NECHA | NYSCHA

2013 COMBINED ANNUAL MEETING

Together, we are more

November 6-8, 2013

Hilton Burlington Hotel ~ Vermont

COLLEGE HEALTH PROFESSIONALS MUST-ATTEND MEETING OF THE YEAR





New England & New York State will gather in Burlington, Vermont for the Region V 2013 Combined Annual Meeting.

Together, we are more

covers a myriad of topics that are current and ever-evolving in college health.

Hosted by NECHA along the Burlington Waterfront on Lake Champlain, we cordially invite you to join us in the Queen City this November.

NECHAonline.org

REGISTER ON LINE AT WWW.NECHAONLINE.ORG

Presented by the New England College Health Association.

NECHA | NYSCHA

2013 COMBINED ANNUAL MEETING

Together, we are more

From the Program Chair:

As the fall begins, we are energized by thoughts of a new academic year. We at NECHA are very excited about our upcoming Region V Combined Annual Meeting at the Hilton Burlington Hotel in Burlington, Vermont. The theme for our Meeting is very fitting: *Together, we are more.*

Our keynote speaker is Luoluo Hong, Vice Chancellor of Student Affairs, University of Hawaii. Her presentation *The Scarecrow, Tin Man and Lion - Journey to Oz: Responding to the Changing Landscape in Higher Education* will provide a jumping off point for lively discussions of how student health services can respond to this changing environment. I am particularly excited to bring Luoluo back to New England as she was a Student Health Educator when I first arrived at Amherst College in 1987! We have remained friends and colleagues over these years and I have great respect for the work she has done.

Our second general session speaker will feature Ragen Chastain of Sized for Success. In her presentation, Wellness Care for People of



Size, Ragen will examine the evidence for a health-based rather than a weight-based approach for preventive health to accommodate those of all body sizes. Ragen presented to the Five College Consortium (Amherst, Hampshire, Mount Holyoke, UMass Amherst, Smith) in western Massachusetts last spring and discussions here were provocative and very lively.

Many of our colleagues tell us they look forward to NECHA's Annual Meeting each year to fill knowledge gaps and share with colleagues from around the region. We look forward to hosting New York as we host this year's Combined Meeting year. Please join us in November!

Denise McGoldrick, MS, MCHES
2013 Combined Annual Meeting
Program Chair;
Assistant Dean of Students;
Director of Health Education
Amherst College

TARGET AUDIENCE

- Physicians
- Mental Health Counselors
- Advanced Practice Clinicians Health Educators
- Nurses
- Psychologists
- Social WorkersAdministrators

Value Added ~ No additional charge,

pre-registration necessary

3 PRE-MEETING WORKSHOPS

WEDNESDAY, NOV. 6 8:30-11:30AM

PM-1 Nurse Manager Round Table

Nurse Managers face many challenges in the day-to-day operations of a college health center. Keeping your staff motivated and clinically up to date while riding the budget merry-go-round are some common challenges. You are not alone! Come to share your ideas and approaches with your peers. All are welcome. Together we are more!

Katharine Bryda, ASN, BA, MS - Mount Holyoke College Kathleen Savage, RN - Tufts University Charlene Bradley, BPS, RNBC - Dartmouth College

PM-2 A Conversation About Eating Disorders: It Takes A Village

This Pre-Meeting workshop will address some of the more complex issues surrounding caring for students with eating disorders. While many in the college health professions have attempted to educate themselves regarding the treatment of eating disorders, there is still a lack of comfort in caring for people with these issues. This is influenced by many factors including the wide range of the manifestation of the various disorders from binge eating disorder to anorexia nervosa. Administrative support (from time for visits to the intricacies of medical leave), availability of and support for the team approach, campus based issues such as housing, athletics, friend and parent issues, as well as providers own biases toward clients and how this can affect the therapeutic relationship, all of which make caring for this group of people challenging. Our goal in this workshop is to begin the dialogue and for participants to leave with a tool box that will help increase their comfort in providing more comprehensive care to students with disordered eating.

Vanessa Britto, MD, MSc - Wellesley College Miriam McKendall, Esq. - Holland & Knight, LLP Mark Reed, MD - Dartmouth College

PM-3 Health Education/Health Promotion Peer Review

Assessment is important in guiding our work and is critical for our institutions. Many student health professionals use peer review in their work to validate that they are providing evidenced-informed strategies in their professions while also learning from each other in the process. During this working session there will be an opportunity for health educators to practice peer review strategies with each other on topics such as program initiatives, BASICS, assessment tools, policies, concepts on various topics, etc.

Joleen M. Nevers, MAEd, CHES, CSE - University of Connecticut Ryan Travia, MEd - Harvard University Fran Taylor, MA - The College of the Holy Cross Amanda Vann, MEd - University of Massachusetts Amherst



MEETING GOALS

Along with the NECHA membership and invited guests, the purpose and goals of the Combined Annual Meeting include:

- ~ Bring together the membership and regional college health professionals for 3 days of sharing best practice, procedures, and innovation in college health.
- ~ Provide a platform of continued learning and discussion on current and relevant issues that further the college health profession.
- ~ Encourage collaboration between NECHA & NYSCHA within Region V

MEETING at-a-Glance

Wednesday 11/6

Registration, Exhibits, Continental Breakfast: 8:00 AM – on-going

PRE-MEETING WORKSHOPS
8:30 AM - 11:30 AM

Lunch, Welcome, Opening Remarks: 11:45 AM - 12:45 PM

KEYNOTE ADDRESS 12:45 PM - 1:45 PM

CONCURRENT – A – SESSIONS

2:00 PM - 3:30 PM

Afternoon Break with Exhibitors: 3:30 PM - 4:00 PM

CONCURRENT – B – SESSIONS 4:00 PM - 5:30 PM

NECHA | NYSCHA Reception & Annual Banquet: 5:30 PM - 8:00 PM

Thursday 11/7

Continental Breakfast, Exhibits, Registration: 7:30 AM – on-going

CONCURRENT – C – SESSIONS 8:30 AM - 10:00 AM

Morning Break with Exhibitors: 10:00 AM - 10:30 AM

CONCURRENT – D – SESSIONS 10:30 AM - Noon

Lunch, Exhibits: Noon - 1:00 PM

THURSDAY GENERAL SESSION 1:00 PM - 2:00 PM

CONCURRENT - E - SESSIONS

2:15 PM - 3:45 PM

Afternoon Break: 3:45 PM - 4:00 PM

CONCURRENT - F - SESSIONS

4:00 PM - 5:30 PM

FRIDAY 11/8

Continental Breakfast, Registration: 7:30 AM – on-going

Affiliate Business Meetings: 7:30 AM CONCURRENT – G – SESSIONS

8:30 AM - 10:00 AMMorning Break: 10:00 AM - 10:15 AM

CONCURRENT - H - SESSIONS

10:15 AM - 11:45 AM



CONTINUING EDUCATION

CME Credits: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American College Health Association and New England College Health Association. The American College Health Association is accredited by the ACCME to provide continuing medical education for physicians. The American College Health Association designates this live activity for a maximum of 17.0 AMA PRA Category 1 Credits.TM Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Contact Hours (CNE): This continuing nursing education activity was approved by the American College Health Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

ACHA designates this educational activity for a maximum of 17.0 contact hours.

