



NEW HORIZONS, NEW BEGINNINGS, NEWPORT

November 2-4, 2016

Newport Marriott



College Health Professionals Must-Attend Meeting of the Year

Physicians, Advanced Practice Clinicians, Nurses, Psychologists, Mental Health Counselors, Health Educators, Social Workers, Administrators

Register online at www.NECHAOnline.org

FROM THE PROGRAM CHAIR

Jessica Greher Traue, EdM, Director, Wellness & Prevention, Bentley University
2016 Annual Meeting Program Chair

We're excited to explore New Horizons & New Beginnings in Newport and invite you to join us! We have an exceptional line up of speakers and over 40 concurrent sessions planned. It could not be possible without the assistance of our dedicated planning committee. I hope you can join me in thanking them for their commitment. I wanted to highlight a few features and events of this year's meeting. First, you'll notice our two featured speakers, Dr. Scott Hadland from Children's Hospital Boston, and Carl Sciortino, Executive Director for AIDS Action Committee. Dr. Hadland will help us take a deeper dive into the latest trends of adolescent substance abuse and Carl will highlight new horizons and beginnings with PrEP. We received feedback from previous years that attendees would like the option to attend multiple "Hot Topic" sessions. We responded! No two "Hot Topics" are scheduled at the same time slot. The planning committee, with help from colleagues and sponsors, is also pleased to host a soiree at Newport's second largest mansion, Ochre Court! As many of you know, NECHA's longtime Administrative Director, Julie Basol is transitioning out of her role. We have much reason to thank Julie, and to celebrate and formally welcome our New Administrative Director, Sarah Cavichhi. Lastly, we have many opportunities for NECHA members to engage further with the association. I would like to invite everyone to attend our "membership meeting" scheduled for Friday, November 4, 7:30 - 8:30 a.m.. I hope to see many of you in Newport!

CONTINUING EDUCATION

CME Credits: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College Health Association and the New England College Health Association. The American College Health Association is accredited by the ACCME to provide continuing medical education for physicians. The American College Health Association designates this live activity for a maximum of 17.0 AMA PRA Category 1 Credits.[™] Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CE Credits for Psychologists (PsyCE): This educational activity is co-sponsored by the American College Health Association and the New England College Health Association. The American College Health Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American College Health Association maintains responsibility for this program and its content. ACHA has awarded this program 17.0 hours of continuing education for psychologists. Psychologists must attend each session in its entirety in order to qualify for CE credit for that session.

CECH Contact Hours (CHES/MCHES): This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 17.0 total Category I continuing education contact hours. Maximum advanced-level contact hours available are 12.

NBCC Credits: This program has been approved by the National Board of Certified Counselors. Please refer to the workshop agenda for eligible sessions.

Nursing Contact Hours (CNE): This activity has been submitted to Pennsylvania State Nurses Association for approval to award contact hours. Pennsylvania State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. For more information regarding contact hours, please contact: Sarah Cavicchi at Sarah@NECHAonline.org.

NASW Contact Hours: This activity is pending approval from the National Association of Social Workers.



REGISTRATION PRICING*

	On or before Oct 5, 2016	On or before Oct 31, 2016	After Oct 31, 2016
Full 3-Day	\$359	\$399	\$449
Single Day, Wednesday	\$169	\$199	\$209
Single Day, Thursday	\$159	\$189	\$199
Single Day, Friday	\$149	\$159	\$169
Student, FT Undergraduate Full 3 Day	\$79	\$99	\$119
Student, FT Undergraduate Single Day	\$39	\$49	\$59

*Continuing Education Fee: \$40

Full payment is expected prior to the Meeting. If you have registered, then cannot attend, you may send a substitute without penalty. A \$50 cancellation fee will apply to registrants who give notice by October 25. Refunds will not be granted after that date. Contact Sarah Cavicchi, Administrative Director: Sarah@nechaonline.org.

[REGISTER NOW](#)

ANNUAL MEETING LOCATION

NEWPORT MARRIOTT
25 America's Cup Avenue Newport, RI 02840

After an impressive redesign, the Newport Marriott has set sail on a new chapter as one of the best hotels in Newport, Rhode Island. Register for NECHA 2016 and reserve a room to experience the hotel's nautical hints, from a boat-shaped front desk to ropes hanging over Skiff Bar, set the stage for the transformed experience at the harborfront hotel in Newport.

Be sure to [reserve your room](#) by October 11 to receive our special discounted rate of \$130!





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The Renfrew Center
Women's Reproductive Health Scholarly Concentration, Brown University

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NECHA 2016 AGENDA OVERVIEW

Wednesday, November 2, 2016

8:00 a.m.	<i>Registration & Exhibits Open</i>
8:30 - 11:30 a.m.	Pre-Meeting Workshops
11:45 a.m. - 12:45 p.m.	<i>Lunch</i>
12:45 - 1:00 p.m.	Welcome & Opening Remarks
1:00 - 2:00 p.m.	Opening General Session
2:00 - 3:30 p.m.	Concurrent Sessions A
3:30 - 4:00 p.m.	<i>Afternoon Break with Exhibitors</i>
4:00 - 5:30 p.m.	Concurrent Sessions B
6:00 - 8:30 p.m.	NECHA Reception & Soiree; Awards

Thursday, November 3, 2016

7:30 a.m.	<i>Continental Breakfast, Exhibits, Registration</i>
8:30 - 10:00 a.m.	Concurrent Sessions C
10:00 - 10:30 a.m.	<i>Morning Break with Exhibitors</i>
10:30 a.m. - 12:00 p.m.	Concurrent Sessions D
12:00 - 1:00 p.m.	<i>Lunch, Exhibits</i>
1:00 - 2:00 p.m.	General Session
2:15 - 3:45 p.m.	Concurrent Sessions E
3:45 - 4:00 p.m.	<i>Afternoon Break with Exhibitors</i>
4:00 - 5:30 p.m.	Concurrent Sessions F

Friday, November 4, 2016

7:30 a.m.	<i>Continental Breakfast, Registration</i>
7:30 - 8:30 a.m.	NECHA Membership Meeting
8:45 - 10:15 a.m.	Concurrent Sessions G
10:15 - 10:30 a.m.	<i>Morning Break</i>
10:30 a.m. - 12:00 p.m.	Concurrent Sessions H

NEW HORIZONS, NEW BEGINNINGS, NEWPORT

**November 2-4, 2016
Newport Marriott**





FEATURED SPEAKERS

WEDNESDAY GENERAL SESSION

12:45-1:45 p.m.



Treatment and Prevention of Opioid Use Disorder Among Young People in New England

Scott Hadland, MD, MPH, MS

Assistant Professor of Pediatrics, Boston University School of Medicine

The US opioid epidemic is marked by significant morbidity and mortality. Providing early treatment to young people with opioid use disorder may improve the life course of addiction and its harms. This presentation will examine the epidemiology of opioid use disorder among young people, and will examine current treatment paradigms, including medication-assisted treatment (MAT) with buprenorphine and naltrexone, and discuss strategies for individual providers working with young people who use opioids.

