

NECHA 2014-2015 Board of Director Nominees

President-Elect

Ryan M. Travia, MEd [MA]

Director, Department of Health Promotion & Education
and Director, Office of Alcohol & Other Drug Services
Harvard University
Health Promotion

My name is Ryan Travia and I am the Director of the Department of Health Promotion & Education (HPE) and Director of the Office of Alcohol & Other Drug Services (AODS) at Harvard University Health Services. In my capacity as director of HPE, I supervise the day-to-day operations of AODS, oversee the Office of Sexual Assault Prevention & Response and Health Education Programs, and coordinate a multidisciplinary team of professionals from nursing, medicine, counseling and mental health, nutrition and wellness in support of an integrated and holistic approach to health and well-being at Harvard. As director of AODS, I have responsibility and oversight for all alcohol and drug education programs, intervention services, policy initiatives, and coordination with treatment providers.

I have been involved with NECHA for 10+ years and have served on the Board of Directors for each of the last three years, first as a Member-at-Large, and currently, as Secretary to the Board. I have thoroughly enjoyed my experience with this organization, particularly the abundant opportunities to collaborate and learn from our many talented colleagues throughout New England. I would be both humbled and honored to continue to serve this organization in this new capacity.

Admittedly, when I was first elected to the Board of Directors in 2011, I wasn't quite sure what my responsibilities would be or how I could best serve the membership. While it took close to two years for me to fully appreciate all that the board does from liaising with ACHA to reviewing policies, ensuring financial stability, disseminating mini-grants, recognizing outstanding professionals and institutions through our annual awards process, and helping to plan and execute an incredible annual meeting, I now feel better prepared to build on the outstanding work of my predecessors and support the board and our members moving forward.

Treasurer

Margaret Higham, MD [MA]

Medical Director
Tufts University
Clinical Medicine

I have been on the NECHA Board since 2007, and was treasurer this past year. I think it is helpful to have the treasurer stay in their position for several years, as there is a learning curve. I believe that an effective Board is composed of a mix of seasoned and new members. As a seasoned member I provide institutional memory. Over the years I have interacted and gotten to know staff from many different health services. This gives me insight into the the needs and interests of the full range of our diverse membership

Secretary

Martha Coulter, MALS, MEd [VT]

Director, Wellness Center
Castleton State College
Mental Health

I have enjoyed serving on the NECHA board as a Member at Large since 2012 and I am hoping to continue to serve on the board with which is committed to providing exceptional education for college health professionals.

My experience includes working as the Director of the Castleton College Wellness Center for the past four years. Our Wellness Center integrates services in Health, Counseling, Health Education and Promotion, and violence prevention and advocacy.

My prior professional experience includes private practice in psychology and serving as a K-12 school psychologist. I currently serve on the Vermont Psychological Association Ethics Committee and as a board member of the Community Health Centers of the Rutland Region, an FQHC providing primary care to 90% of the population of my region in Vermont.

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Member at Large Two 2-year positions

Lauri Gallimore, BS, RN [NH]

Director of Nursing
Dartmouth College
Nursing

My name is Lauri Gallimore and I am seeking a member at large position. I have cared for adolescents in a variety of specialties my entire nursing career and am happy to have settled into college health. I joined the staff at Dartmouth College 4 years ago and hope to share my experience and enthusiasm by becoming more involved in NECHA.

This past year, I served on the planning committee for NECHA 2014, specifically helping to develop the Nursing Track.

Robert P. Murray, EdD [CT]

Director, Counseling & Development
United States Coast Guard Academy
Mental Health

I am please to be a nominee for the Member at Large position for the New England College Health Association. I have been working the field of college mental health for the past thirty years, in a variety of settings, the last twenty of which have been as a Director of Counseling. I am a member of the Association of University and College Counseling Center Directors (AUCCCD) and am very active in the Northeast College Counseling Center Directors, a local group which plans a conference each spring. I have attended a number of NECHA conferences and meetings; I enjoy the mix of mental health and physical health presentations, and the inevitable overlap between the two fields.

Currently, I believe there are challenges facing all college health services providers. Budget pressures, confidentiality, and political pressures. Recent traffic on the listserves would indicate that there is stress between physical and mental health providers. Although our missions are the same (caring for students), different cultures and professional concerns, such as

confidentiality, inhibit services. As a result conflict and communication problems result. As institutions change, service models change as well. Mergers, integrations, collaborations, linkages, freestanding, collaborative models exist. ACHA and AUCCCD have initiated discission on these issues. NECHA can lead this discussion on a local level. There is no one best model, but collaboration and communication will provide better care for our patients/clients/students. I look forward to being part of this process

To vote, [click here](#)

**Current ACHA individual members
are encouraged to vote for the
2014-15 NECHA Election.
Voting is open to October 1 – 20**



Electronic voting allows ACHA members to vote even if they cannot attend the Meeting - and is so easy to do!

The NECHA Executive Board of Directors consists of five officers: President, Past-President, President-Elect, Secretary, and Treasurer. The Board also consists of five Members-at-Large, plus liaisons to ACHA (Region V Representative or Representative to the Nominating Committee). Generally an officer is selected for nomination following service as a Member-at-Large. Once elected as President-Elect, that person assumes the role of President the following year.

Election results will be announced during the Business Meeting at the 2014 Annual Meeting.

(Your ACHA membership # is required to vote)