CE Credits for Psychologists (PsyCE): This educational activity is co-sponsored by the American College Health Association and New England College Health Association. The American College Health Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American College Health Association maintains responsibility for this program and its content. ACHA has awarded this program 16.0 hours of continuing education for psychologists. Psychologists must attend each session in its entirety in order to qualify for CE credit for that session.

CECH Contact Hours (CHES): Sponsored by the American College Health Association, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 17.0 total Category I contact hours in health education. Maximum advanced-level contact hours available are 7.0.

Clock hours for certified counselors (NBCC): The American College Health Association (ACHA) is an NBCC-Approved Continuing Education Provider (ACEP™) and a cosponsor of this event/program. ACHA may award NBCC-approved clock hours for events or programs that meet NBCC requirements. The ACEP maintains responsibility for the content of this event. ACHA designates this educational activity for a maximum of 16.0 clock hours.

ADDITIONAL CE OPPORTUNITIES

AAFP CME: This Live activity, NECHA | NYSCHA 2013 Combined Annual Meeting: Together, we are more, with a beginning date of 11/06/2013, has been reviewed and is acceptable for up to 17.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NASW Contact Hours: This program is Approved by the National Association of Social Workers (Approval #886449811-2322) for 17 Social Work continuing education contact hours.





REGISTRATION (see registration form for fees)

FULL 3-DAY MEETING FEES

Full 3-Day Registration for the Meeting includes admittance to all sessions and exhibit hall, online instructional materials, two lunches and continental breakfasts, Wednesday Annual Banquet, and refreshment breaks.

SINGLE-DAY MEETING FEES

Single-Day Registration is available to participants unable to attend the entire meeting. Wednesday and Thursday single day fees include a ticket to the (Wed. evening) Annual Banquet.

FULL-TIME UNDERGRADUATE STUDENT FEES

Discounted rates are available to full time undergraduate students. In addition to the online registration, a copy of the student's photo ID must be submitted to Julie@NECHAonline.org.

PAYMENT / REFUNDS

Payment by check or credit card is acceptable. Registrants wishing to use a credit card will be sent an invoice, payable through PayPal. Purchase orders are accepted as well. Registrants utilizing POs will receive an invoice prior to the Meeting. Full payment is expected prior to the Meeting. A confirmation letter will be sent within 10 days of registration receipt. If you have registered, then cannot attend, you may send a substitute without penalty. A \$50 cancellation fee will apply to registrants who give notice by October 25. Refunds will *not* be granted after that date.

QUESTIONS? Contact Julie Basol, Administrative Director: 802 598 7424 Julie@NECHAonline.org

ANNUAL MEETING SITE HILTON BURLINGTON HOTEL

60 BATTERY STREET

Burlington, Vermont 800 345-5050

Overlooking Lake Champlain and the Adirondack Mountains, the Hilton Burlington Hotel offers stunning views and is the only full-service hotel in downtown Burlington. The hotel is just steps from Church Street Marketplace, a lively mix of shops, restaurants and attractions. Enjoy complimentary shuttle service for Burlington International Airport, located just ten minutes from the Hilton.

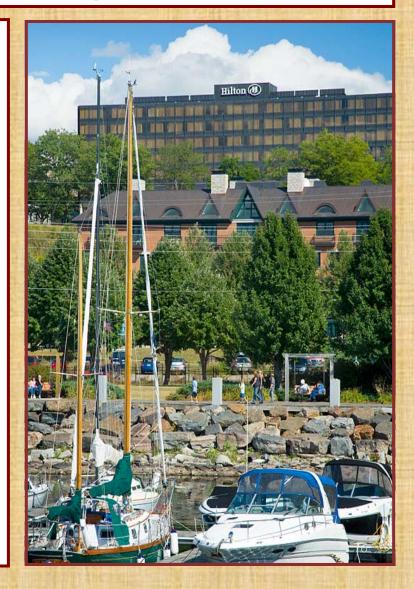
Admire lake or city views in a comfortable guest room or suite at this lakeside hotel. Unwind with a cup of coffee in the lobby by the fire or mingle with friends over cocktails at Bar 60. Dine on American classics with Vermont flair at SIXTY BATTERY Restaurant. Refresh with a swim in the hotel pool or enjoy an invigorating workout at the fitness center. Keep up with work and stay in touch with the fully-equipped business center. Complete directions to the Hilton will be included in your confirmation letter.

We strongly recommend you make your hotel reservations well in advance. A block of rooms with reduced overnight rates has been reserved for the Combined Annual Meeting at the Hilton Burlington Hotel. To obtain the reduced overnight rate of \$139 per night (single or double), call 802 658 6500 and specify that you are attending the Combined Annual Meeting of the New England & New York State College Health Associations.

Deadline for securing the reduced overnight rate is:

October 18, 2013.

The Hilton's sleeping rooms, public space, and restrooms are easily accessible. NECHA is committed to creating a quality meeting that is accessible to all. Please communicate any special needs you may have, including dietary, in writing along with your registration form.





KEYNOTE, OPENING SESSION WEDNESDAY, NOVEMBER 6 12:45-1:45 PM



THE SCARECROW, TIN MAN AND LION – JOURNEY TO OZ: RESPONDING TO THE CHANGING LANDSCAPE OF HIGHER EDUCATION

Luoluo Hong, PhD, MPH Vice Chancellor, Student Affairs University of Hawaii

The changing landscape for US higher education has meant increased scrutiny of our funding models, the quality of our degrees, the efficiency of our educational delivery systems, and the contributions we make to advance state and public agendas. Campuses are further challenged with meeting the learning needs of a rapidly changing student demographic. College health services on campus must respond to this "new normal" and demonstrate their contribution to the broader academic mission if they are to remain relevant and viable into the future.

Join us for the opening, keynote session with Dr. Luoluo Hong.

ABOUT THE KEYNOTER

The eldest daughter of Taiwanese immigrants, Luoluo (pronounced "lŌ-lŌ") Hong has been a passionate and energetic educator, leader and student advocate in higher education since 1992. Her senior admin-

istrative roles have included Assistant Vice President & Dean of Students at Shepherd College; Dean of Students at the University of Wisconsin-Madison; and Dean of Student Affairs at the West campus for Arizona State University. Since January 2008, she has served as Vice Chancellor for Student Affairs at the University of Hawai'i at Hilo.

At each campus where she has served, Luoluo has been an affiliated faculty member in a variety of disciplines - including Kinesiology, Educational Leadership & Policy Analysis, Psychology, and Criminal Justice & Criminology. Luoluo was also a full-time Associate Professor of Women's Studies at ASU during Fall 2007. She is currently tenured as an Associate Professor in Public Health Leadership & Education in UH Hilo's College of Pharmacy, and teaches HON 100 for the Chancellor's Scholars each Fall term.

Luoluo holds a BA in Psychology from Amherst College, a Master's in Public Health from Yale University, and a PhD in Educational Leadership & Research from Louisiana State University in Baton Rouge. A nationally-sought after speaker and trainer in the areas of violence prevention, social justice, and leadership, Luoluo has delivered over 2,100 presentations and keynoted over 35 conferences and meetings. Formerly a consulting editor for the *Journal of American College Health*, Luoluo sits on the Advisory Board for the National Association of Student Personnel Administrators' Center for Scholarship, Research & Professional Development for Women and on the Women's Network Executive Council for the American Council of Education. She is a Past-Chair of the American College Personnel Association's Commission for Social Justice Educators and just completed a term as chair-designate for the Pacific West Athletic Conference from 2011-13.