CME: 1; CNE (Nursing): Pending; PsyCE: 1; CHES: 1; NBCC: 1; NASW: Pending

THURSDAY GENERAL SESSION

1:00-2:00 p.m.



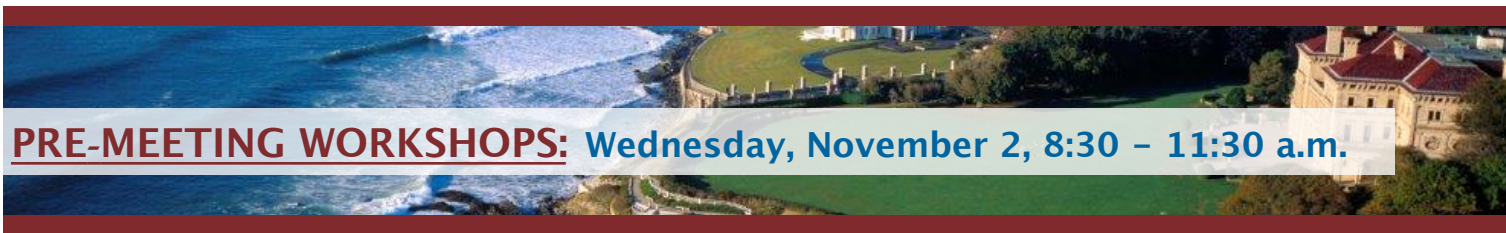
PrEP - The Next Gamechanger in HIV

Carl Sciortino, MPA, BS

Executive Director, AIDS Action Committee of Massachusetts, Inc.

PrEP, or pre-exposure prophylaxis for HIV prevention is a brand new tool that, if deployed right, will be the biggest game changer in HIV-prevention since the development of the HIV test and antiretroviral therapy. PrEP is a daily pill that if taken regularly offers up to 99% protection from HIV. When birth control first became available, college health centers were a critically important space for young people in the early phases of exploring their sexuality to get information and acquire the medication itself. College health centers are an equally important partner in sharing information and providing access to PrEP today.

CME: 1; CNE (Nursing): Pending; PsyCE: 1; CHES: 1; NBCC: 1; NASW: Pending



PRE-MEETING WORKSHOPS: Wednesday, November 2, 8:30 – 11:30 a.m.

PM-1: Health Care for Trans and Gender Non-Conforming Students

Health care for trans and GNC students is a rapidly expanding need. College health services need to make sure they provide a welcoming environment for these students, and our medical providers need to be able to provide help with medical transitioning. This program will address ways to make your practice welcoming, and will provide specific training for medical providers in the evaluation and management of hormone replacement therapy.

Presenters: Margaret Higham, MD, *Medical Director*, Tufts University;

Sharon Glezen, MD, *Student Health Physician*, University of Vermont;

Tanya Sullivan, NP, *Associate Director, Student Health Services*, Wellesely College;

Warren Morgan, MD, *Director, Health Center/Assoc. Dean of Students*, Amherst College;

Calvin Gilbert, BA, RN, *FNP Student*, University of Vermont

CME: 3; CNE (Nursing): Pending; PsyCE: 3; CHES: 3; NASW: Pending

PM-2: Nurse Manager Roundtable

Nurse Managers face many challenges in the daily operations of a college health center. Keeping your staff motivated and clinically up to date while being mindful and managing budgets are just some of the challenges we face. You are not alone! Come and share your ideas and approaches with your peers.

Presenters: Lauri Gallimore, BS, RN, *Director of Nursing*, Dartmouth College;

Judy Whyte, RN, *Head Nurse*, Colby College;

Rebecca Minus, MSN, RN, *Staff Nurse*, Brown University

CNE (Nursing): Pending

PM-3: Real Time Resilience Resources and Skills: Mindful Self-Compassion and Psychoeducational Resiliency Interventions for Ourselves and Our Students

Health Counselors will benefit from this introduction to a resource for teaching resilience the evidence-based, experiential, psychoeducational program of "Mindful Self-Compassion" developed by Kristin Neff, Ph.D. and Christopher Germer, Ph.D. Participants will understand the three components to the program and their significance for cultivating practices which strengthen factors of resilience (emotional regulation, impulse control, causal analysis, self efficacy, realistic optimism, empathy, and social connectedness, as defined by Shatte and Reivich). The neuroscientific correlates of the stress and relaxation response will also be addressed.

Presenters: Lea Christo, MSW, LICSW, *Director of the Graduate Health Advocacy Program*, Assumption College;

Mary Ann Mariani, PhD, *Adjunct HSRS*, Assumption College

CME: 3; CNE (Nursing): Pending; PsyCE: 3; CHES: 3; NBCC: 3; NASW: Pending



PRE-MEETING WORKSHOPS: Wednesday, November 2, 8:30 – 11:30 a.m.

PM-4: Pleasure is the Measure: Promoting Consent... with Science!

"Yes means yes," "no means no," consent is like tea, and "Nah to the ah to the, no, no, no!" Are we using the most effective methods and the most current science when we teach about consent? This talk explains key insights from effective neuroscience to provide new opportunities to develop strategies around sexual health and consent, supporting trauma survivors, and training peer sex educators.

Presenter: Emily Nagoski, PhD, Sex Educator

CNE (Nursing): Pending; CHES: 3; MCHES: 3; NBCC: 3; NASW: Pending

PM-5: Integrating Wellness through a Sustainability Lens: Hot Topics

Most of us, working in the field of college health, have wished, at one time or another, that the institution we worked for prioritized and validated the role that college student health and well-being plays in the success of our students. It would be an even greater leap to actually have the development of our students' well being viewed as all of our jobs, institution wide. In a time of shrinking budgets and declining enrollment, as well as the need for data driven decisions, this issue is more critical than ever. This pre-meeting session is intended to share a model of the integration of wellness into a college wide strategic plan and then to spend the remainder of the time in a workshop setting to share, identify and prepare strategies to implement at your institutions. This will be a collaborative process so you are asked to bring samples of successes you have had with your administration as well as challenges and obstacles you would like to overcome.

Presenters: Christine Burke, MEd, MCHES, Director, Center for Health & Wellness,
Keene State College;

Elizabeth Drexler-Hines, MPH, MCHES, Director, Student Health Services, Assumption College

CNE (Nursing): Pending; CHES: 3; NBCC: 3; NASW: Pending



CONCURRENT SESSIONS

CONCURRENT SESSIONS A

WEDNESDAY, 11/2, 2:00-3:30 p.m.

A-1: Marijuana Use Among Young Adults in an Era of Rapid Policy Change: Clinical and Public Health Considerations

In 2016, multiple jurisdictions (including in New England) will hold statewide ballot measures to determine whether to legalize marijuana for recreational use. Marijuana is also allowable for medicinal purposes in many parts of New England. This presentation will examine the epidemiology of use, short and long term clinical effects of regular marijuana use, and potential applications of marijuana use for medicinal purposes, and will discuss strategies for individual providers who work with young people who use marijuana.

