encouragement and optimism.

Thank you,
Lauri Gallimore, BS, RN
**Wednesday, November 1**
8:00 AM Registration & Exhibits begin
8:30 - 11:30 AM Pre-Meeting Workshops
11:45 - 12:45 PM Lunch & Exhibits
12:45 - 1:45 PM Welcome, Opening Remarks & General Session
1:45 PM 5-Minute Guided Meditation with Kerry Fantelli
2:00 - 3:30 PM Concurrent – A – Sessions
3:30 - 4:00 PM Afternoon Break with Exhibitors
4:00 - 5:30 PM Concurrent – B – Sessions
6:00 - 8:30 PM NECHA | NYSCHA Reception & Soiree; Awards

**Thursday, November 2**
7:00 AM 30-Minute Yoga with Kerry Fantelli
7:30 AM Continental Breakfast (Registration & Exhibits continues)
8:30 - 10:00 AM Concurrent – C – Sessions
10:00 - 10:30 AM Morning Break with Exhibitors
10:30 AM - Noon Concurrent – D – Sessions
Noon - 1:00 PM Lunch & Exhibits
1:00 - 2:00 PM General Session
2:15 - 3:45 PM Concurrent – E – Sessions
3:45 - 4:00 PM Afternoon Break with Exhibitors
4:00 - 5:30 PM Concurrent – F – Sessions
6:00 - 7:00 PM 60-Minute Yoga with Kerry Fantelli

**Friday, November 3**
7:30 AM Continental Breakfast (Registration continued)
8:00-9:30 AM Concurrent – G – Sessions
9:45 - 10:45 AM General Session
10:45 - 11:00 AM Morning Break
11:00 AM - 12:30 PM Concurrent – H – Sessions
CONTINUING EDUCATION

CME Credits: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College Health Association and New England College Health Association. The American College Health Association is accredited by the ACCME to provide continuing medical education for physicians.

The American College Health Association designates this live activity for a maximum of 17.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CE Credits for Psychologists (PsyCE): This educational activity is co-sponsored by the American College Health Association and the New England College Health Association. The American College Health Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American College Health Association maintains responsibility for this program and its content. ACHA has awarded this program 18.0 hours of continuing education for psychologists. Psychologists must attend each session in its entirety in order to qualify for CE credit for that session.

CECH Contact Hours (CHES/MCHES): This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 17.0 total Category I continuing education contact hours. Maximum advanced-level contact hours available are 13.0 contact hours.

NBCC Credits: NECHAINYSCHA 2017 has been approved by NBCC for NBCC credit. Sessions approved for NBCC credit are clearly identified. NECHAINYSCHA 2017 is solely responsible for all aspects of the program. NBCC Approval No. SP-2925.

Nursing Contact Hours (CNE): This continuing nursing education activity was approved by the Pennsylvania State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

NASW Contact Hours: This program is Approved by the National Association of Social Workers (#886449811-5550) for 18.0 Social Work continuing education contact hours.
SPECIAL THANKS TO THE PLANNING COMMITTEE

PROGRAM CHAIR:
Lauri Gallimore, BS, RN, Dartmouth College

2017 COMMITTEE MEMBERS:
Bob Murray EdD, US Coast Guard Academy
Deborah Penoyer, MS, RN, SUNY Geneseo
Anne Kearney, MSW, LeMoyne College
Barbara McCall MPH, CHES, Middlebury College
Becky Minus MSN, RN, CNL, Brown University
Beth Grampetro MPH, CHES, Mount Ida College
Charlie Morse LMHC, Worcester Polytechnic Institute
Cheryl Flynn MD, MS, MA, University of Vermont
Deb Perkins MPH, RN, Southern New Hampshire University
Ellen Reynolds MS, University of Rhode Island
Emily Pagano MS, University of Connecticut
Emily Rosenthal MPH, LMSW, Southern CT University
Erin Halligan-Avery, PhD, SUNY Geneseo
Jessica Greher-Traue EdM, Bentley University
Joleen Nevers MA, Ed, CHES,CS, University of Connecticut
Julie Ross PhD, Tufts University
Kalei Ensminger MS, FNP-BC, Salem State
Kathleen Camelo, MD, SUNY Plattsburgh
Kim Daly DNP, APRN, FNP-C, Salem State
Lisa Keefe BS, RN, Wellesley College
Liz Drexler-Hines MPH, Assumption College
Marianne Coscia RN, Tufts University
Marta Carlson PhD, Assumption College
Nancy Haensch APRN, Western Connecticut University
Ryan Travia MEd, Babson College
Sarah Dionne LICSW, UMASS Lowell
Sharon Capuano MSN, FNP-BC, Salve Regina University

Program Planning Committee members have been asked to complete conflict of interest statements regarding relationships with commercial entities. All members of the Program Planning Committee have reported no relevant financial conflicts of interest.

NON-DISCRIMINATION STATEMENT

NECHA is an organization of individuals dedicated to promoting the health, safety, and well-being of college students through primary care, mental health services, health counseling, health education, and health promotion activities. NECHA also recognizes its role as an advocate for health services and their representatives in areas relating to college health.
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Bentley University for creating the YAPP application for NECHA | NYSCHA 2017!

EXHIBITORS

BeWell.md Campus Telehealth
Caduceus International Publishing
Cambridge Eating Disorder Center
Caution Wear Corp.
Commons Sense Medical
Consolidated Health Plan
Ellenhorn
Future Health
Gallagher Student Health & Special Risk
Gilead Sciences, Inc
Granite Recovery Centers
Medicat
Merck Vaccines
Pfizer
Pharmedix

Planned Parenthood League of Massachusetts
Planned Parenthood of Northern New England
Point and Click Solutions, Inc
PyraMED Health Systems
Ratelle Prevention Training Center
Academic Healthplans, Inc
Screening For Mental Health
Sleep 101
Student Healthcare Solutions
The Allen J. Flood Companies Inc
Timberline Knolls
University Health Plans
USI Student Insurance Division
Veru Healthcare
NueMD
UnitedHealthcare StudentResources
Walden Behavioral Care

NON-ENDORSEMENT OF PRODUCTS

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WEDNESDAY GENERAL SESSION 12:45 - 1:45 p.m.

GS-1: Becoming Resilient Health Professionals
Learning Objective #1: Review broader philosophical and institutional issues that contribute to staff stress.
Learning Objective #2: Explain how staff meet their own personal needs in relation to the needs of their students.
Learning Objective #3: Explore the concept of resilience within a health service context.

Presenters:
Gregory Eells PhD, Director CAPS, Cornell Health Cornell University

CME: 1; CNE (Nursing): 1; PsyCE: 1; CHES: 1; NASW: 1

THURSDAY GENERAL SESSION 1:00 - 2:00 p.m.

GS-2: Seeing Through the Smoke: A New Lens on Addressing Marijuana use in College Students
Learning Objective #1: Describe the status of cannabis in today’s landscape.
Learning Objective #2: Explain the impact of cannabis use on today’s college students.
Learning Objective #3: Identify strategies that exist and are evolving that to address Cannabis in our college students’ lives.
Learning Objective #4: List strategies current New England colleges and Universities employ to help deal with cannabis use on their campuses.