An alumna member of the Delta Kappa chapter of Kappa Alpha Theta, Luoluo has volunteered with numerous rape crisis centers across the country and served on the Board of Directors for Casa – Center for Prevention of Abuse & Violence in Phoenix, and with Kiwanis and the Chamber of Commerce in the East Hawai'i Island community.

GENERAL SESSION THURSDAY, NOVEMBER 7 1:00-2:00 PM



WELLNESS CARE FOR PEOPLE OF SIZE

Ragen Chastain Speaker, Writer Sized for Success, LLC

At Thursday's general session, we will examine the evidence for a health-based rather than weight-based approach, in which people of all sizes, including those deemed "overweight" or "obese," are encouraged to pursue health through healthy behaviors. By providing access and information, public health messages are constructed to be shame- and stigma-free, encouraging, and future oriented. The messages are evidence-based, thereby increasing patient engagement and positive, rather than negative, health outcomes.

ABOUT THE PRESENTER

A trained researcher and three-time National Champion dancer, Ragen Chastain writes and speaks about self-esteem, body image, and health at every size. Author of a popular blog and book Ragen's writing has also been published in forums including the Calgary Herald, Democratic Underground, and Jezebel.com. Her work has been translated into multiple languages and her blog has readers on all seven continents. She is also a body image and women's health writer for NBC's iVillage. Ragen has recently spoken at places such as Michigan State, CalTech, Dartmouth and Google Headquarters and is a feature interviewee in the documentary "America the Beautiful 2 – The Thin Commandments," released by Warner Brothers in 2011.

A concurrent session, *Health at Every Size (HAES) in Public Health Messages*, will be presented by Ragen and co-presenter, Karen Jacobus immediately following Thursday's general session.

APPLYING ASPECTS OF DIALECTICAL BEHAVIOR THERAPY (DBT) TO INCREASE ADAPTIVE COPING IN THE COLLEGE POPULATION

Jesine Xavier, PsyD

There is an increased frequency and severity of students using behaviors to manage emotions in colleges and universities. College mental health centers often have a limited number of sessions to address how these symptoms are interfering with the student's ability to be effective and successful. A targeted intervention, DBT, is aimed at increasing effectiveness in mindfulness, interpersonal effectiveness, distress tolerance, and emotion regulation - all areas where many students show deficits. Learning and practicing these skills will help "treaters' in college health centers more adequately address their student's needs.

This presentation will provide a brief overview of the theory and principles of DBT. A three-hour session, participants will learn DBT skills and practice techniques that will be most effective in a college mental health setting. The curriculum will be broken up into a 3, 6, and 10 week model. Handouts will be provided that can be used to facilitate teaching in

the educational setting.

ABOUT THE PRESENTER

Dr. Jesine Xavier is a Doctor of Psychology in private practice in Needham, Massachusetts, specializing in individual, group, family and couples therapy. Also an adjunct professor as Boston College, Xavier attended Tufts University, where she received a Bachelor of Arts degree in Psychology. She attained a Doctorate of Psychology degree from Illinois School of Professional Psychology and has completed additional DBT training with Behavioral Tech. For five years, she was a member of an adolescent DBT consultation team led by Michael Hollander, PhD, DBT Senior Consultant at McLean Hospital. Her areas of expertise include

adolescents, families, high-risk behaviors, and multi-problematic clients.

This three-hour session will be held on Friday during two concurrent session time slots.

Pre-register for the session, please choose both codes G3 and H3.





EVERY 4 YEARS,

NECHA hosts the (ACHA) Region V
Combined Annual Meeting. For over
twenty years, the Hilton Hotel in
Burlington, Vermont has served as the
primary hosting site. We look forward
to a large gathering of New England
and New York State colleagues this
November in the Queen City Together, we are more!



Pre-Meeting Workshops ~ PM ~ 8:30-11:30am

PM-1/Nurse Manager Round Table

Nurse Managers face many challenges in the day-to-day operations of a college health center. Keeping your staff motivated and clinically up to date while riding the budget merry-go-round are some common challenges. You are not alone! Come share your ideas and approaches with your peers. All are welcome.

Katharine Bryda, ASN, BA, MS

Nursing Coordinator Mount Holyoke College

Kathleen Savage, RN

Nurse Manager Tufts University

Charlene Bradley, BPS, RNBC

Director, Nursing Dept; Admin & Fiscal Officer Dartmouth College

PM-2 A Conversation About Eating Disorders: It Takes A Village

This workshop will address some of the more complex issues surrounding caring for students with eating disorders. While many college health professions have attempted to educate themselves regarding the treatment of eating disorders, there is still a lack of comfort in caring for people with these issues. This is influenced by many factors including the wide range of the manifestation of the various disorders from binge eating disorder to anorexia nervosa. Administrative support, availability of and support for the team approach, campus based issues such as housing, athletics, friend and parent issues, as well as providers own biases toward clients and how this can affect the therapeutic relationship, all of which make caring for this group of people challenging. Our goal in this workshop is to begin the dialogue and for participants to leave with a tool box that will help increase their comfort in providing more comprehensive care to students with disordered eating.

Vanessa Britto, MD, MSc

Director, Student Health Services Wellesley College

Miram McKendall, Esq.

Partner Holland & Knight, LLP

Mark Reed, MD

Co-Director, Student Health Services Dartmouth College

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Joleen M. Nevers, MAEd, CHES, CSE

Health Education Coordinator University of Connecticut

Ryan Travia, MEd

Director, Dept. of Health Promotion & Education
Director, Office of Alcohol & Other Drug Services Harvard University

Fran Taylor, MA

Director, Wellness Programming The College of the Holy Cross

Amanda Vann, MEd

Sexual Respect Educator Amherst College

Keynote ~ Keynote 12:45-1:45pm

Keynote The Scarecrow, Tin Man and Lion – Journey to Oz: Responding to the Changing Landscape of Higher Education

The changing landscape for US higher education has meant increased scrutiny of our funding models, the quality of our degrees, the efficiency of our educational delivery systems, and the contributions we make to advance state and public agendas. Campuses are further challenged with meeting the learning needs of a rapidly changing student demographic. College health services on campus must respond to this "new normal" and demonstrate their contribution to the broader academic mission if they are to remain relevant and viable into the future.

Loulou Hong, PhD, MPH

Vice Chancellor for Student Affairs University of Hawaii

Concurrent Sessions ~ A ~ 2:00-3:30pm

A-1 Practical Sports Medicine: Return to Play, Sickle Cell Trait, PPEs & 2013 AMSSM Annual Meeting Update

We will concisely address the following issues in sports medicine with a focus on practical intervention: Return to play decisions for athletes, including Mononucleosis, skin infections, and general illness; sickle cell trait, including recent changes in NCAA guidelines; performing an appropriate cardiac evaluation during the PPE, including findings that should prompt further investigation; and key updates from the 2013 AMSSM annual meeting.

Scott Simmons, MD

Team Physician Tufts University

Krystian Bigosinksi, MD

Head Team Physician University of Vermont

A-2 Norovirus A to Z (Apple Juice to Zofran)

This presentation will provide a comprehensive overview of gastroenteritis, focusing particularly on Norovirus infection. We will review epidemiology, general concepts in management of gastroenteritis, and the unique role of the ondansetron class of medication, which has revolutionized office management of vomiting illness. The public health issues of a highly transmissible infectious illness on campus will also be considered.