Presenter: Scott Hadland, MD, MPH, MS, *Assistant Professor of Pediatrics*, Boston University School of Medicine

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

A-2: Assessing Student Emotional Vital Signs During Urgent Care Triage

We will describe the development, implementation, assessment, and value of "emotional vital signs" performed during Health Service walk in urgent care nursing triage. We will explain how this identifies students who are struggling, enables clinicians to further screen and identify risk, offer resources, and reduce mental health stigma. Standardized valid mental health screening tools will be reviewed. Culture, gender, and first generation identification as variables to how students present will be explained.

Presenters: Tanya Sullivan, MSN, FNP-BC, *Associate Director, Health Service*, Wellesley College;
Wendy Huang, PhD, *Staff Psychologist*, Wellesley College;
Lisa Keefe, BS, RN, *Clinical Coordinator*, Wellesley College

CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NASW: Pending

A-3: Sexual Violence Prevention with Fraternity Men: Examining the "Ethos" Program at Worcester Polytechnic Institute

This presentation will give an overview of the innovative sexual violence prevention program for fraternity men created at WPI over the last two years. Presenters will discuss engaging fraternity men in conversations about healthy masculinity, gender norms, bystander intervention, and supporting survivors of sexual violence. The curriculum for Worcester Polytechnic Institute's six session "Ethos" program will be shared with the audience and presenters will demonstrate an activity from the program.

Presenters: Matthew Barry, MA, LMHC, *Assistant Director for Community Development - Student Development & Counseling*, Worcester Polytechnic Institute;
Katherine Richey, MA, *Counselor*, Worcester Polytechnic Institute

CNE (Nursing): Pending; CHES: 1.5; NBCC: 1.5; NASW: Pending



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS A (cont.)

WEDNESDAY, 11/2, 2:00-3:30 p.m.

A-4: 2016 ACHA-NCHA Update: Moving Towards the NCHA III

Data from the ACHA National College Health Assessment is used to assess needs, develop and evaluate programs, and allocate resources at more than 700 campuses across the country. The purpose of this program is to share results of new items added to the survey, update NCHA users about the development of the ACHA-NCHA III, and allow attendees to share strategies around boosting ACHA-NCHA participation, disseminating results to stakeholders, and using the data to advance their missions.

Presenter: Mary Hoban, PhD, MCHES, *Chief Research Officer*,
American College Health Association

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

A-5: Growing Pains: Creating Collaborative Health and Wellness Models in Student Affairs

Through reflection, storytelling, and roundtable discussion, the presenters will share their experiences in repositioning wellness as essential to students' academic, personal, and professional success. This session will provide a framework for creating collaborative and integrative health and wellness departments on two campuses to include health services, counseling services, health promotion, substance abuse prevention, and sexual assault prevention and response services. Presenters will share successes and challenges in the development of new structures and services, as well as lessons learned throughout their processes.

Presenters: Ryan Travia, MEd, *Associate Dean of Students for Wellness*, Babson College;
Gerri Taylor, MS, ANP-BC, *Associate Dean of Wellness/Director, Center for Health & Wellness*,
Bentley University

**CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5;
NASW: Pending**

CONCURRENT SESSIONS B

WEDNESDAY, 11/2, 4:00-5:30pm

B-1: Understanding and Working with International Students on College Campus

This workshop focuses its lens on helping participants understand cultural factors and major themes that contribute to international students' presentation and unique challenges in adjusting to the new academic and cultural environment. Practical suggestions and tips for working with international students will be presented. This interactive presentation has been valuable for learners from many disciplines: medical, mental health, health educators and administrators. The presenter was once an international student herself.

Presenter: Xuhua Qin, PhD, *Psychologist*, Tufts University

CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS B (cont.)

WEDNESDAY, 11/2, 4:00-5:30 p.m.

B-2: Spread the Word, Protect the Herd: Raising Vaccine Awareness on Campus

Vaccines are powerful tools for improving campus health, but lack of understanding and misinformation can prevent students from protecting themselves and their peers from infectious diseases such as influenza and HPV. Faculty and staff can serve as advocates and role models to promote vaccines, however effective advocacy may require unconventional approaches to reach over-scheduled, data-saturated students. In this presentation we'll discuss strategies that the presenter has used to raise awareness of the benefits of vaccines. Given that advocacy requires a solid knowledge base, we'll review the basics of how vaccines work and what they have done for humanity. We'll also consider the perplexing issue of vaccine rejection and how it may be addressed.

Presenter: Richard Bungiro, PhD, *Senior Lecturer in Molecular Microbiology and Immunology*,
Brown University

CME: 1.5; CNE (Nursing): Pending; CHES: 1.5; NASW: Pending

B-3: PhotoVoice: Using Photography to Empower Young Adults with Mental Health Challenges

In this session, we will provide an overview of a campus-based initiative, PhotoVoice, as a tool for empowering college students with mental health challenges with the self-advocacy and career-readiness skills necessary for success in a postsecondary setting and beyond. Attendees will learn about outcomes of a pilot PhotoVoice initiative and have the opportunity to explore how PhotoVoice can be adapted to meet the needs of various higher education environments.

Presenters: Dori Hutchinson, ScD, *Directory of Services*,
Boston University Center for Psychiatric Rehabilitation;

Courtney Joly-Lowdermilk, MEd, *NITEO Program Manager*,
Boston University Center for Psychiatric Rehabilitation;

Sloan Smith Huckabee, PhD, *Consultant*, Transitions Research and Training Center,
UMass Medical School

CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

B-4: Health Promotion Hot Topics: Trigger Warnings, Study Drugs, Vaping & More

Conferences and meetings offer health promotion professionals valuable opportunities to network, learn from each other, and share challenges they face in their work. This session will feature a panel presentation and group conversation with facilitated discussion on three pre-identified hot topics in health promotion: vaping, trigger warnings, and so-called study drugs. Audience participation will be expected, and there will be time for additional topics to be discussed based on audience requests.

Presenters: Emily Rosenthal, MPH, LMSW, *Wellness Coordinator*, Southern Connecticut State
University

Claudia Trevor-Wright, MA, JD, MCHES, *Asst. Director, Health, Education & Wellness*,
Wellesley College;

Jennifer Balut, MA, BA, LMHC, *Director, Alcohol & Drug Awareness*, Mount Holyoke College

CNE (Nursing): Pending; CHES: 1.5; NBCC: 1.5; NASW: Pending



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS B (cont.)

WEDNESDAY, 11/2, 4:00-5:30 p.m.

B-5: Blind Spots: How our Backgrounds, Beliefs, and Biases Impact our Work with Students

We all have a unique blend of identities, including gender, race, religion and socioeconomic status. The perspectives gained from living those identities can be a huge benefit in our work with students. However, our experiences and education have left us with certain blind spots – a lack of understanding of identities different from our own. This workshop will help you identify your blind spots and will provide you with the tools to better connect with students of diverse identities.

Presenter: Raul Fernandez, EdD, Associate Director, Student Activities, Boston University

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

CONCURRENT SESSIONS C

THURSDAY, 11/3, 8:30-10:00 a.m.

C-1: Grand Rounds: Medical

Guided discussion and analysis of challenging or otherwise meaty medical cases. This session entails heavy audience participation.