Presenters:
Win Turner PhD, LADC, VTSBIRT Project Director Center for Behavioral Health Integration
Jon Porter MD, Director, Center for Health & Wellbeing University of Vermont
Arthur Sellig MS, MSW, Vermont SBIRT trainer and quality assurance coordinator Adcare Educational Institute

CME: 1; CNE (Nursing): 1; PsyCE: 1; CHES: 1; NBCC: 1; NASW: 1

FRIDAY GENERAL SESSION 9:45 - 10:45 a.m.

GS-3: Called to Task – Crucial Takeaways from Recent Campus Tragedies
Learning Objective #1: Discuss how to sensitize participants to unplanned challenges experienced at peer institutions.
Learning Objective #2: Identify how to prepare and be leaders within sphere of influence when, not if, crisis strikes.
Learning Objective #3: Explain pragmatic guidance and provide suggested tools that can be integrated into campus systems to improve outcomes in the face of tragedy.

Presenters:
Erin Halligan-Avery PhD, Administrative Director of Student Health and Counseling SUNY Geneseo
Greg Sammons MA, VP for Student Affairs Alfred State

CME (Nursing): 1; PsyCE: 1; NBCC: 1; NASW: 1
PM-1: **Reflections, Trends and Visions for the Future of College Wellness: A Working Workshop**

**Learning Objective #1:** Review the evolution and emergence of the concept of wellness in College Health.

**Learning Objective #2:** Identify the limitations and resistances to campus wide wellness programs.

**Learning Objective #3:** Describe strategies for advancing integrated wellness programs and initiatives on campuses.

**Presenters:**
- John Miner MD  
  *Psychiatrist & Consultant*  
  Williams College (retired) / College Health & Counseling Services Consulting
- Ryan Travia M Ed  
  *Associate Dean of Students for Wellness*  
  Babson College
- Gerri Taylor MS  
  *Associate Dean for Health, Counseling and Wellness*  
  Bentley University
- Gerard Fromm PhD  
  *Psychologist & Consultant*  
  Austen Riggs Center / College Health & Counseling Services Consulting
- Joleen M. Nevers MAEd, CHES, CSE, CSES  
  *Associate Director*  
  University of Connecticut

**CME:** 3; **CNE (Nursing):** 3; **PsyCE:** 3; **CHES:** 3; **MCHES:** 3; **NBCC:** 3; **NASW:** 3

PM-2: **SBIRT works! Implementing a successful behavioral screening program at your health services.**

**Learning Objective #1:** Define SBIRT and explain the rational for implementing universal screening of substance use in a college setting.

**Learning Objective #2:** Describe the SBIRT model.

**Learning Objective #3:** Understand UVM's implementation of SBIRT in the student health primary care clinic.

**Learning Objective #4:** List steps that attendees can do to further screening for high risk behaviors at their own institutions.

**Presenters:**
- Cheryl Flynn MD, MS, MA  
  *Medical Director, Center for Health & Wellbeing*  
  Univ of Vermont
- Win Turner PhD  
  *Director*  
  Center for Behavioral Health Integration
- Kari Hancock MS  
  *SBIRT clinician*  
  UVM Student Health
- Arthur Seelig MS, MSW  
  *Vermont SBIRT trainer and quality assurance coordinator*  
  Adcare Educational Institute

**CME:** 3; **CNE (Nursing):** 3; **PsyCE:** 3; **CHES:** 3; **MCHES:** 3; **NBCC:** 3; **NASW:** 3
PM-3: Nurse manager Roundtable

Learning Objective #1: Identify common challenges in health service.
Learning Objective #2: Discuss strategies to address the challenges identified.
Learning Objective #3: Discuss an individual action plan to bring back to health centers.

Presenters: Lauri Gallimore BS, RN  
Director of Nursing Dartmouth College
Deborah Penoyer MS, RN  
Nurse Manager State University of New York- Geneseo

CNE (Nursing): 3

PM-4: Let’s Get Creative: Infographics, Impact Statements and Illustrating the Value of Our Work (Pre-Con)

Learning Objective #1: Define the basic elements for graphic design, infographics and impact statements.
Learning Objective #2: Identify and build comfort using free web-based and other widely available tools to create compelling graphics.
Learning Objective #3: Describe how to translate your own data into sample graphic elements you can use.

Presenters: Jessica Greher Traue EdM  
Director, Wellness and Prevention Bentley University
Claudia Trevor- Wright MA, JD, MCHES  
Assistant Director of Health Education Wellesley College
Leah Berkenwald MA  
Assistant Director of Wellness and Coordinator of Alcohol & Other Drug Services Babson College

CNE (Nursing): 3; CHES: 3; MCHES: 3; NBCC: 3; NASW: 3

PM-5: Should I Stay or Should I Go? Leaves of Absence: Policy, Process, and Legal Issues

Learning Objective #1: Describe the 2011 changes to the ADA and relevant case law and best practices.
Learning Objective #2: Compare existing policies with best practices based on legal and pedagogical goals.
Learning Objective #3: Outline changes in policy, procedure, and/or support and resources for students that can be made at participants’ institution to ensure compliance with the law and contribute to student success.

Presenters: Julie Ross PhD  
Director, Counseling and Mental Health Service Tufts University
Charles Morse MA, LMHC  
Associate Dean for Student Development/Director of Counseling Worcester Polytechnic Institute
Jeanne Kincaid JD  
Attorney DrummondWoodsum School Law
Marilyn Downs PhD, LICSW  
Staff Social Worker and Director of Outreach Tufts University

CME: 3; CNE (Nursing): 3; PsyCE: 3; NBCC: 3; NASW: 3
A-1: Choosing My Race? Multiracial Identity Development & Racial Fluidity
Learning Objective #1: Describe aspects of multiracial identity development.
Learning Objective #2: Describe institutions’ practices in the use of demographic information collected from their students.
Learning Objective #3: List 1 or more ways to be more inclusive of students who identify as multiracial and/or racially fluid in their daily practices.

Presenters: Felina Kelly MA
Residence Director Bentley University

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

A-2: Medical Grand Rounds
Learning Objective #1: Identify key history components in working through a complex case as well as strategies for eliciting said history.
Learning Objective #2: Identify key physical exam and other objective data collection (lab work, imaging, etc.) components in working through a complex case.
Learning Objective #3: Contrast among competing differential diagnoses.

Presenters: Peter (Davis) Smith MD
Staff Physician University of Connecticut Student Health Services

CME: 1.5; CNE (Nursing): 1.5

A-3: Assessment Refresher for Common Health Issues Encountered in a College Health Setting
Learning Objective #1: Review key aspects that a targeted nursing assessment must include and indications for emerging disease processes that require an advanced assessment and treatment by MD/NP/PA.
Learning Objective #2: Discuss assessment findings and techniques to obtain these that may trigger collaboration with MD/NP/PA for further evaluation.
Learning Objective #3: Discuss learning techniques that take into account students’ prior experience and preferences.

Presenters: Deborah Penoyer MS, RN
Nurse Manager SUNY Geneseo

CNE (Nursing): 1.5
A-4: It Takes a Village: A model for cross-college and cross-community collaboration to address and prevent gender based violence

Learning Objective #1: Outline the learners local service landscape to articulate potential cross-college and/or cross-community relationships.
Learning Objective #2: Identify service gaps where collaboration would benefit the learners prevention strategies and/or direct service.
Learning Objective #3: Define the nature of a mutually beneficial relationship between colleges/universities and community organizations.

