2014
Quick Glance CE Guide (as of Oct 20)

NECHA Annual Meeting: Making Waves in College Health
October 29-31 ~ Wentworth by the Sea

Wednesday, October 29
Pre-Meeting Workshops ~ PM ~ 8:30-11:30am

☐ Pre-1: Beyond the Weight Police: Working Effectively with Eating Disordered Students in the Medical Setting
Margaret Higham, MD Jodi Galin, PhD Lisa Pearl, RD
CME: 3; CNE (Nursing): 3; PsyCE: 3; AAFP: 3; NBCC: 3; NASW: 1.5

☐ Pre-2: Nurse Manager Round Table
Katharine Bryda, MS, RNC
CME (Nursing): 3

☐ Pre-3: Hot Legal Disability Topics
Jeanne M. Kincaid, JD Deborah Cohen, MEd Rochelle Litalien, MS, RD, LD Mark Peluso, MD, FAAFP
CME: 3; CNE (Nursing): 3; PsyCE: 3; AAFP: 3; NBCC: 3; NASW: 1.5

☐ Pre-4: Next Level Social Marketing: Applying the 4 Ps
Leah Berkenwald, MA
CME (Nursing): 3; CHES: 3; NASW: 1.5
Keynote ~ Keynote ~ Keynote 12:45-1:45pm

☐ Discovering Bias: Challenges & Opportunities for Organizational Diversity
Keith Maddox, PhD
CME: 1; CNE (Nursing): 1; PsyCE: 1; CHES: 1; AAFP: 1; NBCC: 1; NASW: 1
Concurrent Sessions ~ A ~ 2:00-3:30pm

Samuel Z. Goldhaber, MD
CME: 1.5; CNE (Nursing): 1.5 (pharm 0.75); AAFP: 1.5

☐ A-2: Canceled

Concurrent Sessions ~ B ~ 4:00-5:30pm

☐ A-3: Acceptance & Commitment Therapy: An Experiential Overview
Charles Morse, MA, LMHC
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; AAFP: 1.5; NBCC: 1.5; NASW: 1.5

☐ A-4: Roundtable Discussion: Bystander Intervention Programs- How to Create and Evaluate
Nicole Bihler, MEd, CHES Amanda Vann, MEd
CME (Nursing): 1.5; CHES: 1.5; MCHES: 1.5; NASW: 1.5

☐ A-5: Discovering Bias: Further Exploration
Keith Maddox, PhD
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; AAFP: 1.5; NBCC: 1.5; NASW: 1.5

☐ A-6: Making it Easy: Minimizing Barriers to STI Testing in College Health
Cathryn Imperato, MSN, DNP, NP-C, WHNP-C
CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; AAFP: 1.5

Concurrent Sessions ~ B ~ 4:00-5:30pm

☐ B-1: Sports Injuries You Don't Want to Misdiagnose
Fred Brennan, DO, FAOASM, FAAFP, FACSM
CME: 1.5; CNE (Nursing): 1.5; AAFP: 1.5

☐ B-2: Grand Rounds: Nursing
Lauri Gallimore, RN, BS Melissa Lopez, RN, BSN, MPH Judy Whyte, RN
CME (Nursing): 1.5

☐ B-3: Promoting Strengths-based, Collaborative College Mental Health Treatment: Intakes, Medical Records and Case Consultations
SuEllen Hamkins, MD Joshua Relin, PsyD
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; AAFP: 1.5; NBCC: 1.5; NASW: 1.5

☐ B-4: Creating a Campus-Specific Online Alcohol Education Program
Ryan Travia, MEd Michelle Mandino, MSW
CME (Nursing): 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

Program 1 | Page
Concurrent Sessions ~ E ~ 2:15-3:45PM

**E-1**: The Neurobiology of Food Motivation in Anorexia Nervosa  
Elizabeth A. Lawson, MD, MMSc  
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; AAFP: 1.5; NBCC: 1.5; NASW: 1.5

**E-2**: Risk Management: Students Participating in Study Abroad Programs  
Linda Hoer, RN, MS  Carol Lebold, BA  Patricia Donahue-Leitch, MSN/EMBA, APRN-BC  
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

**E-3**: Integrative Treatment of Substance Use & Other Mental Health Disorders in the College Population  
Felix Pizzi, LMHC, CCMHC  
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

**E-4**: Mini BASICS: Reducing Staff Time from 3 Hours to 30 Minutes When Providing Brief Alcohol Screening and Intervention for College Students  
Brian S. Bowden, MEd  Ann Bracken, MD, PhD  
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; MCHES: 1.5; NBCC: 1.5; NASW: 1.5

**E-5**: Lock, Lights, Out of Sight: Security Planning for Health Services  
Margaret Higham, MD  Kathleen Savage, RN  Geoffrey Bartlett  
CME: 1.5; CNE (Nursing): 1.5; CHES: 1.5; AAFP: 1.5; NASW: 1.5

**E-6**: Visual Design Concepts for Health Education: How to create effective, good-looking visual materials without a graphic designer  
Leah Berkenwald, MA  Claudia Trevor-Wright, BA, MA, JD  
CME (Nursing): 1.5; CHES: 1.5; NASW: 1.5