Margaret Higham, MD

Medical Director Tufts University

A-3 Grand Rounds: Mental Health

In a grand rounds format, I will discuss and review a several year combined treatment with a college student for whom suicidal thinking and behavior was a central focus of the treatment. With the use of direct material from the therapy and focused discussion with the audience, the participants will learn about important techniques and approaches in working with suicidal students.

John Miner, MD

Co-Director, Psychological Counseling Services Williams College

A-4 Social Marketing: What it is, When to use it, and How to get Results

Social marketing is an effective health communication strategy that applies commercial marketing principles to the promotion of socially desirable behavior change. Embraced by the CDC, it is a promising approach for health-related behavior change interventions. Unfortunately, social marketing is often misunderstood and misapplied. This presentation will clarify the social marketing method, explain the process of designing an original social marketing campaign, and discuss practical applications for practitioners of health promotion and wellness education.

Leah Berkenwald, MA

Coordinator, Wellness Education Wentworth Institute of Technology

A-5 Rethinking Inclusive Prevention: Implementing Bystander Intervention Programming

Participants will delve into planning, implementation and assessment of a bystander intervention prevention program model. Professionals will explore the foundation for adapting and implementing bystander programs on their campus that incorporate

student, faculty and staff support. Both sexual violence, alcohol and other drug programming are included. "Together, we are more" is embodied in this interactive session! Participants will be empowered as active bystanders and how to effect positive change in their community.

CC Curtiss, MEd

Director of Student Wellness & AOD Education Connecticut College

Darcie Folsom, BS

Director, Sexual Violence Prevention & Advocacy Connecticut College

Tayna Purdy, MPH, MCHES

Director, Health Education Wesleyan University

Alysha Warren, LPC

Therapist/Sexual Assault Resource Coordinator Wesleyan University

A-6 Popular Herbal Supplements: Efficacy, Risks, and Potential Drug Interactions

Botanical medicine (also known as phytotherapy, or herbal medicine) is gaining in popularity and remedies from this modality are often employed to address conditions in mental health, digestive function, energy and athletic performance, and common infections. Learn some of the most widely used herbal supplements, the evidence for their efficacy and risks, and potential interactions with pharmaceuticals.

Guido Masé, RH

Co-Director Vermont Center for Integrative Herbalism

Concurrent Sessions ~ B ~ 4:00-5:30pm

B-1 Skin Problems in College Health: It's All About Pattern Recognition!

Evaluating skin problems is a recurrently vexing issue for many college health professionals. There are many patterns and groupings within dermatology that can assist practitioners in making an accurate diagnosis. In addition, punch biopsy is a simple procedure that can add information to help solve a diagnostic conundrum. It's time to move beyond "if it's dry, wet it; if it's wet, dry it and if you don't know what it is, use steroids"!!

Peter (Davis) Smith, MD

Medical Director Trinity College

B-2 Psychopharmacology for Primary Care Providers

An increasing number of students are presenting to College Health Services with mental health complaints. Primary care providers are often the clinicians who initiate, monitor, and adjust the students medication needs. This presentation will review when to start and adjust medications for common mental health presentations and when to make referrals.

Mark Reed, MD

Co-Director, Student Health Services Dartmouth College

B-3 Addressing Mental Health Concerns in the International Student Population

As greater numbers of international students enroll in American universities, the need to address their mental health concerns has become increasingly pressing. International students face major stresses over and above the well documented issues of the millennial cohort, and now comprise a significant proportion of the students requiring mental health services. Working with this population presents special challenges to health care clinicians and counselors, and appreciating the issues and how to respond can sometimes alter the course of a person's life. This presentation will summarize important considerations in working with this population, including the manner in which students present, appreciating perceived stigma, and the need to work with students in a culturally informed manner. Practical ideas and suggestions will be shared.

Miriam Lundy, MSN, NP

Psychiatric Nurse Practitioner Boston University Student Health Services

Margaret Ross, MD

Director, SHS Behavioral Medicine Boston University

B-4 Challenge Accepted: Evolution of a Holistic Wellness Challenge Program for Students, Faculty, and Staff

Many campuses offer some type of wellness/fitness challenge program. This session will detail the experience of implementing, evaluating, and changing a holistic wellness challenge program for students, staff, and faculty with the aim of addressing participant

feedback, increasing participation (both quantity and quality), and addressing community needs.

Beth Grampetro, MPH, CHES

Director, Health Services Mount Ida College

B-5 SPAM: It Does a Party Good!

Tasked with how to reduce risk at student events with alcohol? Lower your alcohol-related ER visits, sexual assault, drug use, and other risky behaviors all in the name of SPAM! Participants who attend this session will learn about RPI's new Student Peer Alcohol Monitor (SPAM) program that was launched in Fall 2012, where students employed and trained by the college attend and monitor registered social events. Highlights regarding program development, training, the role of student monitors, supervision, and creative campus partnerships will be discussed. Outcomes, strengths, limitations, and projected alterations will be reviewed.

Tara R. Schuster, MS

Health Educator Rensselaer Polytechnic Institute

Matthew Hunt, MA

Associate Dean, Greek Life Commons Rensselaer Polytechnic Institute

B-6 The Power of Group: Increasing the Client Capacity and Effectiveness of your Small College Counseling Center through Group Counseling

While group therapy is commonly provided in many college counseling centers, many smaller campuses have difficulty establishing groups.

This panel presentation is designed to provide some suggestions for making groups a more viable alternative to individual counseling, especially on the small campus. The panel will discuss some of the benefits of group treatment, address the common pitfalls to group work, and discuss strategies for reducing the impact of these problems.

Program Need: Group work is regarded by many as a viable treatment method. Given common constraints on staff sizes and demand for service, groups would appear to be a relevant means of providing effective services to more people. However, challenges apparent on small campuses including problems with confidentiality and scheduling often inhibit counseling center staff from initiating groups. This session will focus on addressing strategies for dealing with these concerns as well as addressing other potential factors i.e. lack of group training, or uncertainty about the effectiveness of using groups.

Keith Anderson, PhD

Staff Psychologist; Outreach Coordinator Rensselaer Polytechnic Institute

Marta Carlson, PhD

Associate Director, Student Health Services; Director of Training Assumption College

Jocelyn Novella, MA, LPC

Assistant Director of Counseling Sacred Heart University

Thursday, November 7

Concurrent Sessions ~ C ~ 8:30-10:00pm

C-1 Grand Rounds: Medical

Guided discussion and analysis of challenging or otherwise meaty medical cases. This session entails heavy audience participation.

Peter (Davis) Smith, MD

Medical Director Trinity College

C-2 Mind, Body, Spirit Techniques to Reduce Stress in College Freshmen

This randomized pilot intervention study examines the influence of coherent breathing and meditation on perceived stress, anxiety and holistic wellness in college freshmen and sophomores. A self selected sample of 40 Boston College students was recruited for random assignment into three groups: meditation, coherent breathing and control. Univariate ANOVA was conducted on pre and post test change of scores for the four study instruments. Both intervention groups experienced favorable results as compared with controls.