Presenters: Ashleigh Hala MSW
Director of Sexual Assault Prevention & Response Services Babson College
Karin Raye JD
Professor of Justice Studies Lasell College
Jacqueline Anchondo JD
Title IX Coordinator & Director of Title IX/Nondiscrimination Initiatives Wellesley College
Jessica Teperow BA
Director of Prevention Programs REACH Beyond Domestic Violence, Inc.

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

A-5: ACT Based Workshops for Psychological Skills Development

Learning Objective #1: Discuss the practicalities of setting up short term, skill based workshops appropriate for most students seeking therapy.
Learning Objective #2: Describe content of the three session workshops.
Learning Objective #3: Discuss the impact of implementing skills workshops as an integral part of an efficient and effective clinical delivery model.
Learning Objective #4:

Presenters: Charles Morse MA, LMHC
Associate Dean for Student Development/Director of Counseling Worcester Polytechnic Institute

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5
B-1: Leadership Round Table
Learning Objective #1: Discuss important information that is current and relevant to college health leaders to ensure they can be highly effective in their role.
Learning Objective #2: Describe strategic planning for college health and model best practice.
Learning Objective #3: Identify steps to accreditation process for college health.

Presenters: Ellen Reynolds MS, Director URI Health Services
Jennifer Hodshon MPH, Associate Director, University of Rhode Island Health Services University of Rhode Island

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5

B-2: Considering the Clinical Care of Women: Beyond Paps, Periods, and Pills
Learning Objective #1: Describe biological sex differences in the expression of disease prevalence, presentation, and management.
Learning Objective #2: Identify several common diagnoses that present differently in women compared to men.
Learning Objective #3: List ways in which clinical management of common diagnoses should be re-considered or approached differently for women.

Presenters: Vanessa Britto MD, MSc, Director, Health Services Wellesley College

CME: 1.5; CNE (Nursing): 1.5; NBCC: 1.5

B-3: Nursing Hot Topics
Learning Objective #1: Describe how to identify and manage Norovirus on campus.
Learning Objective #2: Explain the Opioid Epidemic and Narcan use and administration.
Learning Objective #3: Review protocol in place for norovirus.

Presenters: Marianne Coscia BS, RN, Nurse Manager Tufts University
Lisa Keefe BS, RN, Clinical Coordinator Wellesley College

CME (Nursing): 1.5

B-4: Opioid Overdose Prevention: Developing Harm Reduction in a University Setting
Learning Objective #1: Describe The New School’s opioid overdose prevention program, including capacity building strategies.
Learning Objective #2: Identify the various harm reduction services that are possibilities within a university setting.

Presenters: Tamara Oyola-Santiago MA, MPH, MCHES, Assistant Director, Wellness & Health Promotion The New School
Rachel Knopf Shey MPH, RD, Assistant Director, Wellness & Health Promotion The New School

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5
CONCURRENT SESSIONS B (cont.)

Wednesday, Nov. 1  4:00-5:30 pm

B-5: Mindful Self Compassion & Compassion Focused Therapy for College Based Mental Health Professionals

Learning Objective #1: Define mindful self-compassion.
Learning Objective #2: Discuss the importance of therapist’s personal practice of mindful self-compassion in effectively working with students.
Learning Objective #3: Discuss how to incorporate self-compassion and compassion focused techniques into the therapeutic setting.

Presenters: Phyllis Fitzsimmons MS, LMHC, Assistant Director for Counseling Services Worcester Polytechnic Institute/Student Development & Counseling Center
Sabrina Rebecchi BA, MA, Assistant Director for Student Development Worcester Polytechnic Institute/Student Development and Counseling Center

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

B-6: Introduction to Management of Anxiety for Medical Providers

Learning Objective #1: Describe how anxiety presents in the primary care setting.
Learning Objective #2: Describe standard management of anxiety in Counseling Centers.
Learning Objective #3: Describe pharmacologic management of anxiety during acute presentation in the medical setting and for initial ongoing management.

Presenters: Susan Mahone APRN, BC, Psychiatric/Mental Health Clinical Nurse Specialistmenz Tufts University
Stephen Buck Psy D, Staff Psychologist Tufts University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

CONCURRENT SESSIONS C

Thursday Nov. 2  8:30-10:00 am

C-1: Promoting Resiliency-Focused, Trauma-Informed Practices on a Campus Student-of-Concern/Behavioral Intervention Team

Learning Objective #1: Describe the features of resiliency-focused, trauma-informed approaches in assessing and responding to at-risk students.
Learning Objective #2: Describe the purpose and benefits of a multi-departmental campus student of concern team in supporting and protecting at-risk students and the campus community.
Learning Objective #3: Explain practices that can be implemented to promote a resiliency-focused, trauma-informed approach on the student of concern team.

Presenters: SuEllen Hamkins MD
Assistant Director, Psychiatric Services UMass-Amherst

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5
CONCURRENT SESSIONS C (continued) Thursday Nov. 2 8:30-10:00 am

C-2: You, too, can do this! Medical Care for Transgender and Gender Nonconforming Patients

Learning Objective #1: Define diagnosis of gender identity disorder and review criteria for gender-affirming hormone treatment.
Learning Objective #2: Review published protocols in the provision of medical care to transgender and gender nonconforming patients.
Learning Objective #3: List appropriate resources currently available to providers of care for transgender and gender non-conforming patients.

Presenters: Sharon Glezen MD
Staff Physician UVM Center for Health and Wellbeing
Rachel Inker MD
Family Physician Community Health Centers Burlington

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5

C-3: An Update on Allergen Immunotherapy: Various Types, Indications, Effectiveness and Safety

Learning Objective #1: Describe mechanism and different types of AIT.
Learning Objective #2: Describe the indications for AIT and effects of AIT.
Learning Objective #3: Describe safety considerations and management of adverse reactions.

Presenters: S Shahzad Mustafa MD
Clinical Assistant Professor of Medicine Rochester Regional Health

CME: 1.5; CNE (Nursing): 1.5; PsyCE

C-4: Online education’s role in the health promotion office

Learning Objective #1: Compare strengths and weaknesses of online education.
Learning Objective #2: Describe the steps to create and launch a custom online training module.
Learning Objective #3: Identify missed opportunities to further strengthen comprehensive sexual violence prevention (and other health promotion initiatives) on college campuses.

Presenters: Rebecca Harrington MA
Health Educator SUNY Oneonta

CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5
C-5: Sexual Assault Survivors Support Groups: Why and how to offer this important resource on your campus

Learning Objective #1: Explain the benefits of a time-limited support group for sexual assault survivors.
Learning Objective #2: Identify specific steps involved in running a survivors support group, including recruitment and member selection, group structure and process, leadership roles and issues, and common group issues and themes.

Presenters: Marilyn Downs PhD, LICSW
Director of Outreach, Counseling and Mental Health Service Tufts University Counseling and Mental Health Service

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

C-6: Engaging Identity- Holistic and Empathy Based Health Promotion: Reframing Campus Mental Health Programming

Learning Objective #1: Define "brand" marketing and how it can be used to effectively promote health programming.
Learning Objective #2: Review empathy based programming model for reducing Stress, Isolation and Suicidal Ideation at Smith College (Spring 2017).
Learning Objective #3: Define modes of advocacy for influencing school policy in regards to integrating wellness and mental health programming further into campus life.