Presenter: Peter Davis Smith, MD, Medical Director, Trinity College

CME: 1.5; CNE (Nursing): Pending

C-2: Meeting the Demand for STI & HIV Screening Through Nurse Led Off-site Clinics

Young adults account for approximately half of the sexually transmitted infections diagnosed (STIs) (CDC, 2015). STIs often go undiagnosed due to their asymptomatic presentation (CDC, 2015). Students have been found to have low rates of STI and HIV testing, yet many engage in high risk sexual behaviors and low rates of barrier device use (ACHA, 2015). Many students are less likely to seek STI screening due to scheduling conflicts, long wait times, embarrassment, and distrust of medical settings (ACHA, 2015; Trepka & Kim, 2010). To improve the delivery of sexual health services to UMass Amherst students, off-site STI & rapid HIV screening clinics run by college health nurses began on campus in 2015, in our first year we screened over 600 students. The goals of these clinics are to make testing easier to access, convenient, low stress, and non-judgmental, and to develop a sustainable program, therefore increasing the number of students who would get tested and treated, especially those at highest risk for STIs'.

Presenter: Ann Becker, BSN, RN, DNPc, Public Health Nurse, University of Massachusetts Amherst

CME: 1.5; CNE (Nursing): Pending; CHES: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS C (cont.)

THURSDAY, 11/3, 8:30-10:00 a.m.

C-3: Supporting College Students on the Autism Spectrum: Discussions on Academic, Social, and Behavioral Approaches

Students with Autism Spectrum Disorders (ASDs) face unique academic, social, and behavioral challenges that require support to succeed in college. Recognizing and supporting these needs by college staff is a growing area of need that many institutions are addressing. This presentation will review areas of academic, social, and behavioral function that may affect students with ASDs to aid in implementing effective support strategies. We will also describe an integrated care model to support college students with ASDs.

Presenters: **Todd Levine, MD**, *Psychiatrist*, Women and Infants Hospital of Rhode Island;
Jody Goldstein, MSSW, *Director*, University of Massachusetts, Lowell

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

C-4: "Let's Be Blunt": Emerson College Peer-led Marijuana Education Program

"Let's Be Blunt" is an example of one campus' collaborative effort to address marijuana use. It was created by Emerson College Health/Wellness, Student Conduct and Counseling departments as an educational sanction for first time marijuana offenders. In a nonjudgmental classroom environment, the peer-led program uses harm-reduction techniques to teach and discuss how marijuana works, common side effects, use (ACHA-NCHA, 2015) and more. Program is in evaluation phase. Time will be left to discuss marijuana education in an open forum.

Presenters: **Laura Owen, MA, CHES**, *Assistant Director of Center for Health and Wellness*, Emerson College;
Annelle Kallman, LICSW, LADC-I, *Substance Abuse Counselor; Clinical Social Worker*, Emerson College;
Abigail Erle, MEd, *Assistant Director, Student Conduct*, Emerson College

CNE (Nursing): Pending; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: Pending

C-5: Closing Gaps in the Post Sexual Assault Safety Net

The majority of sexual assaults occur in young adults. Many student survivors of sexual assault present to health centers for initial care more than 5 days post sexual assault or for follow up care after an emergency room visit. Student survivors of sexual assault have specialized ongoing health, psychological, and legal concerns that should be supported at Health Services. Staff need to be prepared for the physical, psychological, and legal needs to optimize access to resources and recovery.

Presenters: **Diana Denning, MPH, MSN, WHNP-BC, SANE**, *Co-Director, Student Health Center*, Brandeis University;
Michael LaFarr, PsyD, *Executive Director, Health & Wellness*, Brandeis University;
Sheila McMahon, PhD, *Director, Sexual Assault Services & Prevention*, Brandeis University

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS D

THURSDAY, 11/3, 10:30 a.m. - noon

D-1: Hot Topics in Clinical Medicine

Short presentations on new and emerging topics of particular importance to college health clinicians. This year we will focus on: 1) Mumps infections in the highly immunized college setting, including a description of a large outbreak in a New England college. 2) Meningococcal type B vaccine, a new vaccine which offers additional protection but is not yet required. 3) Long Acting Reversible Contraception for Young Women, now the most highly recommended contraceptive by gyn specialists.

Presenters: Margaret Higham, MD, *Medical Director of Health Service*, Tufts University;

Sue Fitzgerald, RN, MHA, CIC, *Nurse Leader*, Harvard University;

Uptala Bandy, MD MPH, *Medical and Division Director, Division of Preparedness, Response, Infectious Disease and EMS*, RI State Epidemiologist, Rhode Island Health Department;

Michelle Forcier, MD, MPH, *Associate Professor, Pediatrics*, Brown University

CME: 1.5; CNE (Nursing): Pending

D-2: Nursing Physical Assessment: Differentiating Between Stable and Urgent Situations

The ability to triage between emergency situations versus stable illnesses is critical when working in a college health setting. This session will focus on physical assessment skills that will help guide the college health nurse to make clinical decisions. Practical advice, clinical pearls, and example emergency protocols will be shared.

Presenter: Tracy Martino-Hsu, APRN, *Staff Nurse Practitioner*, Dartmouth College

CNE (Nursing): Pending

D-3: If You Build It They Will Come: Creating a Successful Mental Health Group Program

This session will discuss the clinical and interpersonal benefits of groups and describe why group treatment is essential to college mental health services. We will identify common obstacles encountered when starting a group program and outline specific strategies to beginning and maintaining successful mental health groups. The presenters will describe both traditional clinical groups and mental health and wellness promotion groups.

Presenters: Jessica Gifford, LICSW, *Mental Health Educator*, Amherst College;

Karen Cutting, PsyD, *Staff Psychologist*, Bentley University

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS D (cont.)

THURSDAY, 11/3, 10:30 a.m. - noon

D-4: Got Time? A Multi-Dimensional Time Management Campaign

The Office of Health Promotion partnered with a Boston College Public Relations class to develop a time management awareness campaign called Got Time? The principal goals of this campaign are to broaden knowledge of the benefits and consequences related to time management, particularly related to health; debunk the socially acceptable concept of urgency, eliminate procrastination, and develop key strategies to manage time efficiently and effectively.

Presenters: **Elise Phillips, MEd**, *Director Office Of Health Promotion*, Boston College;
Makayla Davis, MA, *Assistant Director, Health Promotion*, Boston College

CNE (Nursing): Pending; CHES: 1.5; NASW: Pending

D-5: Meeting the Needs of Underserved and Underrepresented Students: The Role of Administrators at Predominately White Institutions

This session will address methods of supporting underserved and underrepresented college students. Factors which impact students of color, first generation college students, LGBTQ-identified students, and other students with experiences and/or other aspects of identity that are often pushed into societal margins, will be identified and discussed. Strategies for addressing these factors and facilitating student-wellness will be outlined. Attendees will have the opportunity to share their experiences and ask questions about culturally competent care.

Presenter: **Bryana White, PhD**, *Multicultural Counseling Specialist*, Connecticut College

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

CONCURRENT SESSIONS E

THURSDAY, 11/3, 2:15-3:45 p.m.