Nancy Baker, PhD, ANP-BC

Associate Director, Administration & Nursing Boston College

C-3 Mental Health-Related Leaves & Return: A Roundtable of Perspectives on Protocols, Practice and Predicaments

Our roundtable participants will offer perspectives on protocols, practice, and perplexing challenges surrounding mental health-related leaves of absence and the processes through which students return after a semester or more away from campus. The facilitator will introduce some results and quandaries encountered through five years of coordination between a student mental health service and college administrators around MH-related leave of absence and return to a residential campus. The roundtable will consider the intersection and collaboration of case management, mental health/counseling services, academic and student life expectations and administrative protocols, and disability services and legal counsel.

Melanie Northrop, MA, MSW, LICSW

Clinical Coordinato, Health Services/Case Manager Harvard University

Julie Ross, PhD

Director, Counseling & Mental Health Services Tufts University

Maria Suarez, MSW

Associate Dean Brown University

Ward Newmeyer, BA

Director, Student Accessibility Services Dartmouth College

Daryl Lapp, JD

Partner Edwards Wildman Palmer LLP

C-4 Therapy for Liberation and Empowerment: Subverting the Dominant Worldview, Challenging Cultural Messages, and Other Radical Interventions with College Students

College students are in an ideal position developmentally to begin to question the assumptions of conventional wisdom and the status quo in our culture and society, and to feel empowered to take action to change their experiences of the world. Drawing from the work of Isaac Prilleltensky, Paulo Freire, Ignacio Martin-Baro, and Michael White, we will first explore the theory and underlying framework of liberation psychology and subversive therapy, helping participants to learn how to analyze students' presenting problems from the personal, cultural and institutional perspectives. We will teach various strategies and skills we use with students to deconstruct dominant, cultural messages and empower them to become 'active subjects' in their lives and in their communities.

Liana Buccieri, MSW

Clinical Social Worker Boston University Student Health Services

David Seeman, PhD

Senior Staff Psychologist Boston University

C-5 Quality Assurance Studies and Benchmarking: A Roundtable Discussion

This program includes panelists from AAAHC Accredited health centers from NYSCHA and NECHA. Panelists will provide an overview of the quality assurance program at their health center. Also reviewed will be the results of a recently conducted survey of quality assurance endeavors at NECHA and NYSCHA centers, as well as quality improvement standards as outlined by organizations such as AAAHC and JCAHO. The program will include an open discussion about conducting quality assurance studies and the opportunities to conduct regional benchmarking studies.

Kevin Readdean, MSEd

Associate Director Rensselaer Polytechnic Institute

Paul Berkner, DO

Medical Director/Team Physician Colby College

Debora Cain, RN-BC

Clinical Coordinator College of the Holy Cross

Carlo Ciotoli, MD, MPA

Associate Vice President, Student Health New York University

C-6 Addressing Interpersonal Violence at Harvard: Building Comprehensive Intervention and Prevention Services

This workshop will provide an overview of survivor advocacy services, including procedures on handling allegations of sexual misconduct, navigating confidentiality and Title IX requirements, and education and outreach services. Using a variety of methods to educate the campus about resources and recourse options, this workshop will outline the targeted strategies employed at Harvard. Beginning with first-year orientation, we will look at traditional and non-traditional programming efforts to clarify reporting options,

generating concrete tools and ideas participants can consider implementing on their own campus.

Alicia Oeser, BA

Education Specialist, Office of Sexual Assault Prevention and Response Harvard University

Concurrent Sessions ~ D ~ 10:30-Noon

D-1 Why & How College Health Services SHOULD be taking an active role in the medical care of students who are in the process of gender transitioning including the prescribing and monitoring of hormonal treatment

Colleges are starting to see an increasing number of students who either have gone through gender transition, are going through transitioning, or are considering initiation of transitioning. College health services need to provide care to support these students including monitoring of hormonal therapy.

John (Jack) Turco, MD

Co-Director, Student Health Service Dartmouth College
Associate Professor of Medicine
Geisel Medical School, Section of Endocrinology Dartmouth Hitchcock Medical Center

D-2 College Sexual Health: A Toolbox

A review for the the primary care provider of common sexual concerns among college students, along with suggestions and resources to respond to those concerns knowledgeably and comfortably.

Marsha Miller, MD

Staff Physician Brown University

D-3 University of Rochester CARE Network: Identifying and Triaging Students in Distress

Many colleges and universities are in the process of establishing ways of identifying students in or heading toward distress and appropriately connecting them to campus resources. The University of Rochester has an effective and comprehensive CARE network that involves faculty, staff, students, and parents in the CARE identification process. Attendees will be given an overview of UR's CARE Network, including strategies for involving the entire campus community, and will review survey results from CARE reporters and students identified through the CARE network.

Erin Halligan, PhD Candidate, NCC, ACS

Assistant Director, Student Support Services University of Rochester

Felicia Reed-Watt, MSW

Psychotherapist/Care Manager University of Rochester

D-4 "If you're fat, what does that make me?" Research on "Fat Talk" and Body Image: Strategies to Combat Self-disparaging Talk on Campus

"I feel fat today," "I shouldn't be eating this," and "You look great, have you lost weight?" are all examples of "fat talk"—a manner of talking about one's body, diet, or exercise regimen that is associated with body image dissatisfaction. Today fat talk is pervasive among college students, particularly women. This session will review the research on fat talk and explore ways to combat it on campus.

Leah Berkenwald, MA

Coordinator, Wellness Education Wentworth Institute of Technology

Susanna (Zan) Barry, MA

Senior Program Manager Massachusetts Institute of Technology

D-5 Billing 101: The Imperentation Process and Considerations of Billing for a Student Health Center

Institutions of Higher Education continue to challenge student health centers to identify ways to maintain their current operations, while increasing revenues. Administrators are challenged with indentifying a business model that blends both their institutions mission and need to generate revenue, while maintain their current operations. This session will discuss considerations IHE must consider when implementing direct billing, identify methods available for billing and discuss the challenges and benefits of direct billing.

Lori Soos, MA, BSN, RN

Director, Health Services Niagara University

D-6 New Trends in Marketing Research Applied to Health Promotion Programming

Recent research in fields such as branding; the neuropsychology of marketing and consumer behavior offer relevant knowledge to health professionals who utilize social marketing models to inform students about healthy decision making.

This presentation will provide an overview of some of these concepts; discuss how information utilized by the marketing world at large can impact prevention programming on our campuses and demonstrate how these concepts are being applied to prevention education at SUNY Oneonta.

Rebecca Harrington, MA

Health Educator SUNY Oneonta

General ~ General Session ~ General 1:00-2:00pm

General Session Wellness Care for People of Size

At Thursday's general session, we welcome Ragen Chastain. In her talk, she will examine the evidence for a health-based rather than weight-based approach, in which people of all sizes, including those deemed "overweight" or "obese," are encouraged to pursue health through healthy behaviors. By providing access and information, public health messages are constructed to be shame-and stigma- free, encouraging, and future oriented. They are evidence-based, thereby increasing patient engagement and positive rather than negative health outcomes.

Ragen Chastain, BA, MSW Candidate

Speaker, Writer Sized for Success, LLC

Concurrent Sessions ~ = ~ 2:15-3:45PM

E-1 Clinical Pearls for College Health Providers: Key Evidence Summaries of the 2012-13 Medical Literature

The volume of medical literature published can be overwhelming to any primary care provider. Further, the work to review and validate relevant studies can be confusing and daunting. In this presentation, the top "evidence pearls" of the last year for college health medical providers will be presented inclusive of the relevance, validity, summary of findings and bottom line applicability in practice.