Presenters: Kristina Mereigh MPH
Director of Wellness Services Smith College

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5

D-1: Faculty and Student Wellness Collaboration for Sexual Violence Prevention and Affirmative Consent Education.

Learning Objective #1: List benefits of collaboration with faculty in prevention and securing senior administrative support.
Learning Objective #2: Compare faculty collaboration opportunities with specific academic disciplines.
Learning Objective #3: Discuss faculty's needs for collaboration.

Presenters: Hannah Artiles-Stravers MS, Director, Sexual Violence Outreach Awareness and Response Office St. John's University
Elizabeth DeLuna MFA, Associate Professor, Graphic Design St. John's University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5
CONCURRENT SESSIONS D (continued) Thursday Nov. 2 10:30-Noon

D-2: Clinical Allergy Pearls

Learning Objective #1: Describe the approach to penicillin allergy and the cross reactivity between penicillins and cephalosporins.

Learning Objective #2: List the common food allergens and which common food allergens can cause airborne reactions.

Learning Objective #3: Describe commonly missed diagnoses presenting in the allergy/immunology clinic, including chronic urticaria, contact dermatitis, atopic dermatitis, and vocal cord dysfunction.

Learning Objective #4: Describe recognition and management of subcutaneous immunotherapy.

Presenters: Allison Ramsey MD
Allergy/Immunology Physician at Rochester Regional Health, Clinical Assistant Professor of Medicine at the University of Rochester Rochester Regional Health

CME: 1.5; CNE (Nursing): 1.5

D-3: Surviving and Thriving in College: Ways to Cultivate the Resilience of Our Students

Learning Objective #1: Discuss recent research findings about student resilience, retention, and wellbeing.

Learning Objective #2: Describe interventions that can improve retention and success of vulnerable students from diverse backgrounds.

Learning Objective #3: Describe new initiatives to foster wellbeing and resilience begun at UMass-Amherst.

Presenters: SuEllen Hamkins MD
Assistant Director, Psychiatric Services University of Massachusetts-Amherst
Derek Doughty MA
Case Manager University of Massachusetts Amherst

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

SPECIAL SESSION FROM ACHA

D-4: The Direction of the SHIP: The Importance and Future of Student Health Insurance Plans

A presentation regarding the role and variety of student health insurance plans in student coverage, the interaction of these plans with Medicaid, and the future potential of these plans in ensuring student coverage while reducing resource strain.

Presenters: Brett Sebastian, Director of Advocacy, ACHA
CONCURRENT SESSIONS D (cont.)

Thursday Nov. 2 10:30-Noon

D-5: College Student Psychiatric Crisis and Inpatient Hospitalization: Special Considerations

Learning Objective #1: Identify diverse challenges and unique clinical needs in treatment of college students facing psychiatric crisis.

Learning Objective #2: Describe specialized clinical programs and protocols designed to address the clinical needs of college students in psychiatric crisis and in need of acute care treatment.

Learning Objective #3: Discuss unique clinical data characterizing 902 students psychiatrically hospitalized.

Presenters: Laura Braider PhD
Director, Behavioral Health College Partnership Northwell Health

Candice La Lima PhD
Administrative Psychologist Northwell Health

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

D-6: Healthism and its Impact on College Health #Fitspo #NoExcuses #CleanEating #NoPainNoGain

Learning Objective #1: Define healthism.

Learning Objective #2: Identify examples of healthism in their campus communities and challenges around healthism in their work.

Learning Objective #3: Discuss best practices for avoiding and combating healthism in college health.

Presenters: Leah Berkenwald MA
Assistant Director of Wellness and Coordinator of Alcohol & Other Drug Services Babson College

Christine Johnston MPH
Assistant Director, Alcohol & Other Drug Education and Health Promotion Springfield College

Beth Grampetro MPH, CHES
Director of Wellness Services Mount Ida College

CNE (Nursing): 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5

CONCURRENT SESSIONS E

Thursday Nov. 2 2:15-3:45pm


Learning Objective #1: Differentiate Medical Model from other organization models of Athletic Training.

Learning Objective #2: Identify 3 ways to start a Medical Model within different settings of athletic training services.

Learning Objective #3: Describe 3 different ways that the Medical Model will improve patient care.

Learning Objective #4: Discuss benefits the Medical Model has on athletic trainers’ health and well-being.

Presenters: Timothy Weston MEd, ATC
Head Athletic Trainer Colby College

CME: 1.5; CNE (Nursing): 1.5
E-2: Top 5 STD Updates for College Health: An Interactive Case-Based Workshop on STD Management in Young Adults
Learning Objective #1: Identify relevant updates to epidemiology, diagnosis, and treatment for bacterial, viral and other STDs.
Learning Objective #2: Provide new clinical resources (smartphone applications, STD Clinical Consultation Network) to access expert guidance on STD management at the point of care.
Learning Objective #3: Describe use of CDC STD treatment guidelines in young adults, inclusive of newer STD/HIV diagnostic tests and test algorithms.

Presenters: Katherine Hsu MD, MPH, Associate Professor of Pediatrics, Boston Univ. Med. Ctr.
Natalie Neu MD, MPH, Associate Professor of Pediatrics, Columbia University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5

E-3: Nursing Grand Rounds
Learning Objective #1: Identify a key physical exam and other objective data collection (lab work, imaging, etc.) components in working through complex cases.
Learning Objective #2: Identify key history components in working through a complex case as well as strategies for eliciting said history.
Learning Objective #3: Contrast among competing differential diagnoses.

Presenters: Lauri Gallimore BS, RN
Director of Nursing Dartmouth College

CNE (Nursing): 1.5

E-4: Community-based Management of Title IX Technologies: When students direct the creation and content for Title IX resource communication on campus
Learning Objective #1: Describe the concept of community-based management of resources.
Learning Objective #2: Identify community-based management strategies utilized in two example campuses related to Title IX resource content and platforms.
Learning Objective #3: Discuss ways in which community-based management strategies could strengthen student use of resources on participants’ campuses.

Presenters: Barbara McCall MPH, CHES
Director of Health and Wellness Education Middlebury College
Elizabeth Drexler-Hines MPH, MCHES
Director, Student Health Services Assumption College

CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5
E-5: Building Capacity for Collegiate Recovery on Campus

Learning Objective #1: Discuss historical experience of collegiate recovery programs, including current initiatives.
Learning Objective #2: Identify our experiences initiating and developing a collegiate recovery program on our campus.
Learning Objective #3: Describe institutes of higher education and collegiate recovery program.

Presenters: Linda Dunphy LCSW, LADC I
   Director, UHS Health & Wellness Program University of Massachusetts Boston
Leah Barison LMHC, LADC-I
   Mental Health Counselor Boston University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5

E-6: Health Promotion: Peer Review

Learning Objective #1: Identify three peer review strategies used by health promotion professionals.
Learning Objective #2: Explain three factors that foster or hinder the learning process or skill building during the peer review process.
Learning Objective #3: Explain peer review by conducting a review of work submitted by peers which will include assessing objectives to be consistent with strategy.

Presenters: Emily Pagano MS
   Alcohol & Other Drug Education Coordinator University of Connecticut
Christine Johnston MPH
   Assistant Director, Alcohol & Other Drug Education and Health Promotion Springfield College
Tara R. Schuster MS, MCHES
   Coordinator of Health Promotion Rensselaer Polytechnic Institute

CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5

F-1: "Parenting Journey"; A model program for working with today's college parents

Learning Objective #1: Contrast “rescuer” behaviors versus “helper” behaviors in parents of college students.
Learning Objective #2: Describe the Parenting Journey workshop with examples.
Learning Objective #3: Identify elements of the Parenting Journey workshop that could be used at participants’ own college/university.