E-1: CaseStudies in HIV PrEP and PEP

Recent advances in HIV prevention resources- specifically HIV PrEP and PEP- are helping college based health centers engage more directly in HIV reduction. This presentation will review PrEP and PEP case studies to help facilitate application and increase comprehension of these methods and offer review of pharmacology of the medications.

Presenter: **Ariel Watriss, MSN, NP-C**, *Nurse Practitioner*, Tufts University Health Services

CME: 1.5; CNE (Nursing): Pending; CHES: 1.5; NASW: Pending



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS E (cont.)

THURSDAY, 11/3, 2:15-3:45 p.m.

E-2: Grand Rounds: Nursing

Three cases will be presented by three different presenters for nursing colleagues to discuss interesting cases. Each will elicit audience participation regarding history, assessment, physical exam, ongoing care, lab tests, and nursing differential/diagnosis.

Presenters: **Lauri Gallimore, BS, RN**, *Director of Nursing*, Dartmouth College;

Judy Whyte, RN, *Head Nurse*, Colby College;

Rebecca Minus, MSN, RN, *Staff Nurse/Educator*, Brown University

CNE (Nursing): Pending

E-3: Serving Special Populations in Higher Education

Effectively serving student special populations in Higher Education can provide challenges for institutions. This presentation will address the unique needs of students of color, first generation students, and student veterans, including demographics, culturally competent counseling services, student identities and transitional support services. Presenters will provide information to improve success for each special population, leading to increased retention and graduation rates and increased Quality of Life for these students and their families.

Presenters: **Janine Wert, BS, MSW**, *Director of Veterans Services*,
University of Massachusetts Lowell;

Bryana White, MA, PhD, *Multicultural Counseling Specialist, Student Counseling Services*,
Connecticut College;

Deborah Potee, LICSW, MSW, *Case Manager/Therapist*, Amherst College

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

E-4: Strategies for Social Media Success: Panel Discussion

Social media outreach has become a major component of health education and promotion departments. Using a panel discussion format, this session will review and discuss 1) strategic planning for social media outreach, including defining goals and objectives 2) strategies for social media success, including planning tools and resources for staff and 3) ways to evaluate social media outreach effectiveness, including sources of feedback and data analytic tools.

Presenters: **Joleen M. Nevers, MAEd, CHES, CSE, CSES**, *Associate Director/ Health Education Coordinator*, University of Connecticut;

Katharine Mooney, MPH, CHES, *Director, Wellness & Prevention Services*,
Boston University;

Elise Tofias Phillips, MEd, Director, *Health Promotion*, Boston College

CME: 1.5; CNE (Nursing): Pending; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: Pending



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS E (cont.)

THURSDAY, 11/3, 2:15-3:45 p.m.

E-5: Eating Disorder Consultation Team at Dartmouth: Experience, Policy, Challenges and Pearls

The Eating Disorders Consultation Team at Dartmouth has been active in treating and overseeing care of students with eating disorders for the past 25 years. We are a multidisciplinary group, with more than 20 years of cumulative experience in treating eating disorders. Eating disorders often develop or flare during the college years, and Dartmouth's remote location limits options for care. The ED Team treatment and medical leave policies are designed to support students in outpatient treatment at Dartmouth, and to identify and motivate students needing a higher level of care to obtain and complete treatment. When ready to return to school, these students continue to receive guidance from the ED Team to remain in recovery and reach graduation.

Presenters: **Claudia Zegans, MD**, *Staff Physician, Co-Chair Eating Disorders Consultation Team*, Dartmouth College;

Nicole Hill, PsyD, *Staff Psychologist*, Dartmouth College;

Claudette Peck, LCMHC, RD, CSSC, LD, *Private Practice Practitioner*;

Elizabeth Larsen, PA-C, *Physician Assistant*, Dartmouth College

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

E-6: Once Upon a Time...Effectively Crafting the Story and Marketing Our Services

If you were in the elevator with a member of your board of trustees, would you be able to effectively tell them about your programs or services? Often times health professionals talk about the clinical services we provide but we don't focus on the positive outcomes of our services and our contributions to student development and the academic mission. Participants in this session will learn how to reframe the story through assessment as well as practical skills for storytelling such as generating infographics, crafting an elevator pitch and developing impact statements.

Presenter: **Jessica Greher Traue, EdM**, *Director, Wellness and Prevention*, Bentley University

CNE (Nursing): Pending; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: Pending

CONCURRENT SESSIONS F

THURSDAY, 11/3, 4:00-5:30 p.m.

F-1: Emerging Mosquito Borne Illnesses: Zika, Dengue, and Chikungunya

Zika virus is an emerging mosquito borne infection that has spread rapidly through Central and South America over the past year. Given the predicted spread of mosquito borne illnesses into the US, and frequent travel by college students, college Health Services should expect to start seeing Zika virus as well as Dengue Fever and Chikungunya. This talk will review all three of these important viral illnesses, including clinical manifestations, diagnostic tools, and long term sequelae .

Presenter: **Rebecca Reece, MD**, *Assistant Professor of Medicine*, The Miriam Hospital

CME: 1.5; CNE (Nursing): Pending



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS F (cont.)

THURSDAY, 11/3, 4:00-5:30 p.m.

F-2: Safety in Numbers: Making Risk Management Everyone's Business

This Safety and Risk Management model makes active participants of all staff, by providing them with the tools and training experiences that validate them as individual risk managers. We will present our Safety and Risk Management model, introduce its core leadership areas, and demonstrate our primary tool for orienting all staff to a unified approach to safety at Brown Health Services.

Presenters: Amy Sanderson, RI-EMT, *EMS Chief, Brown EMS*, Brown University;
Christine Benvie, BSN,RN, *Clinical Nurse and Infection Prevention Nurse*, Brown University

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; NASW: Pending

F-3: Assessment and Treatment Interventions for Compulsive Sexual Behavior in College Students

This presentation will outline the criteria by which clinicians can make an initial assessment of compulsive or problematic sexual behaviors (CSB) in a college age population. A description of the research findings on compulsive pornography and other compulsive sexual behaviors will be included. Finally, this presentation will include clinical observations and treatment strategies focusing on the particular issues facing and college students with CSB.

Presenter: Marjorie Kroeger, MA, LMHC, *Director/Founder*, The Stony Brook Center

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

F-4: Health Promotion: Peer Review

Assessment is important in guiding our work and is critical for our institutions. Many student health professionals use peer review in their work to validate that they are providing evidence-informed strategies in their professions while also learning from each other in the process. During this working session there will be an opportunity for health educators to practice peer review strategies with each other on such topics as program initiatives, BASICS, assessment tools, policies, concepts on various topics etc.