Cheryl Flynn, MD, MS, MA

Medical Director, Center for Health & Wellbeing University of Vermont

Michelle Paavola, MD

Primary Care Physician University of Vermont

Marcy Ferdschneider, DO

Medical Director, Student Health Services New York University

E-2 Turbo Charged Parents and How They Affect Your Student Health Service

Over Parenting is a phenomenon that student health service providers and support staff encounter on a daily basis. But is it really such a bad thing? Some studies have shown that students want parent participation, while others have indicated that students felt that parents were over involved. We will discuss how we as health care staff can educate our students to become more independent while encouraging parents to become more balanced in their approach.

Heather Giannillo, BSN, RN

Staff Nurse Brown University

Jennifer Hodshon, BS, MPH

Manager, Operations & Administration Brown University

E-3 Stress, Anxiety, Depression, and Violence: Findings from an Urban Community College; Implications for Practice

The ACHA-NCHA II was used to survey 1062 students attending an urban community college during the Spring 2012 semester. The majority of students were low-income and minority. Students reported higher rates of trauma and experiencing violence, but lower rates of mental health indicators for depression, anxiety and stress when compared to the national reference group. Various factors will be explored to explain these findings including: resilience, culture/ethnicity, mental health literacy, and help seeking behaviors.

Janet Heller, PhD, MA, CHES

Associate Professor Bronx Community College/CUNY

Annecy Baez, PhD

Associate Dean, Student Support Services Bronx Community College/CUNY

E-4 Health at Every Size (HAES) in Public Health Messages

The public health landscape is peppered with messages that create fear, shame, stigma, and equate body size with health. These messages often result in the opposite of the intended outcomes: Fat people believe their bodies aren't worthy of care and thin people believe they are healthy regardless of their habits. We will explore creating public health messaging that is shame-free, fear-free, future-oriented, and effective at encouraging greater engagement among people of all sizes.

Ragen Chastain, BA, MSW Candidate

Speaker, Writer, Consultant Sized for Success, LLC

Karen Jacobus, MEd

Coordinator, Health Education Mount Holyoke College

E-5 Collaborative Health Promotion Programming: Health Center After Dark Series

Departmental collaboration and integrative care are critical themes in college health. Combining the expertise of primary care clinicians and health promotion specialists provides the opportunity for a new proactive approach to health promotion. This workshop will align Health People 2020 implementation framework with health promotion national standards to create campus outreach programs that meet the needs of the campus community. ACHA-NCHA data and strategies for campus program implementation will also be reviewed.

Robin Johnston, MSN, APRN

Assistant Director of Student Health Services/Nurse Practitioner Connecticut College

CC Curtiss, MEd

Director, Student Wellness and AOD Education Connecticut College

E-6 Surf & Turf: Riding the Waves of a Merger between Student Health and Counseling Services

This program includes panelists from NYSCHA and NECHA health centers with varying levels of administrative and clinical integration between health and counseling services. Each panelist will discuss the organizational model of their center and review the pros and cons associated with the multidisciplinary arrangement. The program will conclude with recommendations and Q –n- A to support centers that have recently merged or are considering integration.

Kevin Readdean, MSEd

Associate Director Rensselaer Polytechnic Institute

Concurrent Sessions ~ F ~ 4:00-5:30pm

F-1 Improving the Health of Music Students

In 2011, the National Association of Schools of Music issued a new accreditation standard requiring all students majoring in music performance to be apprised of the health risks related to performing and listening to music. These include hearing, neuromusculoskeletal, vocal and mental health problems. College health professionals at schools that offer music performance degrees should be aware of these problems, their prevention and treatment.

Ralph Manchester, MD

Vice-Provost; Director, Student Health Center University of Rochester

F-2 Grand Rounds: Nursing

For about the 15th year as a NECHA program, Nursing Grand Rounds will provide an opportunity to interact with nursing colleagues as we discuss some interesting cases. The presenter will elicit audience participation regarding history, assessment and physical exam, ongoing care, lab tests and nursing/differential diagnosis. Nursing Grand Rounds is appropriate for nurses from any college health setting. Come join in the fun, collaborate with us, and share your incredible knowledge.

Charlene Bradley, BPS, RNBC

Director, Nursing Department; Administrative & Fiscal Officer Dartmouth College

F-3 The Mental Health Roundtable and University ADHD Team: Campus Coalitions To Offer Enhanced Safety and Better Services

Many staff and faculty participate in supporting the students of Boston University. However, as it became clear that the efforts of

even the most dedicated staff were often uncoordinated and inefficient, we realized the need to bring together these diverse stakeholders in real time and real space. The Mental Health Roundtable was born, and once annually, for a few hours, we meet to see each other, talk with each other, report to each other, hear from each other. We include Res Life, Dean of Students, International Students Office, Behavioral Medicine, Educational Resources, Disability Services, General Counsel, Study Abroad, Deans, Advisors.... Every group on campus is represented. We present topics of interest, work of the year past, introduce new ideas, teaching on topics requested by the attendees. The results of this bringing together of diverse parts of the community have been rich. We have an award-winning mental health website, mental health services network, clearer pictures of the needs of undergraduate and graduate student populations, and an email list that serves as a vibrant communication vehicle. The ADHD Team is one example of how the Roundtable has resulted in a campus-wide coalition that greatly enhances the experience of students and the staff working with them.

Margaret Ross, MD

Director, Behavioral Medicine, Student Health Services Boston University

Dori Hutchinson, ScD

Director of Services, Center for Psychiatric Rehabilitation Boston University

F-4 Collegiate Recovery Communities: Supporting Aanother Invisible Identity

Collegiate Recovery Programs are popping up across the nation, but what are they? This presentation will (hopefully) answer all your questions. Collegiate Recovery Programs are communities developed for students in recovery from alcohol and other drugs, but may also include students dealing with mental health challenges, eating disorders, and self-injurious behavior. In this presentation we'll talk about what a Collegiate Recovery Community is, why the demand is on the rise, the various models that are out there, and what you might want to consider in a Collegiate Recovery Community for your school, or for your student.

Amy Boyd Austin, MSS

Director, Collegiate Recovery Community University of Vermont

F-5 Phallacies: Creating Healthy Masculinities through Dialogue and Theater

Phallacies, a men's health dialogue and theater program, explores relationships to masculinities and individual and community health, and challenges viewers to rethink many of their attitudes, assumptions, and political and social understandings of hegemonic masculinities. Through performance, presentation, and discussion, we will:

- Examine the use of dialogue and theater to explore masculinity;
- Interrogate masculinity as performance;
- Explore ways to engage men on campus in discussions about the harmfulness of hegemonic masculinity for self and others.

Tom Schiff, EdD

Health Educator - Interim Lead, Health Promotion University of Massachusetts Amherst

Taj Smith, MPS, (EdD expected 2014)

Assistant Director of The Davis Center Williams College

Michael Schurter, MA

Business Communication Instructor, Isenberg School of Management University of Massachusetts Amherst

F-6 Beyond Medical Diagnosis & Treatment: Uncovering and Prioritizing Tasks at the Visit

As specialists in college health, we can learn to identify specific recurrent reasons why eliciting the root cause of distress in patients can be a challenge. This session will focus on specific strategies to help the clinician proceed through this process efficiently and effectively and close the gap between dealing with the "presenting complaint" versus the root cause of the distress.