Presenters: Jacala Mills MA, Director of Health, Counseling, and Wellness Landmark College
Meg Spicer MSW, LICSW, Counselor, Sexual Respect Coordinator Landmark College
Victoria Tilson MA, Counselor, Wellness Specialist Landmark College
Jeanine Bedard MSW, LCSW, Counselor, Addictions Specialist Landmark College
Matthew Cherry MA, Counselor Landmark College

CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5
F-2: Evaluating Shoulder Problems in the College Population - a refresher for the primary care clinician

Learning Objective #1: Identify etiologies of shoulder problems in college health.
Learning Objective #2: List the elements of and perform a systematic examination of the shoulder.
Learning Objective #3: Explain management plans for common shoulder conditions in college students.

Presenters: Matthew Lunser DO
Team physician, Primary Care physician University of Vermont, Center for Health & Wellbeing

CME: 1.5; CNE (Nursing): 1.5

F-3: Providing Culturally Competent Care to LGBTQ+ Patients

Learning Objective #1: Identify health disparities within the LGBTQ+ community.
Learning Objective #2: Describe how to adjust patient visits and health centers in ways that are inclusive for the LGBTQ+ community.

Presenters: Erin Halligan-Avery PhD
Administrative Director of Student Health and Counseling SUNY Geneseo
Aiden Cropsey BA
Assistant Director of the LGBT Resource Center Cornell University

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; NASW: 1.5

F-4: Applying Ethics and Professional Boundaries for Health Promotion Practitioners

Learning Objective #1: Compare professional boundaries with ethics for health promotion professionals.
Learning Objective #2: Discuss how personal values are applied to health education consultations/issues.
Learning Objective #3: Identify ethical principles that can be evaluated in health promotion case studies.

Presenters: Joleen M. Nevers MAEd, CHES, CSE, CSES
Associate Director/Health Education Coordinator University of Connecticut
Claudia Trevor-Wright MA, JD, MCHES
Assistant Director of Health Education Wellesley College

CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5
F-5: Mental Health Grand Rounds
Learning Objective #1: Discuss systemic/community resources in the management of students with serious mental illness.
Learning Objective #2: Review key psychodynamic aspects of care in the care of students with significant mental illness.
Learning Objective #3: Review key aspects of therapy in the utilization of acceptance and commitment principles in the treatment of students with significant mental illness.

Presenters: Mark Reed MD
Director, Dartmouth College Health Service Dartmouth College
Charles Morse MA, LMHC
Associate Dean for Student Development, Director of Counseling WPI
Felix Pizzi MS Ed, LMHC, CCMHC
Director, Wellness Center Southern New Hampshire University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

F-6: The Student Health Center as the Patient Center Medical Home: Did Anyone Remember to Tell the Student?
Learning Objective #1: Contrast the Patient Center Medical Home for students vs. other patients.
Learning Objective #2: List the student’s technical skills supporting Patient Centered Medical Home deployment.

Presenters: Dennis Mihale MD, MBA
Chief Medical Officer Consolidated Health Plans

NBCC: 1.5; NASW: 1.5

CONCURRENT SESSIONS G

Friday, Nov. 3  8:00-9:30 am

G-1: Integrating Behavioral Health Services into the Primary Care Student Health Center: Innovative Staffing Models
Learning Objective #1: Describe evidence-based behavioral health protocols.
Learning Objective #2: List the titles and responsibilities of various primary care behavioral health staff.
Learning Objective #3: Describe the integrated care protocols and staffing that would be appropriate for their centers.

Presenters: Kevin Readdean MSEd
Associate Director Rensselaer Polytechnic Institute
Heidi Kinnally PMHNP-BC, MSN, RN
Psychiatric Nurse Practitioner Syracuse University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5
G-2: Asthma: management, treatment and viral exacerbations
Learning Objective #1: Describe asthma overview.
Learning Objective #2: Describe management of asthma.
Learning Objective #3: Describe medications used in treatment of asthma.

Presenters: Stacey sperling MD
Staff Physician Tufts University Student Health

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5

G-3: Cannabis and Other Drug Culture: An Update on Trends
Learning Objective #1: Review cannabis use in college students with respect to routes of ingestion use in students.
Learning Objective #2: Contrast different types of drug trends in students as they relate to or differ from cannabis culture.
Learning Objective #3: Discuss intervention strategies for campuses.

Presenters: Tom Fontana MS
BASICS Program Coordinator University of Vermont

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5

G-4: Best Practices in Peer Health Education: Unique Approaches to Overcoming Common Obstacles
Learning Objective #1: Describe best practices for the implementation of a peer health education program, depending on institutional capacity and available resources.
Learning Objective #2: Outline critical steps to creating a skill-based training for peer health educators.
Learning Objective #3: Discuss strategies for evaluating peer education programs, including quantitative and qualitative approaches.

Presenters: Amy Nadelen MS
Health Educator University of Rochester
Emily Pagano MS
Trinity College
Tanya Purdy MPH, MCHES
Brown University

CNE (Nursing): 1.5; CHES: 1.5; MCHES: 1.5
CONCURRENT SESSIONS G  (cont.)  
Friday, Nov. 3  8:00-9:30 am

G-5: Recovery-Oriented Coaching for College Students Returning from a Serious Mental Health-Related Leave

Learning Objective #1: Define issues students may experience returning to college from a leave of absence related to a severe mental illness.
Learning Objective #2: Identify strategies to coach students towards a successful reintegration.
Learning Objective #3: Explain how to implement recovery-focused coaching principles.

Presenters: Nicole DeTore PhD  
Postdoctoral Fellow Boston University Center for Psychiatric Rehabilitation
Sarah Satgunam MSW  
Senior Trainer Boston University Center for Psychiatric Rehabilitation

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; NBCC: 1.5; NASW: 1.5

CONCURRENT SESSIONS H  
Friday, Nov. 3  11:00 am -12:30 pm

H-1: Journey to Wellness Program

Learning Objective #1: Define Complementary and Alternative Medicine.
Learning Objective #2: Describe the Journey to Wellness Program and its impact on student success.
Learning Objective #3: Identify Community Partnerships.

Presenters: Hollie Hall MS Ed, LMHC  
Senior Director of Health and Wellness Alfred State
Maria Vanessa Stachowski RN-BC  
Nurse 2 Alfred state

CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; NBCC: 1.5

H-2: Implementing a College Wide Concussion Program

Learning Objective #1: Describe the process in setting up a comprehensive campus wide concussion care program to support students on a college campus.
Learning Objective #2: List the ways a college can support cognitive and physical rest on campus and aid in relieving symptoms of a concussion.
Learning Objective #3: List the ways a college campus can provide a framework to assist the student to return to academics and physical activity while on a college campus.

Presenters: Darlene Menz MS, CNP, ANP-BC  
Adult Nurse Practitioner College of the Holy Cross

CME: 1.5; CNE (Nursing): 1.5; NBCC: 1.5; NASW: 1.5
CONCURRENT SESSIONS H (cont.)  Friday, Nov. 3  11:00 am -12:30 pm

H-3: Testing and Treatment Options for TB Infection
Learning Objective #1: Identify who to screen for TB infection based on risk of exposure and progression to disease.
Learning Objective #2: Describe the available screening tests, their indications for use and interpretation as part of the diagnostic evaluation for TB infection.
Learning Objective #3: Outline available regimens for treatment of persons with latent TB infection.