Concurrent Sessions ~ F ~ 4:00-5:30PM

**F-1**: Grand Rounds: Medical  
Peter Davis Smith, MD  
CME: 1.5; CNE (Nursing): 1.5 (pharm 0.40); AAFP: 1.5

**F-2**: Screening for Alcohol Misuse in a College Health Service  
Ann Bracken, MD, PhD  Brian Bowden, MEd  
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; AAFP: 1.5; NBCC: 1.5; NASW: 1.5

**F-3**: Toward Multidisciplinary Treatment & Training: Success, Challenges & Solutions  
John Miner, MD  Deborah Flynn, NP  Craig Piers, PhD  Elizabeth Schewe, MA  Karen Theiling, LMHC  Margaret Wood, MSW, LICSW  
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; AAFP: 1.5; NBCC: 1.5; NASW: 1.5

**F-4**: Come As You Are: How (and Why) to Promote Women's Sexual Wellbeing in the 21st Century  
Emily Nagoski, PhD  
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; NBCC: 1.5; NASW: 1.5

**F-5**: Medical Marijuana Laws in New England: An Update  
Gordon Smith, Esq  Jessica Greher Traue, EdM  
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; AAFP: 1.5; NBCC: 1.5; NASW: 1.5

**F-6**: Medical Leaves of Absences A to Z  
Maria E. Suarez, MSW  Kevin Charles, DEd  
CME: 1.5; CNE (Nursing): 1.5; PsyCE: 1.5; CHES: 1.5; AAFP: 1.5; NBCC: 1.5; NASW: 1.5
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### Friday, October 31

**Featured Session ~ G/H ~ 8:45-Noon**

#### G/H-3: DBT in the College Population:  
Advanced Application of Core Skills and Principles  
This three-hour session will be held on Friday during two concurrent time slots.

  Jesine Xavier, PsyD  
  **CME:** 3; **CNE (Nursing):** 3; **PsyCE:** 3;  
  **NBCC:** 3; **NASW:** 3

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### Concurrent Sessions ~ G ~ 8:45-10:15am

#### G-1: Concussion Management in 2014  
Mark Peluso, MD, FAAFP  
**CME:** 1.5; **CNE (Nursing):** 1.5; **AAFP:** 1.5

#### G-2: Vaccines on Campus: Raising Awareness and Dispelling Myths  
Richard Bungiro, PhD  
**CME:** 1.5; **CNE (Nursing):** 1.5; **AAFP:** 1.5

#### G-4: Health Promotion Peer Review in Practice  
Fran Taylor, MA  
Joleen M. Nevers, MAEd, CHES, CSE  
Ryan Travia, MEd  
**CNE (Nursing):** 1.5; **CHES:** 1.5; **NASW:** 1.5

#### G-5: Study Abroad, Hooking up, and Sexual Assault in Undergraduates  
Matthew O. Kimble, PhD  
William Flack, PhD  
**CME:** 1.5; **CNE (Nursing):** 1.5; **CHES:** 1.5;  
**NBCC:** 1.5; **NASW:** 1.5

#### G-6: Bridge to Health: A Pilot Support Program  
Designed to Increase Exercise Behaviors as Treatment for Students with Mental Health Concerns  
Jeanne Haley, MSW, LICSW  
**CNE (Nursing):** 1.5; **PsyCE:** 1.5; **NBCC:** 1.5; **NASW:** 1.5

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**G-7: Results and Lessons of the “Get More Sleep!” Campaign: A Campus-Wide Intervention to Change the Sleeping Habits of College Students**  
Suzanne Bornschein, MD  
Caroline Doyle, BA  
**CME:** 1.5; **CNE (Nursing):** 1.5; **CHES:** 1.5; **AAFP:** 1.5;  
**NBCC:** 1.5; **NASW:** 1.5

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### Concurrent Sessions ~ H ~ 10:30-Noon

#### H-1: The ABCs of ABX  
Stacey Sperling, MD  
**CME:** 1.5; **CNE (Nursing):** 1.5 (pharm 1.0); **AAFP:** 1.5

#### H-2: Mind-Body Intervention in College Health  
Lisa H. Howe, MSN, ANP-BC  
**CME:** 1.5; **CNE (Nursing):** 1.5; **CHES:** 1.5; **AAFP:** 1.5;  
**NBCC:** 1.5; **NASW:** 1.5

#### H-4: The Wellness Challenge: Evidence-Based Upstream Prevention  
Jessica Gifford, LICSW  
**CNE (Nursing):** 1.5; **CHES:** 1.5; **NBCC:** 1.5; **NASW:** 1.5

#### H-5: All About the Thyroid Gland  
Michelle Paavola, MD  
Cheryl Flynn, MD, MS, MA  
**CME:** 1.5; **CNE (Nursing):** 1.5; **AAFP:** 1.5

#### H-6: Becoming a Tobacco-Free/Smoke-Free Campus: Riding the Wave of Health  
Tami Gouveia, MSW, MPH  
Jessica Sheeran, MMSW  
Ann Becker, RN, BSN  
**CNE (Nursing):** 1.5; **CHES:** 1.5; **MCHES:** 1.5; **NBCC:** 1.5

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Evaluations for CE Credit will be conducted online through the NECHA web site:  

**www.NECHAonline.org**

See program guide on site for details

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Program 4 | Page