Presenters: Claudia Trevor-Wright, MA, JD, CHES,
Assistant Director, Health Education, Wellesley College;
Colby Zongol, MA, MEd, *AOD Education Coordinator*, University of Connecticut

CHES: 1.5; MCHES: 1.5; NASW: Pending

F-5: Hot Topics: Administration

This session features smaller group discussions on three different topics that are of importance to health administration professionals. This presentation will provide room for discussion and learning from each other for the following topics:

- Bridging the gap between health services/counseling/ wellness and student affairs
- Billing: benefits, struggles and everything in between
- Emotional Support Animals - the next frontier of student accommodat

Presenters: Ryan Travia, MEd, *Associate Dean of Students for Wellness*, Babson College;
Ellen Reynolds, MS, CPEHR, *Director, Health Services*, University of Rhode Island

CNE (Nursing): Pending; CHES: 1.5; MCHES: 1.5



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS F (cont.)

THURSDAY, 11/3, 4:00-5:30 p.m.

F-6: Beyond Medication: Evidence-Based Nutrition Recommendations for Improving Mental Health & Performance in College Students

Could poor dietary quality be a driving force behind the rise of mental health problems and demand for psychotropics on college campuses? There is now strong evidence that nutrition has a powerful impact on day-to-day mood and cognitive function. Come learn about the profound role sugar plays in mood swings, insomnia and memory problems, which fats are healthiest for the brain, and which food sensitivities are most likely to cause ADHD symptoms in susceptible individuals.

Presenter: Georgia Ede, MD, Psychiatrist, Smith College

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

CONCURRENT SESSIONS G

FRIDAY, 11/4, 8:45-10:15 a.m.

G-1: Preventing HPV in Sexual and Gender Minority (SGM) Populations

Sexual and gender minority (SGM) populations are at disproportionate risk of HPV infection and its complications, compared to straight and cis-gender populations. For example, men who have sex with men are at increased risk of anal cancer as a result of HPV infection. This workshop will provide clinicians the tools necessary to better counsel men, MSM, gay and bisexual college students on the transmission and prevention of HPV.

Presenter: Craig Roberts, PA-C, MS, Epidemiologist, University of Wisconsin-Madison

CME: 1.5; CNE (Nursing): Pending; CHES: 1.5

G-2: Testing & Treatment for TB Infection: Blood Tests, Skin Tests, Who to Screen & Who to Treat?

Targeted testing for TB infection continues to be the current CDC recommendation. However, with the decline of Tb in the US, defining the target for testing has become more difficult. In addition, the advent of blood tests for TB infection now leaves the provider with choices of which test to use in which population. This presentation will review who is at risk for TB infection (that is what populations to test) and how to choose the best screening test for that population. Treatment options for latent TB infection will also be reviewed as intention to screen must be linked to intention to treat when infection is found.

Presenter: E. Jane Carter, MD, Associate Professor of Medicine, Brown University Alpert School of Medicine

CME: 1.5; CNE (Nursing): Pending



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS G (cont.)

FRIDAY, 11/4, 8:45-10:15 a.m.

G-3: Promoting Resilience in College Students

Research has shown how critical resilience is to the development of healthy and thriving adults. Everyone needs resilience to flourish. Increasingly as our society has become more accomplishment oriented and less empathetic, Colleges and Universities have seen a dramatic decrease in student resilience and grit. This session will offer knowledge and strategies that campus health professionals and educators can implement to promote resilience and well-being that will support our students to flourish.

Presenters: **Dori Hutchinson, ScD, CPRP**, *Director of Services,*
Center for Psychiatric Rehabilitation, Boston University;
Courtney Joly-Lowdermilk, MEd, *NITEO Manager, Boston University*

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

G-4: Health Promotion: Exploration of Professional Boundaries

This session will explore professional boundaries of health promotion professionals. Because health promotion professionals' work by necessity involves exploring sensitive topics, it is important for us to understand our boundaries and how they may impact our work. Through this session we will explore what professional boundaries are, how we establish our professional boundaries and how they are applied to our work, taking into account individual styles and approaches of enforcing boundaries.

Presenters: **Joleen M. Nevers, MAEd, CHES, CSE, CSES**, *Associate Director/ Health Education*
Coordinator, University of Connecticut;
Claudia Trevor-Wright, MA, JD, MCHES, *Assistant Director,*
Health Education & Wellness, Wellesley College

CNE (Nursing): Pending; CHES: 1.5; MCHES: 1.5; NASW: Pending

G-5: Addressing High-Risk Drinking on Campus: Examining the Impact of a Multi-Pronged Approach including a Recent Hard Liquor Ban

Review interventions and strategies to address high-risk drinking on a college campus including primary care screening; BASICS within two weeks of a medical encounter for intoxication; preventive BASICS for athletes, undergraduate student advisors (UGAs), and Greek members; UGAs noticing and reporting disruptive behavior related to alcohol use in the residence halls; sober student party monitors; a Good Samaritan Policy; a bystander initiative; and a ban on hard liquor. Discuss measures of success including reducing medical encounters with BAC > 0.25.

Presenters: **Ann Bracken, MD, PhD**, *Director, SHS Clinical Medical Services, Dartmouth College;*
Brian Bowden, MEd, LCMHC, LPC, MAC, *Lead Counselor, Dartmouth College;*
Virginia Brack, MD, *Staff Physician, Dartmouth College;*
Bryant Ford, PhD, *Associate Director, Counseling & Human*
Development, Dartmouth College;
Lauri Gallimore, BS, RN, *Director of Nursing, Dartmouth College*

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5;
NASW: Pending



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS H

FRIDAY, 11/4, 10:30 a.m.-Noon

H-1: 2015 CDC STD Treatment Guidelines in Action: A Case-Based Approach to STD Management in Young Adults

2015 CDC STD treatment guidelines will be presented in an interactive case-based session using an audience response system provided by speaker. Newer STD/HIV tests and test algorithms will be highlighted. New clinical resources such as the app for the STD Treatment Guidelines will also be highlighted.

Presenter: Katherine Hsu, MD, MPH, *Medical Director, Division of STD Prevention, Massachusetts Dept. of Public Health & Associate Professor of Pediatrics, Boston University Medical Center*

CME: 1.5; CNE (Nursing): Pending; CHES: 1.5; NBCC: 1.5

H-2: Preparing for the Next Generation of College Health Nurses: Part #3

College Health Nursing is not usually a part of entry nursing curriculum. Nurses who seek employment in our specialty have experienced the rewards of competence and are self-confident in their practice which is usually in another specialty. College health nursing requires a blend of skills to meet the needs of college students who have specific needs. Nurses need to be able to function at a high level of independence to serve this community with excellence. Stress can occur for a seasoned nurse new to college health when orienting into this field. A structured orientation program that is specific to the facility and updated to reflect current trends facilitates the process of training new staff. The orientation should meet the individual and facility needs recognize strengths and be tailored individually based on each new nurses skills and prior experience. Accountability and responsibility to reach full potential is a process shared between the DNS, preceptor, existing nursing staff and new staff member.

Presenter: Donna Vose, RN-BC, *Clinical Coordinator, University of Connecticut;*

Mary Bey, BSN, Staff Nurse, University of Connecticut;

Paula Jessen, BSN, MPA, Staff Nurse, University of Connecticut

CNE (Nursing): Pending



CONCURRENT SESSIONS (continued)

CONCURRENT SESSIONS H (cont.)