Presenters: W. Kemper Alson MD, MPH
Associate Director of Infectious Diseases Unit University of Vermont Medical Center

CME: 1.5; CNE (Nursing): 1.5

H-4: Engaging “Difficult” Communities in Health Promotion and Education
Learning Objective #1: Identify factors/barriers that may make some communities more challenging to engage with.
Learning Objective #2: Discuss strategies for enhancing community engagement efforts with established partners and creating new relationships with partners whom present challenges.
Learning Objective #3: Review case studies of challenging community engagement relationships and utilize strategies discussed to outline various pathways for improvement.

Presenters: Seirra Fowler MPH, CHES
Director of Health Education Wesleyan University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

Learning Objective #1: Define the unique risk factors for eating disorders in collegiate sport.
Learning Objective #2: Describe the consequences to health and performance caused by eating disorders in sport.
Learning Objective #3: Identify the necessary components and resources needed for an on-campus response to eating disorder risk in collegiate athletics.

Presenters: Paula Quatromoni DSc, MS, RD, LDN
Associate Professor and Chair, Department of Health Sciences Boston University

CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5
Current guidelines require that participants in continuing education activities be made aware of 1) any relationships between speakers and commercial entities, and 2) any limitations in data cited. Through the Call for Programs process, speakers were asked to complete Faculty Disclosure Forms regarding relationships with commercial entities. Speakers will be asked to verbally address any limitations in data cited.

The following presenters have indicated that they have relationships with commercial entities to disclose:

*John Miner, MD has disclosed that he is employed by a consulting company whose services are directly related to the topic of his presentation.*

*Gerard Fromm, PhD, has disclosed that he is employed by a consulting company whose services are directly related to the topic of his presentation.*

All other speakers listed in this program have indicated that they have no relationship with commercial entities to disclose.
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<th>Session Time</th>
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<td>Wednesday, Nov. 1 8:30-11:30am</td>
<td>Reflectors, Trends and Visions for the Future of College Wellness: A Working Workshop</td>
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<td><strong>PM-2</strong></td>
<td>SBIRT works! Implementing a successful behavioral screening program at your health services.</td>
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<td>Nurse manager Roundtable</td>
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<td><strong>PM-4</strong></td>
<td>Let’s Get Creative: Infographics, Impact Statements and Illustrating the Value of Our Work (Pre-Con)</td>
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<td><strong>PM-5</strong></td>
<td>Should I Stay or Should I Go? Leaves of Absence: Policy, Process, and Legal Issues</td>
<td>Green Mountain C</td>
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<td>Choosing My Race? Multiracial Identity Development &amp; Racial Fluidity</td>
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<td><strong>A-2</strong></td>
<td>Medical Grand Rounds</td>
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<td>Assessment Refresher for Common Health Issues Encountered in a College Health Setting</td>
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<td><strong>A-4</strong></td>
<td>It Takes a Village: A model for cross-college and cross-community collaboration to address and prevent gender based violence</td>
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<td>ACT Based Workshops for Psychological Skills Development</td>
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<td>Leadership Round Table</td>
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<td>Considering the Clinical Care of Women: Beyond Papas, Periods, and Pills</td>
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<td>Opioid Overdose Prevention: Developing Harm Reduction in a University Setting</td>
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<td>Mindful Self Compassion &amp; Compassion Focused Therapy for College Based Mental Health Professionals</td>
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<td><strong>B-6</strong></td>
<td>Introduction to Management of Anxiety for Medical Providers</td>
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<td><strong>C-1</strong></td>
<td>Promoting Resiliency-Focused, Trauma-Informed Practices on a Campus Student-of-Concern/Behavioral Intervention Team</td>
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<td><strong>C-2</strong></td>
<td>You, too, can do this! Medical Care for Transgender and Gender Nonconforming Patients</td>
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<td>An Update on Allergen Immunotherapy: Various Types, Indications, Effectiveness and Safety</td>
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<td>Online education’s role in the health promotion office</td>
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<td>Sexual Assault Survivors Support Groups: Why and how to offer this important resource on your campus</td>
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<td>Engaging Identity- Holistic and Empathy Based Health Promotion: Reframing Campus Mental Health Programming</td>
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<td><strong>D-1</strong></td>
<td>Faculty and Student Wellness Collaboration for Sexual Violence Prevention and Affirmative Consent Education.</td>
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<td>Clinical Allergy Pearls</td>
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<td><strong>D-3</strong></td>
<td>Surviving and Thriving in College: Ways to Cultivate the Resilience of Our Students</td>
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<td>Special Session From ACHA: The Direction of the SHP: The Importance and Future of Student Health Insurance Plans</td>
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<td><strong>D-5</strong></td>
<td>College Student Psychiatric Crisis and Inpatient Hospitalization: Special Considerations</td>
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<td>Health &amp; its Impact on College Health And #Fitso #NoExcuses #CleanEating #NoPainNoGain</td>
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<td>College Student Psychiatric Crisis and Inpatient Hospitalization: Special Considerations</td>
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<td>Healthism and Its Impact on College Health #Pepso #NoExcuses #CleanEating #NoPainNoGain</td>
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<td>Seeing Through the Smoke: A New Lens on Addressing Marijuana Use in College Students</td>
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<td>&quot;The Medical Model&quot;: An Alternative in Sports Medicine Administration.</td>
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<td>Top 5 STD Updates for College Health: An Interactive Case-Based Workshop on STD Management in Young Adults</td>
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<td>Nursing Grand Rounds</td>
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<td>Community-based Management of Title IX Technologies: When Students Direct the Creation and Content for Title IX Resource Communication on Campus</td>
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<td>Building Capacity for Collegiate Recovery on Campus</td>
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<td>&quot;Parenting Journey&quot;: A Model Program for Working with Today's College Parents</td>
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<td>Evaluating Shoulder Problems in the College Population - a refresher for the primary care clinician</td>
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<td>Providing Culturally Competent Care to LGBTQ+ Patients</td>
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<td>Applying Ethics and Professional Boundaries for Health Promotion Practitioners</td>
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<td>Mental Health Grand Rounds</td>
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<td>The Student Health Center as the Patient Center Medical Home: Did Anyone Remember to Tell the Student?</td>
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<td>Integrating Behavioral Health Services into the Primary Care Student Health Center: Innovative Staffing Models</td>
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<td>Asthma: management, treatment and viral exacerbations</td>
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<td>Cannabis and Other Drug Culture: An Update on Trends</td>
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<td>Best Practices in Peer Health Education: Unique Approaches to Overcoming Common Obstacles</td>
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<td>Recovery-Oriented Coaching for College Students Returning from a Serious Mental Health-Related Leave</td>
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<td>Called to Task – Crucial Takeaways from Recent Campus Tragedies</td>
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<td>Journey to Wellness Program</td>
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<td>Implementing a College Wide Concussion Program</td>
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<td>Testing and Treatment Options for TB Infection</td>
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<td>Engaging &quot;DIFFICULT&quot; Communities in Health Promotion and Education</td>
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<td>On-campus response to eating disorders in sport: Why, Who, and How?</td>
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</table>
W. Kemper Alson, MD, MPH  
*Associate Director of Infectious Diseases Unit*  
University of Vermont Medical Center  
Burlington, VT  
H-3