Eleanor Davidson, MD

Director, University Health Service Case Western Reserve University

Sara Lee, MD

Assistant Professor, Department of Pediatrics (Adolescent Medicine) Rainbow Babies and Children's Hospital



Concurrent Sessions ~ G ~ 8:30-10:00am

G-1 Migraine: Pathophysiology, Acute and Preventive Treatment

Complex pathophysiology of migraine and the most recent evidence-based treatments for migraine.

Tanzid Shams, MD

Pediatric Neurology Tufts University Medical Center

G-2 How to Master Your Body Clock

The public health implications of sleep deprivation speak to a causal relationship between poor sleep and poor health. Even the evening news reports the link between poor sleep and obesity. Is it an overstatement to say that sleep is the new "vital sign"? Traditional views that the role of sleep is simply a restorative function have largely been supplanted by research showing major health risks, such as cancer, cardiovascular events, accidents and metabolic disturbances, when sleep is deficient. Come and learn what your college population has been doing as we share our campus survey and how we could target this new health imperative.

Suzanne Bornschein, MD

Staff Physician Providence College

Caroline Doyle, BA

2013 Graduate Providence College

G/H-3 Applying Aspects of Dialectical Behavior Therapy to Increase Adaptive Coping in the College Population ~3-hour session~

This presentation will provide a brief overview of the theory and principles of DBT. In addition, it will teach DBT skills that will be most effective in a college mental health setting. The curriculum will be broken up into a 3, 6, and 10 week model. Handouts will be provided that can be used to facilitate teaching in the educational setting.

Jesine Xavier, PsyD

Private Practitioner Adjunct Professor, Boston College

G-4 Experience with the Red Watch Band Project – 2012 NECHA Grant Recipient

As a recipient of the 2012 NECHA grant, Trinity College was enabled to institute a bystander training program which taught students CPR and key points to intervention with alcohol intoxication. This training changed students' beliefs about personal empowerment as reported on post assessment questionnaire.

Martha O'Brien, MSN, ANP-BC, APRN

Director, Student Health Services Trinity College

G-5 Keep Calm and Ask On: Introducing a Consent – Based Educational Program to your Campus Community

Bentley's Consent Day is a high impact sexual assault prevention program focused on healthy relationships, communication and respect. Based on Dartmouth's model, this consent based, student driven approach creates a safe environment for the community to explore sensitive topics in a fun and engaging way. This presentation will highlight core event components, how it meets professional and governmental standards, strategies for student engagement, impactful marketing, and data supporting increases in student's knowledge, communication skills, and confidence.

Jessica Greher Traue, EdM

Senior Assistant Director, Wellness & Coordinator, Alcohol and Other Drugs Education Bentley University

Anthony Martin, M Ed

Assistant Director of the Residential Center Bentley University

Courtney Moore, MA

Assistant. Director, Residential Care Bentley University

Emily Rosenfield, MPH

Residence Director Bentley University

Justin Woodard, MS

Residence Director Bentley University

G-6 The Boston Marathon Bombings: Lessons Learned and the Medical Aftermath

The terrorist attack of April 15, 2013 at the conclusion of the Boston Marathon brought a war like scenario to the streets of Boston creating a large number of critically injured casualties that needed immediate lifesaving interventions. First responders, EMS providers and the trauma center capability in the city of Boston rose to the challenge providing a high standard of care for all that were treated. There are many lessons to be learned from that experience.

Joseph Blansfield, RN, MS, ANP-BC

Trauma & Acute Care Surgery Manager Boston Medical Center

Concurrent Sessions ~ H ~ 10:15-11:45am

H-1 Physical Examination of the Shoulder and Hip

The physical examination of the shoulder and hip will be presented. This will be a hands-on workshop where participants will learn from both case-based scenarios and joint examination demonstrations. Participants are encouraged to wear shorts and tank tops.

Pierre Rouzier, MD

Team Physician University of Massachusetts

H-2 Hooking Up in Higher Education: A Complex Culture

This program will examine how today's hook up culture influences sexual behaviors on college campuses across the United States. The presenters will delve into what "hooking up" means to the modern college student, describe national hook up trends at universities across the United States, and explore how sweeping technological advances have changed the face of dating for young adults. In addition, participants will learn key messages to help students navigate the modern dating world in a healthy and comfortable way.

Lauren Salmo, MPH

Health & Alcohol Educator Bentley University

Alexander Hirs, MS

Residence Director Bentley University

Jamie Caccavaro, MEd

Residence Director Bentley University

H/G-3 Applying Aspects of Dialectical Behavior Therapy to Increase Adaptive Coping in the College Population

Continuation of G-3

H-4 From Combat to Campus: Recognizing and Meeting the Needs of Combat Veterans in the College Setting

Combat Veterans face unique challenges in entering or returning to college. To improve the likelihood of academic and social success, College Health, Counseling, and Academic Support Centers, as well as instructors themselves, must be aware of special conditions resulting from their status. These include combat stress, post-traumatic stress disorder and its co-morbidities, and traumatic brain injury. Colleges which support Veterans will provide an aware staff, partnerships with experienced providers, and willingness to offer accommodations when needed.

Barbara Eastman, PhD

Supervisory Clinical Psychologist; Team Leader Vet Center, Department of Veterans Affairs

Victoria Angis, BA

Assistant Dean, Campus Life Castleton State College

H-5 Brief Mindfulness-Based Intervention in a College Health Clinic

Multiple stressors arise for students in the collegiate environment, with stress and stress-related illnesses a major obstacle in completing a degree program. The ACHA/NCHA II Reference Group Executive Summary-Spring 2012 survey of 27,750 respondents measured factors that affected academic performance. These included anxiety-20.2%, depression-12.4%, and stress- 29.0%. Providing a 4 week, 1 1/12 hour Mindfulness-based Intervention (MBI) based on the work of Jon Kabat-Zinn can provide effective tools to reduce stress and improve depressive symptoms.

Susan Nierenberg, DNP, FNP-BC

Teaching Hospital Nurse Practitioner Buffalo State College

For a QUICK GLANCE VIEW of the Meeting, visit the NECHA Web site.

www.NECHAonline.org

Subject to change; periodic updates will be made available on the NECHA Web site.

Last update: September 28, 2013



~ PRESENTERS ~

Keith Anderson, PhD

Staff Psychologist; Outreach Coordinator Rensselaer Polytechnic Institute B-6

Victoria Angis, BA

Assistant Dean, Campus Life Vet Center, Castleton State College H-4

Amy Boyd Austin, MSS

Director, Collegiate Recovery Community University of Vermont F-4

Annecy Baez, PhD

Associate Dean, Student Support Services Bronx Community College/CUNY E-3

Nancy Baker, PhD, ANP-BC

Assoc. Director, Administration & Nursing Boston College C-2

Susanna (Zan) Barry, MA

Senior Program Manager

Massachusetts Institute of Technology D-4

Leah Berkenwald, MA

Coordinator, Wellness Education Wentworth Inst. of Technology A-4, D-4

Paul Berkner, DO

Medical Director/ Team Physician Colby College C-5

Krystian Bigosinksi, MD

Head Team Physician University of Vermont A-1

Joseph Blansfield, RN, MS, ANP-BC

Trauma & Acute Care Surgery Manager Boston Medical Center G-6

Suzanne Bornschein, MD

Staff Physician

Providence College G-2

Charlene Bradley, BPS, RNBC

Director, Nursing Department; Administrative & Fiscal Officer Dartmouth College PM-1, F-2