FRIDAY, 11/4, 10:30 a.m.-Noon

H-3: The Loneliness Epidemic: The Impact of Technology on the Relationships and Emotional Well-being of Young Adults

Facebook, Smartphones, Twitter, Instagram, Yik Yak, MMORPGs, "Likes," Youtube, et.al. While providing impressive advantages, society's technological approach to contemporary living also has enormous negative impacts on the relationships and emotional well-being of young adults. While technologies often provide the promise of bringing people together, young adults today find themselves increasingly disconnected, lonely, and often depressed. The field of psychology has begun to ask whether relationships cultivated from these technologies are consistent with relationships that do not use these technologies. The focus of this presentation will be to provide a critical examination of our culture's increasing use of technology for developing and maintaining relationships and the consequences of this technology to the psychological development of more recent generations and the quality of their interpersonal relationships. Time will be provided for facilitating a large group discussion regarding the experiences of others on their campuses and sharing ideas on ways to address the negative impacts of technology usage in young adults.

Presenter: Brian Quigley, PhD, *Director of the Counseling Center, Keene State College*

CME: 1.5; CNE (Nursing): Pending; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: Pending

H-4: Southern Goes Tobacco-Free: A Multi-Component Campaign to Mobilize the SCSU Community and Build Capacity for Tobacco-Free Campuses within the Connecticut State University System

Southern Connecticut State University is the first public university in Connecticut to implement a 100% tobacco-free campus policy, including e-cigarettes. In 2016 we launched a multi-component campaign to mobilize the SCSU community in support of this policy and build capacity for tobacco-free policies within the state University system. A key component of this campaign is the recruitment, hiring, and training of anti-tobacco youth leaders on campus, known as Tobacco-Free Ambassadors (TFAs). These peer leaders design and carry out student-led outreach, education and enforcement activities on campus, with the goal of creating a healthy and positive culture as we transition to a tobacco free campus. In addition, SCSU is leading a statewide coalition with our sister state universities to build university capacity and share best practices in tobacco control and prevention.

Presenter: Emily Rosenthal, MPH, LMSW, *Wellness Coordinator, Southern Connecticut State University*

CME: 1.5; CNE (Nursing): Pending; CHES: 1.5; MCHES: 1.5; NASW: Pending



FACULTY DISCLOSURES

Current guidelines require that participants in continuing education activities be made aware of 1) any relationships between speakers and commercial entities, and 2) any limitations in data cited. Through the Call for Programs process, speakers were asked to complete Faculty Disclosure Forms regarding relationships with commercial entities. Speakers will be asked to verbally address any limitations in data cited.

The following presenters have indicated that they have relationships with commercial entities to disclose:

Michelle Forcier, MD, MPH, has disclosed that she has a financial relationship as a trainer for Merck.

All other speakers listed in this program have indicated that they have no relationship with commercial entities to disclose.



PRESENTERS

**Jennifer Balut, MA, BA,
LMHC**

*Director, Alcohol & Drug
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So. Hadley, MA

B-4,

Uptala Bandy, MD MPH

*Medical and Division Director,
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D-1

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A-3

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C-2

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F-2

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H-2

**Brian Bowden, MEd, LCMHC,
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G-5

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B-2

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Keene State College

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PM-5

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D-3

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D-4

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C-5

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PM-5

Georgia Ede, MD

Psychiatrist

Smith College

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F-6

Abigail Erle, MEd

*Assistant Director, Student
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C-4

Raul Fernandez, EdD

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B-5



PRESENTERS (continued)

Sue Fitzgerald, RN, MHA, CIC

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D-1

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D-1

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G-5

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PM-2, E-2, G-5

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Amherst, MA

D-3

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PM-1

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C-3

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E-6

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A-1, GS-1

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Waltham, MA

C-5

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Dartmouth College

Hanover, NH

E-5



PRESENTERS (continued)

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Psychiatrist

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C-3

Mary Ann Mariani, PhD

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PM-3

Tracy Martino-Hsu, APRN

Staff Nurse Practitioner

Dartmouth College

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D-2

Sheila McMahon, PhD

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PM-2, E-2

**Katharine Mooney, MPH,
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E-4

Warren Morgan, MD

Director, Health Center;

Assoc. Dean of Students

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Sex Educator

Self

Easthampton, MA

PM-4

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E-4, G-4

Laura Owen, MA, CHES

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C-4

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Keene, NH

H-3

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Assistant Professor of

Medicine

The Miriam Hospital

Providence, RI

F-1

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Director, Health Services

University of Rhode Island

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F-5

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Counselor

Worcester Polytechnic Institute

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A-3

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Madison

Madison, WI

G-1

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F-2

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GS-2

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C-1



PRESENTERS (continued)

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Consultant

Transitions Research and
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B-3

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PM-1, A-2

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A-5

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E-4

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A-5, F-5

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Wellesley, MA

B-4, F-4, G-4

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H-2

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E-1

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E-3

Bryana White, MA, PhD

*Multicultural Counseling
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D-5, E-3

Judy Whyte, RN

Head Nurse

Colby College

Waterville, MA

PM-2, E-2

Claudia Zegans, MD

*Staff Physician, Co-Chair
Eating Disorders Consultation
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Dartmouth College

Hanover, NH

E-5

Colby Zongol, MA, MEd

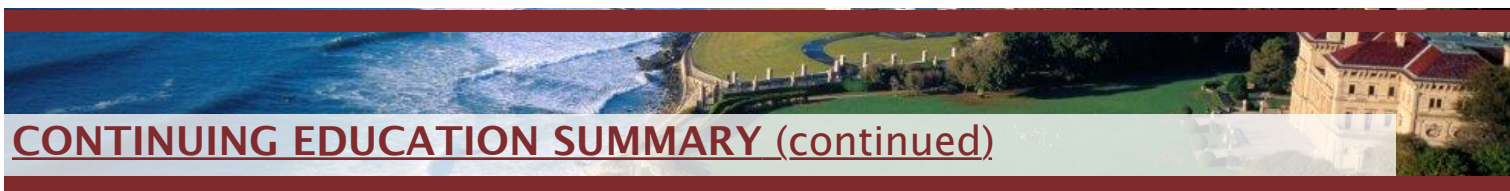
AOD Education Coordinator
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Storrs, CT