Jacqueline Anchondo, JD  
*Title IX Coordinator & Director of Title IX/Nondiscrimination Initiatives*  
Wellesley College  
Wellesley, MA  
A-4

Hannah Artiles-Stravers, MS  
*Director, Sexual Violence Outreach Awareness and Response Office*  
St. John's University  
Queens, NY  
D-1

Leah Barison, LMHC, LADC-I  
*Mental Health Counselor*  
Boston University  
Boston, MA  
E-5

Leah Berkenwald, MA  
*Assistant Director of Wellness and Coordinator of Alcohol & Other Drug Services*  
Babson College  
Wellesley, MA  
D-6, PM-4

Laura Braider, PhD  
*Director, Behavioral Health College Partnership*  
Northwell Health  
Glen Oaks, NY  
D-5

Vanessa Britto, MD, MSc  
*Director, Health Services*  
Wellesley College  
Wellesley, MA  
B-2

Stephen Buck, Psy D  
*Staff Psychologist*  
Tufts University  
Medford, MA  
B-6

Matthew Cherry, MA  
*Counselor*  
Landmark College  
Putney, VT  
F-1

Marianne Coscia, Bs, RN  
*Nurse Manager*  
Tufts University  
Medford, MA  
B-3

Aiden Cropsey, BA  
*Assistant Director of the LGBT Resource Center*  
Cornell University  
Ithaca, NY  
F-3

Elizabeth DeLuna, MFA, Graphic Design  
*Associate Professor, Graphic Design*  
St. John’s University  
Jamaica, NY  
D-1

Nicole DeTore, PhD  
*Postdoctoral Fellow*  
Boston University Center for Psychiatric Rehabilitation  
Boston, MA  
G-5

Derek Doughty, MA  
*Case Manager*  
University of Massachusetts Amherst  
Amherst  
D-3

Marilyn Downs, PhD, LICSW, Staff Social Worker and Director of Outreach  
Tufts University  
Medford, MA  
PM-5, C-5
Elizabeth Drexler-Hines, MPH, MCHES  
Director, Student Health Services  
Assumption College  
Worcester, MA  
E-4

Seirra Fowler, MPH, CHES  
Director of Health Education  
Wesleyan University  
Middletown, CT  
H-4

Ashleigh Hala, MSW  
Director of Sexual Assault Prevention & Response Services  
Babson College  
Wellesley, MA  
A-4

Linda Dunphy, LCSW, LADC I  
Director, UHS Health & Wellness Program  
University of Massachusetts  
Boston  
B-5

Gerard Fromm, Ph.D.  
Psychologist & Consultant  
Austen Riggs Center / College Health & Counseling Services Consulting  
Stockbridge, MA  
PM-1

Hollie Hall, MS Ed, LMHC  
Senior Director of Health and Wellness  
Alfred State  
Alfred, New York  
H-1

Phyllis Fitzsimmons, MS, LMHC  
Assistant Director for Counseling Services  
Worcester Polytechnic Institute  
Worcester, MA  
B-5

Lauri Gallimore, BS, RN  
Director of Nursing  
Dartmouth College  
Hanover, NH  
PM-3, E-3

Erin Halligan-Avery, PhD  
Administrative Director of Student Health and Counseling Services  
SUNY Geneseo  
Geneseo, NY  
F-3

Cheryl Flynn, MD, MS, MA  
Medical Director, Center for Health & Wellbeing  
Univ of Vermont  
Burlington, Vermont  
PM-2

Sharon Glezen, MD  
Staff Physician  
UVM Center for Health and Wellbeing  
Burlington, VT  
C-2

SuEllen Hamkins, MD  
Assistant Director, Psychiatric Services  
UMass-Amherst  
Amherst, MA  
C-1

Kari Hancock, MS, Ed  
SBIRT clinician  
UVM Student Health  
Burlington, VT  
PM-2

Tom Fontana, MS  
BASICS Program Coordinator  
Univeristy of Vermont  
Burlington, Vermont  
G-3

Beth Grampetro, MPH, CHES  
Director of Wellness Services  
Mount Ida College  
Newton, MA  
D-6

Jessica GREHER TRAUE, EdM  
Director, Wellness and Prevention  
Bentley University  
Waltham, MA  
PM-4

Rebecca Harrington, MA  
Health Educator  
SUNY Oneonta  
Oneonta, New York  
C-4
Jennifer Hodshon, MPH  
Associate Director, University of Rhode Island Health Services  
University of Rhode Island  
Kingston, RI  
B-1

Katherine Hsu, MD, MPH  
Medical Director, Division of STD Prevention, Mass. Dept. of Public Health  
Associate Professor of Pediatric, Boston Univ. Med. Ctr.  
Jamaica Plain, MA  
E-2

Rachel Inker, MD  
Family Physician  
Community Health Centers  
Burlington  
Burlington, VT  
C-2

Christine Johnston, MPH  
Assistant Director, Alcohol & Other Drug Education and Health Promotion  
Springfield College  
Springfield, MA  
D-6, E-6

Rachel Knopf Shey, MPH, RD  
Assistant Director, Wellness & Health Promotion  
The New School  
New York, NY  
B-4

Candice La Lima, PhD  
Administrative Psychologist  
Northwell Health  
Glen Oaks, NY  
D-5

Matthew Lunser, DO  
Team physician, Primary Care physician  
University of Vermont, Center for Health & Wellbeing  
Burlington, VT  
F-2

Lisa Keefe, BS, RN  
Clinical Coordinator  
Wellesley College  
Wellesley, MA  
B-3

Susan Mahone, APRN, BC  
Psychiatric/Mental Health Clinical Nurse Specialist  
Tufts University  
Medford, MA  
B-6

Barbara McCall, MPH, CHES  
Director of Health and Wellness Education  
Middlebury College  
Middlebury, VT  
E-4

Darlene Menz, MS, CNP, ANP-BC  
Adult Nurse Practitioner  
College of the Holy Cross  
Worcester, Ma  
H-2

Kristina Mereigh, MPH  
Director of Wellness Services  
Smith College  
Northampton, MA  
C-6

Dennis Mihale, MD, MBA  
Chief Medical Officer  
Consolidated Health Plans  
Springfield, MA  
F-6

Jacala Mills, MA  
Director of Health, Counseling, and Wellness  
Landmark College  
Putney, VT  
F-1

John Miner, MD  
Psychiatrist & Consultant  
Williams College (retired) / College Health & Counseling Services Consulting  
West Stockbridge, MA  
PM-1
Charles Morse, MA, LMHC  
Associate Dean for Student Development/Director of Counseling  
Worcester Polytechnic Institute  
Worcester, MA  
PM-5, A-5, F-5

S Shahzad Mustafa, MD  
Clinical Assistant Professor of Medicine  
Rochester Regional Health  
Rochester, NY  
C-3

Amy Nadelen, MS  
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University of Rochester  
Rochester, NY  
G-4

Joleen M. Nevers, MAEd, CHES, CSE, CSES  
Associate Director/Health Education Coordinator  
University of Connecticut  
Storrs, CT  
PM-1, F-4

Natalie Neu MD, MPH  
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Columbia University  
New York, NY  
E-2