Vanessa Britto, MD, MSc

Director, Student Health Service Wellesly College PM-2

Katharine Bryda, ASN, BA, MS

Nursing Coordinator

Mount Holyoke College PM-1

Liana Buccieri, MSW

Clinical Social Worker

Boston University C-4

Jamie Caccavaro, MEd

Residence Director

Bentley University H-2

Debora Cain, RN-BC

Clinical Coordinator

College of the Holy Cross C-5

Marta Carlson, PhD

Associate Director, Health Services; Director of Training Assumption College B-6

Ragen Chastain, BA, MSW Candidate

Speaker, Writer

Sized for Success, LLC E-0; E-4

Carlo Ciotoli, MD, MPA

Associate Vice President, Student Health New York University C-5

CC Curtiss, MEd

Director of Student Wellness & AOD Education

Connecticut College A-5; E-5

Eleanor Davidson, MD

Director, University Health Service Case Western Reserve University F-6

Caroline Doyle, BA

2013 Graduate Providence College G-2

Barbara Eastman, PhD

Supervisory Clinical Psychologist; Vet Center, Dept. of Veterans Affairs H-4

Marcy Ferdschneider, DO

Medical Director, Student Health Services New York University E-1

Cheryl Flynn, MD, MS, MA

Medical Director, Center for Health & Wellbeing University of Vermont E-1

Darcie Folsom, BS

Director, Sexual Violence Prevention & Advocacy

Connecticut College A-5 Heather Giannillo, BSN, RN

Staff Nurse

Brown University E-2

Jessica Greher Traue, EdM

Sr. Assistant Director, Wellness; Coordinator, AOD Education Bentley University G-5

Beth Grampetro, MPH, CHES

Director, Health Services Mount Ida College B-4

Erin Halligan, PhD Candidate, NCC, ACS

Asst. Director, Student Support Services University of Rochester D-3

Rebecca Harrington, MA

Health Educator

SUNY Oneonta D-6

Janet Heller, PhD, MA, CHES

Associate Professor

Bronx Community College/CUNY E-3

Margaret Higham, MD

Medical Director

Tufts University A-2

Alexander Hirs, MS

Residence Director

Bentley University H-2

Jennifer Hodshon, BS, MPH

Manager, Operations & Administration Brown University E-2

Matthew Hunt, MA

Associate Dean, Greek Life Commons Rensselaer Polytechnic Institute B-5

Dori Hutchinson, ScD

Director of Services

Center for Psychiatric Rehabilitation Boston University F-3

Luoluo Hong, PhD, MPH

Vice Chancellor for Student Affairs University of Hawaii A-0

Karen Jacobus, MEd

Coordinator, Health Education Mount Holyoke College E-4

Robin Johnston, MSN, APRN

Assistant Director of Student Health Services/Nurse Practitioner Connecticut College E-5

Daryl Lapp, JD

Partner

Edwards Wildman Palmer LLP C-3

Sara Lee, MD

Assistant Professor, Department of Pediatrics (Adolescent Medicine) Rainbow Babies & Children's Hospital F-6

Miriam Lundy, MSN, NP

Psychiatric Nurse Practitioner Boston University B-3

Anthony Martin, M Ed

Asst. Director of the Residential Center Bentley University G-5

Ralph Manchester, MD

Vice-Provost; Director, Health Center University of Rochester F-1

Guido Masé, RH

Co-Director Vermont Center

for Integrative Herbalism B-6

Marsha Miller, MD

Staff Physician

Brown University D-2

John Miner, MD

Co-Director, Psychological Counseling Services Williams College A-3

Courtney Moore, MA

Asst. Director, Residential Care Bentley University G-5

Joleen M. Nevers, MAEd, CHES, CSE

Health Education Coordinator University of Connecticut PM-3

Ward Newmeyer, BA

Director, Student Accessibility Services Dartmouth College C-3

Susan Nierenberg, DNP, FNP-BC

Teaching Hospital Nurse Practitioner Buffalo State College H-5

Melanie Northrop, MA, MSW, LICSW

Clinical Coordinator; Case Manager Harvard University Health Services C-3

Jocelyn Novella, MA, LPC

Assistant Director of Counseling Sacred Heart University C-3

Martha O'Brien

Director, Student Health Services

Trinity College G-4 Michelle Paavola, MD

Primary Care Physician

University of Vermont E-1

Tayna Purdy, MPH, MCHES Director, Health Education

Wesleyan University A-5 Sarah Rankin, MS

Director, Office of Sexual Assault Prevention and Response Harvard University C-6

Kevin Readdean, MSEd

Associate Director, Health Service Rensselaer Polytechnic Institute C-5; E-6

Mark Reed, MD Co-Director, Student Health Service

Dartmouth College PM-2, B-2 Felicia Reed-Watt, MSW

Psychotherapist/Care Manager University of Rochester D-3

Julie Ross, PhD

Director, Counseling & Mental Health Services

Tufts University C-3 Margaret Ross, MD

Director, SHS Behavioral Medicine Boston University B-3, F-3

Emily Rosenfield, MPH

Residence Director

Bentley University G-5

Pierre Rouzier, MD

Team Physician

University of Massachusetts H-1

Lauren Salmo, MPH Health & Alcohol Educator

Bentley University H-2

Kathleen Savage, RN

Nurse Manager Tufts University PM-1

Tom Schiff, EdD

Health Educator; Interim Lead, Health Promotion University of Massachusetts Amherst F-5

Michael Schurter, MA

Business Communication Instructor, Isenberg School of Management University of Massachusetts Amherst F-5

Tara R. Schuster, MS

Health Educator

Rensselaer Polytechnic Institute B-5

David Seeman, PhD

Senior Staff Psychologist Boston University C-4

Tanzid Shams, MD

Pediatric Neurology

Tufts University Medical Center G-1

Scott Simmons, MD

Team Physician

Tufts University A-1 Peter (Davis) Smith, MD

Medical Director

Trinity College B-1; C-1 Taj Smith, MPS, (EdD expected 2014)

Assistant Director, The Davis Center Williams College F-5

Lori Soos, MA, BSN, RN

Director, Health Services

Niagara University D-5 Maria Suarez, MSW

Associate Dean Brown University C-3

Fran Taylor, MA Director, Wellness Programming College of the Holy Cross PM-3

Ryan Travia, MEd Director, Dept. of Health Promotion & Education Director, Office of Alcohol & Other Drug Services

Harvard University PM-3

John (Jack) Turco, MD Co-Director, Student Health Service Dartmouth College Associate Professor of Medicine Geisel Medical School,

Section of Endocrinology Dartmouth Hitchcock Medical Center D-1 Amanda Vann, MEd

Sexual Respect Educator Amherst College PM-3 Alysha Warren, LPC

Therapist/Sexual Assault Resource Coordinator

Wesleyan University A-5 Justin Woodard, MS

Residence Director Bentley University G-5

Jesine Xavier, PsyD Private Practitioner; Adjunct Professor Boston College GH-3



2013 Annual Meeting (paper) REGISTRATION FORM

Or Register online at http://nechaonline.org/annual-meeting/ Today's Date: _____

NEW ENGLAND & NEW YORK STATE COLLEGE HEALTH ASSOCIATIONS

November 6-8 Hilton Burlington Hotel Burlington, Vermont

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