F-4

CONTINUING EDUCATION SUMMARY

PRE-CONFERENCE SESSIONS		Wednesday, November 2, 8:30-11:30 a.m.		CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
PM-1	Health Care for Trans and Gender Non-Conforming Students	3	Pending	3	3					Pending
PM-2	Nurse Manager Roundtable		Pending							
PM-3	Real Time Resilience Resources and Skills: Mindful Self-Compassion and Psychoeducational Resiliency Interventions for Ourselves and Our Students	3	Pending	3	3			3		Pending
PM-4	Pleasure is the Measure: Promoting Consent... with Science!		Pending		3	3	3			Pending
PM-5	Integrating Wellness through a Sustainability Lens: Hot Topics		Pending		3		3			Pending
GENERAL SESSION		Wednesday, November 2, 1:00-2:00 p.m.		CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
GS-1	Treatment and Prevention of Opioid Use Disorder Among Young People in New England	1	Pending	1	1				1	Pending
CONCURRENT SESSIONS		Wednesday, November 2, 2:00-3:30 p.m.		CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
A-1	Marijuana Use Among Young Adults in an Era of Rapid Policy Change: Clinical and Public Health Considerations	1.5	Pending	1.5	1.5				1.5	Pending
A-2	Assessing Student Emotional Vital Signs During Urgent Care Triage		Pending	1.5	1.5					Pending
A-3	Sexual Violence Prevention with Fraternity Men: Examining the "Ethos" Program at Worcester Polytechnic Institute		Pending		1.5				1.5	Pending
A-4	2016 ACHA-NCHA Update: Moving Towards the NCHA III	1.5	Pending	1.5	1.5				1.5	Pending
A-5	Growing Pains: Creating Collaborative Health and Wellness Models in Student Affairs	1.5	Pending	1.5	1.5		1.5		1.5	Pending
CONCURRENT SESSIONS		Wednesday, November 2, 4:00-5:30 p.m.		CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
B-1	Understanding and Working with International Students on College Campus		Pending	1.5	1.5				1.5	Pending
B-2	Spread the Word, Protect the Herd: Raising Vaccine Awareness on Campus	1.5	Pending		1.5					Pending
B-3	PhotoVoice: Using Photography to Empower Young Adults with Mental Health Challenges		Pending	1.5	1.5				1.5	Pending
B-4	Hot Topics in Health Promotion: Trigger Warnings, Study Drugs, Vaping & More		Pending		1.5				1.5	Pending
B-5	Blind Spots: How our Backgrounds, Beliefs, and Biases Impact our Work with Students	1.5	Pending	1.5	1.5				1.5	Pending
CONCURRENT SESSIONS		Thursday, November 3, 8:30-10:00 a.m.		CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
C-1	Grand Rounds: Medical	1.5	Pending							
C-2	Meeting the Demand for STI & HIV Screening Through Nurse Led Off-site Clinics	1.5	Pending		1.5					
C-3	Supporting College Students on the Autism Spectrum: Discussions on Academic, Social, and Behavioral Approaches	1.5	Pending	1.5	1.5				1.5	Pending
C-4	"Let's Be Blunt": Emerson College Peer-led Marijuana Education Program		Pending		1.5	1.5	1.5			Pending
C-5	Closing Gaps in the Post Sexual Assault Safety Net	1.5	Pending	1.5	1.5				1.5	Pending
CONCURRENT SESSIONS		Thursday, November 3, 10:30-NOON		CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
D-1	Hot Topics in Clinical Medicine	1.5	Pending							
D-2	Nursing Physical Assessment: Differentiating Between Stable and Urgent Situations		Pending							
D-3	If You Build It They Will Come: Creating a Successful Mental Health Group Program	1.5	Pending	1.5	1.5				1.5	Pending
D-4	Got Time? A Multi-Dimensional Time Management Campaign		Pending		1.5					Pending
D-5	Meeting the Needs of Underserved and Underrepresented Students: The Role of Administrators at Predominately White Institutions	1.5	Pending	1.5	1.5				1.5	Pending
GENERAL SESSION		Thursday, November 3, 1:00-2:00 p.m.		CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
GS-2	PrEP: The Next Gamechanger in HIV	1	Pending	1	1				1	Pending
CONCURRENT SESSIONS		Thursday, November 3, 2:00-3:30 p.m.		CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
E-1	CaseStudies in HIV PrEP and PEP	1.5	Pending		1.5					Pending
E-2	Grand Rounds: Nursing		Pending							
E-3	Serving Special Populations in Higher Education	1.5	Pending	1.5	1.5				1.5	Pending
E-4	Strategies for Social Media Success: Panel Discussion	1.5	Pending		1.5	1.5			1.5	Pending
E-5	Eating Disorder Consultation Team at Dartmouth: Experience, Policy, Challenges and Pearls	1.5	Pending	1.5	1.5				1.5	Pending
E-6	Once Upon a Time...Effectively Crafting the Story and Marketing Our Services		Pending		1.5	1.5			1.5	Pending



CONTINUING EDUCATION SUMMARY (continued)

CONCURRENT SESSIONS		Thursday, November 3, 4:00-5:30 p.m.	CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
F-1	Emerging Mosquito Borne Illnesses: Zika, Dengue, and Chikungunya		1.5	Pending					
F-2	Safety in Numbers: Making Risk Management Everyone's Business		1.5	Pending	1.5				Pending
F-3	Assessment and Treatment Interventions for Compulsive Sexual Behavior in College Students		1.5	Pending	1.5	1.5		1.5	Pending
F-4	Health Promotion: Peer Review					1.5	1.5		Pending
F-5	Hot Topics: Administration			Pending		1.5	1.5		
F-6	Beyond Medication: Evidence-Based Nutrition Recommendations for Improving Mental Health & Performance in College Students		1.5	Pending	1.5	1.5		1.5	Pending
CONCURRENT SESSIONS		Friday, November 4, 8:45 – 10:15 a.m.	CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
G-1	Preventing HPV in Sexual and Gender Minority (SGM) Populations		1.5	Pending		1.5			
G-2	Testing & Treatment for TB Infection: Blood Tests, Skin Tests, Who to Screen & Who to Treat?		1.5	Pending					
G-3	Promoting Resilience in College Students		1.5	Pending	1.5	1.5		1.5	Pending
G-4	Health Promotion: Exploration of Professional Boundaries			Pending		1.5	1.5		Pending
G-5	Addressing High-Risk Drinking on Campus: Examining the Impact of a Multi-Pronged Approach including a Recent Hard Liquor Ban		1.5	Pending	1.5	1.5	1.5	1.5	Pending
CONCURRENT SESSIONS		Friday, November 4, 10:30-NOON	CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
H-1	2015 CDC STD Treatment Guidelines in Action: A Case-Based Approach to STD Management in Young Adults		1.5	Pending		1.5		1.5	
H-2	Preparing for the Next Generation of College Health Nurses: Part #3			Pending					
H-3	The Loneliness Epidemic: The Impact of Technology on the Relationships and Emotional Well-being of Young Adults		1.5	Pending	1.5	1.5		1.5	Pending
H-4	Southern Goes Tobacco-Free: A Multi-Component Campaign to Mobilize the SCSU Community and Build Capacity for Tobacco-Free Campuses within the Connecticut State University System		1.5	Pending		1.5	1.5		Pending
TOTALS			CME	CNE	PsyCE	CHES	MCHES	NBCC	NASW
			17.0	Pending 17.0	17.0	17.0	12.0	17.0	Pending 17.0

New England College Health Association NECHA 2016

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MEETING GOALS

Along with the NECHA membership and invited guests, the purpose and goals of the 2016 Annual Meeting include:

Bringing together the membership and regional college health professionals for 3 days of sharing best practice, procedures, and innovation in college health.

Provide a platform of continued learning and discussion on current and relevant issues that further the college health profession and enhance the lives of students on their campuses.