Tamara Oyola-Santiago, MA, MPH, MCHES  
Assistant Director, Wellness & Health Promotion  
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New York, NY  
B-4

Emily Pagano, MS  
Alcohol & Other Drug Education Coordinator  
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Storrs, CT  
E-6, G-4

Deborah Penoyer, MS, RN  
Nurse Manager  
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Geneseo, NY  
PM-3, A-3

Felix Pizzi, MS Ed, LMHC, CCMHC  
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Manchester, NH  
F-5

Tanya Purdy, MPH, MCHES  
Brown University  
Providence, RI  
G-4

Paula Quatromoni, DSc, MS, RD, LDN  
Associate Professor and Chair, Department of Health Sciences  
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Boston, MA  
H-5

Allison Ramsey, MD  
Clinical Assistant Professor of Medicine  
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Rochester, NY  
D-2

Karin Raye, JD  
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A-4

Kevin Readdean, MSeD  
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Troy, NY  
G-1

Sabrina Rebecchi, BA, Roger Williams College 2008; MA, William James College (MSPP) 2011  
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Worcester, MA  
B-5

Mark Reed, MD  
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Dartmouth College  
Hanover, NH  
F-5
Ellen Reynolds, MS  
Director  
URI Health Services  
Kingston, RI  
B-1

Julie Ross, PhD  
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Medford, MA  
PM-5

Sarah Satgunam, MSW  
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G-5

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Troy, NY  
E-6

Arthur Seelig, MS, MSW  
Vermont SBIRT trainer and quality assurance coordinator  
Adcare Educational Institute  
Augusta, ME  
PM-2, GS-2

Peter (Davis) Smith, MD  
Staff Physician  
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A-2

Stacey Sperling, MD  
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Tufts University Student Health  
Waban, MA  
G-2

Meg Spicer, MSW, LICSW  
Counselor, Sexual Respect Coordinator  
Landmark College  
Putney, VT  
F-1

Maria Vanessa Stachowski, RN-BC  
Nurse 2  
Alfred state  
Alfred, New York  
H-1

Gerri Taylor, MS  
Associate Dean for Health, Counseling and Wellness  
Bentley University  
Waltham, MA  
PM-1

Jessica Teperow, BA  
Director of Prevention Programs  
REACH Beyond Domestic Violence, Inc.  
Waltham, MA  
A-4

Victoria Tilson, MA  
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Landmark College  
Putney, VT  
F-1

Ryan Travia, MA Ed  
Associate Dean of Students for Wellness  
Babson College  
Wellesley, MA  
PM-1

Claudia Trevor-Wright, MA, JD, MCHES  
Assistant Director of Health Education  
Wellesley College  
Wellesley, MA  
PM-4, F-4

Win Turner, PhD, Psychology  
Director  
Center for Behavioral Health Integration  
Montpelier, VT  
PM-2

Timothy Weston, MA Ed, ATC  
Head Athletic Trainer  
Colby College  
Waterville, Maine  
E-1
Sample Evaluation

Program #

Title: __________________________

By completing this form, I verify that I attended this session.

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<thead>
<tr>
<th>Speaker #1:</th>
<th>Poor</th>
<th>Fair</th>
<th>Good</th>
<th>Very Good</th>
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<th>Rate presentation in terms of your ability to accomplish each learning objective:</th>
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<th>Fair</th>
<th>Good</th>
<th>Very Good</th>
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<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Not Sure</th>
<th>Agree</th>
<th>Strongly Agree</th>
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<td>2</td>
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<td>2. The activity effectively targeted my needs.</td>
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<td>3. The activity was appropriate for my knowledge/skill level.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>4. The format of the activity (e.g., lecture, discussion) was effective.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>5. The presenter(s) demonstrated objectivity and balance.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6. The relationship of the learning objectives to the meeting's goals was appropriate.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. The physical facilities were appropriate.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Did the presenter(s) appropriately address issues of diversity if applicable to the content of the session?
☐ Yes  ☐ No  ☐ Not applicable

Did the presenter disclose any conflict of interest toward a product/organization?
☐ Yes. Disclosure occurred.  ☐ No. There was a conflict of interest but no disclosure occurred.
☐ No disclosure was necessary.  ☐ Don't know

Please rate the extent to which you would change how you practice as a result of this educational session.

1 = No significant changes.  3 = Minor changes.  5 = Significant changes

How could this activity be improved?

If you are requesting CNEs, you must complete the following section.

1. List at least one new skill that they will take back to their practice.

2. List at least two self-care activities that you will integrate into your practice as a health care provider.

3. List at least one way you can prepare for a crisis as a leader, as part of a sphere of influencers on campus.

4. Explain at least one intervention that will improve services available or utilized to an underserved population on their campus.

EVALUATIONS

Successful Completion of the Educational Activity

To receive continuing education credit/contact hours, participants are required to:

a) sign in at the Registration Booth upon arrival at the meeting
b) attend each session for which credit is requested in its entirety

c) complete the online session evaluation (or paper evaluation form for each session)

Evaluations for continuing education credit and future planning will be conducted online.

An example of the evaluation is included on this page.

The link will be active at www.NECHAonline.org and on the onsite Yapp app during and immediately following the conference.

Evaluations must be submitted in one sitting and completed by Friday, November 17.

Certificates of attendance will be distributed online as evaluations are completed.
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ACHA☆2018
WASHINGTON, DC • MAY 29–JUNE 2
UNITING, LEADING, TRANSFORMING

“Be inspired by our theme for the ACHA 2018 Annual Meeting — Uniting, Leading, Transforming — and plan to join us in Washington, DC, for five days of networking, collaboration, and continuing education. I hope you’ll consider sharing your knowledge with colleagues from across the country (and beyond!) by presenting a session or displaying a poster.”

“Time after time, we’ve seen that so many of you have been trailblazers on your campuses and in the field of college health and wellness — share your tips and expertise with your colleagues! You can do this on your own or collaborate with colleagues and students on your campus or across the country. We look forward to hearing your ideas!”

Michael Huey, MD, FACHA
Emory University
ACHA President

Geri Taylor, MS,
ANP-BC, FACHA
Bentley University
ACHA 2018 Program Planning Committee Chair
NECHA 2018 Annual Meeting
Guiding Our Students, Lighting the Way

Call for Proposals begin early January.

For more information, visit www.NECHAonline.org

Hosted by the New England College Health Association
General Information

NAMEBADGES
Please wear your name badge at all times. It is your entry to sessions, meals, and exhibit hall. For single day registrants, your badge is only valid on the day you are registered.

EXHIBITS HOURS
Wednesday, 8:00am - 5:30pm
Thursday, 7:30am - 4:00pm
We invite you to visit the exhibits and welcome the representatives of organizations whose products and services are of special interest to college health professionals. Visit the exhibits and have your passport validated for a chance to win a gift inspired by Burlington — with a $100 value!

PRESENTER MATERIALS
Handouts for the majority of the sessions are available at www.NECHAonline.org. Some presenters may bring handouts; others do not lend themselves to handouts.

MEETING GOALS
Along with the NECHA and NYSCHA community and invited guests, the purpose and goals of the 2017 Annual Meeting include:

Bringing together the ACHA membership and regional college health professionals for 3 days of sharing best practice, procedures, and innovation in college health. Provide a platform of continued learning and discussion on current and relevant issues that further the college health profession and enhance the lives of students on their campuses.